



North Walsham Good Neighbour Scheme



Our annual garden party was, once again, a great success.

About 30 volunteers and neighbours (roughly equal numbers) got together for an enjoyable afternoon tea and a chance to chat in Richard's beautiful garden. Helped by the weather, which was cooled nicely by a sea mist, interspersed with sunshine, we were all able to enjoy being outdoors. Food and drink supplied by some of our volunteers was much appreciated by all...



If you would like help from the Good Neighbours, please call us on 01692 558321 or email: assistance@nwgoodneighbour.org.uk
A fridge magnet with our contact details is available on request.

RM HEATING SERVICES LTD
RENEWABLE HEATING SOLUTIONS

New exciting Green Services

Turn to **page 12** to see what we can now offer

Felstead Foot & Ear Care

Ear Wax Removal

Foot Care Treatment



07388071424

Clinic Appointments
and Home Visits



INDEPENDENT, FAMILY RUN PRACTICE



24/7 VETERINARY CARE FOR PETS AND EXOTIC ANIMALS

- Emergency team available on site throughout the night
- Pre-bookable evening consults until 9.00pm
- Accredited Gold Standard Rabbit and Gold Standard Cat Friendly Practice
- Dedicated Dog, Cat and Exotic Waiting areas and Wards
- On site C T Scanner
- Laser Therapy
- Digital X-ray, Ultrasound, Endoscopy, Tonometry, ECG and In-House Lab
- Dental X-Ray
- Cryotherapy and platelet regeneration therapy
- Very Important Pet (VIP) Clubs to save you money
- Large Private Car Park
- Advanced Practitioner in Zoological Medicine
- On site Luxury Cat Boarding Hotel



DEDICATED VET AND NURSE TEAM ONSITE OVERNIGHT TO CARE FOR EMERGENCIES AND HOSPITALISED PATIENTS



Toll Barn Vets, Heath Road,
North Walsham, Norfolk NR28 0JB
t: 01692 407126 w: tollbarnvets.co.uk
e: practice@tollbarnvets.co.uk

New Life Services



Carpet Cleaning Specialist

07788 852177

Professional Reliable Friendly

Rug Cleaning

Upholstery Cleaning

**Dry Cleaning
of Curtains**



Thomas Perrott

**Serving the Community
with New Life**

Andy Brown Ltd

Windows ~ Doors ~ Conservatories

For everything from
sealed units to small
extensions &
everything in between

Bespoke, custom-made warm roof
systems, designed, manufactured
and installed to complement
your property

Over 25 years Experience
Why move when
you can improve?

Call us now using this code
NW1F to receive best rates

Home - 01692 500169

Mobile - 07899 911 035

email: browns127@hotmail.co.uk
www.andybrownewindows.co.uk



SUNLINE CURTAINS & BLINDS LTD

31 Church Street, Sheringham
NR26 8QS

TEL 01263 825274 FAX 01263 823745
Email: sales@sunlinecurtainsandblinds.co.uk

Manufacturers & Suppliers of:

Curtains & Curtain Poles, Roller Blinds,
Pleated Blinds, Vertical Blinds, Venetian Blinds,
Vision Blinds, Perfect Fit Blinds, Fly screens,
Wooden Shutters, Wooden Venetians,
Dutch Canopies, Awnings
and much more...

**ALL WITH FREE
MEASURING**

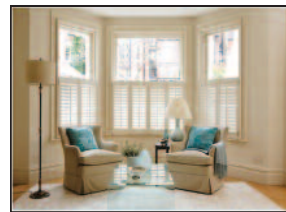
&

FREE FITTING

Private and Contract Work
Undertaken



Visit our showroom at
31 Church Street,
Sheringham NR26 8QS
where our staff will be happy
to help you or alternatively
call us on 01263 825274 to
arrange an appointment in
your own home with our
sales representative.



Visit our Website: www.sunlinecurtainsandblinds.co.uk

SUNLINE CURTAINS & BLINDS LTD

31 Church Street, Sheringham NR26 8QS

Tel: 01263 825274

STUFF SELFSTORE

THE SAFE PLACE FOR YOUR STUFF.



01692 780104

WWW.STUFFSELFSTORE.COM

WRIGHT'S plumbing

All General Plumbing Work Undertaken

No Job Too Small

Experienced, Reliable and Honest.
All general plumbing work undertaken,
including full bathrooms, kitchens,
Heating systems and repairs.

07496 073766

wrightsplumbingltd@hotmail.com



JARC

JAMIE'S ACCIDENT REPAIR CENTRE

**DID YOU KNOW
WE WERE HERE?**

THE COMPLETE VEHICLE BODY REPAIR CENTRE

- ✓ Free Estimates
- ✓ Courtesy Car
- ✓ Insurance & Private Work
- ✓ Plastic Bumper Repairs
- ✓ Alloy Wheel Repairs
- ✓ Valeting Services
- ✓ Wax Oil Rust Protection
- ✓ Motorcycle Paintwork
- ✓ FREE Collection & Drop Off Services

Established 2002

01692 407742

Unit 1, The Folly, Gaymers Way, Laundry Loke Industrial Estate
North Walsham, Norfolk NR28 0AN

THE NORTH WALSHAM TIMES

Your local Editor for **The North Walsham Times** is
Jo who can be contacted on **01263 821463**
or by email: **info@holtchronicle.co.uk**

EDITORIAL

Best is email to **info@holtchronicle.co.uk**

FREE ADS

Best is email to
freeads@rosevillapublications.co.uk
or can be left at Swallows Coffee Shop,
Brentnall House 32 Vicarage Street
or post Jo at 55a High St, Mundesley NR11 8JL

FOR LEAFLET DISTRIBUTION

contact Margaret on 07766 752979 or email
margaretsouthrepps@hotmail.com

ALL OTHER ADVERTISING

The North Walsham Times, Sheringham
Independent, Cromer Times, and
The Holt Chronicle

Call Pete on 07818 653720 or 01263 768019
or email **advertising@rosevillapublications.co.uk**

Deadline for editorial and freeads for the next issue is
Noon MONDAY 27th July 2026



GoodGarageScheme.com
Registered Member



*** MOT TESTING CENTRE Class 4, 5 and 7**
*** SERVICING, REPAIRS & DIAGNOSTICS**

Stanford Tuck Road, Laundry Loke Industrial Estate, North Walsham NR28 0TY

01692 402300



**North Walsham
Houses & Flats to rent**

Housing benefit accepted

www.regentscourt.co.uk

Ring Diane 07876 717544

DISTRIBUTOR WANTED

for the

NORTH WALSHAM TIMES

Call Jo on 01263 821463

Or EMAIL **info@holtchronicle.co.uk**

The North Walsham Times is published by Rose Villa Publications Ltd
The views expressed are not necessarily those of the Publishers or the Editors.
All material is strictly copyright and all rights reserved. Material, including
letters, presented for publication may have to be edited for reasons of space.
Proprietors Eric Hayton & Jo Haywood, telephone 01263 821463
email **group@rosevillapublications.co.uk**

SERVICES DIRECTORY

Aerials/Satellite TV	AB Satellite & Aerial Systems	01692	651528
Bricklaying	Mark Lester	01692	405273
Building Maintenance	Richard Harmer	01692	406172
Carpets Supply & Fitting	Norfolk Flooring Company	01263	478550
	Shaun Attew Flooring	01692	403246
	Eastern Carpets	01692	404718
Car Bodywork	Jamie's Accident Repair	01692	407742
Car Repairs/Servicing	Griffin Automotive	01692	406272
	Kelly Clarke Motor Services Ltd	01692	405495
	Roger Hannant Motor Services	01692	404050
	SDS Autocentre	01692	402300
Car Wash & Valeting	Roughton Hand Car Wash	07826	642458
Cleaning	New Life Cleaning	01263	826996
Computer Services	AWB Computer Services	07974	265053
	Thomas Frosdick	07500	062825
Cosmetic Surgery	Coltishall Clinic	01603	736487
Curtains & Blinds	Sunline Curtains & Blinds Ltd	01263	825274
Electricians	WillDo Electrical	07970	363968
Estate Agents	Acorn Properties	01692	402019
	Pymm & Co	01263	800279
Flooring & Blinds	Lewis Turner Flooring & Blinds	01692	405745
Footcare	Felstead Footcare	07388	071424
Garage Doors	Cromer Garage Doors	01263	511626
Garden Maintenance	Dave Hardy	07971	721947
Hearing Services	Broadland Hearing	01692	661080

Home Improvements	Richard West Home Imp	07810	470134
Kitchens & Bathrooms	Pyramid 2	01692	406542
MOT Testing Centre	SDS Autocentre	01692	402300
Painting & Decorating	Stephen Luxford	07786	510558
Paving	MC Paving	01263	649709
Plumbing & Heating	Lee West Plumbing	01692	402592
	Wrights Plumbing Ltd	07496	073766
	NJ Wright Plumbing & Heating	07768	090544
	Coastal Heating Norfolk	01263	722959
Property Maintenance	SL Maintenance	01263	821461
Removals	North Norfolk Removals	01692	500501
	Joe Catterall Removals	01263	820186
Roofing	Kevin Lamb	07506	117658
Solicitors	Clapham & Collinge	01692	660230
	Hayes + Storr	01692	503081
	Silver & Ward	01263	823465
Storage	Stuff Selfstore	01692	780104
Travel Agent	Broadland Travel	01692	406655
Tree Surgery	R. Bell Tree Services	01692	409080
Tyres & Exhausts	Mark 1 Tyre & Exhaust	01692	500222
Vehicle Restoration	Generation Bodyworx	07380	283984
Vehicle Hire	Trevor Charles	01692	406113
Vets	The Toll Barn Veterinary Centre	01692	407126
	Westover Veterinary Centre	01692	403202
Windows/Conservatories	David Cork	01692	403313
	Re-Glaze	01692	405504
	Andy Brown	01692	500169



Acting Opportunity for Young People

New North Norfolk theatre company launches acting opportunities for adults and young people

A new North Norfolk theatre company is launching this summer with A Play in Five Days, a creative theatre week for young people aged 11–16. Mud & Moon Theatre Co. has been created by two Norfolk locals: professional working actor and screenwriter Laura Guest, and trained actor and qualified teacher Amy Mallett.

The company has grown from a shared love of performance, storytelling and the kind of creative freedom that allows people to feel a little braver than they did at the start of the day. At the heart of Mud & Moon is a desire to create warm, welcoming spaces where children, young people and adults can make things together, connect with others, try something new, happily fail, grow in confidence and simply be themselves.

This summer, Mud & Moon Theatre Co. will run A Play in Five Days, a creative theatre week for young people aged 11–16. Taking place from 17th–21st August at Upper Sheringham Village Hall and Garden, the week invites young people to step into a world of imagination, confidence building, creativity and outdoor theatre.

Throughout the week, participants will work with Laura and Amy to create their own original short plays from the ground up. Through drama games, character development, vocal warm-ups, creative exercises and guided scriptwriting, the young people will develop their own ideas, shape their stories and bring them to life. The week will end with a relaxed outdoor picnic performance for families and friends, giving the young people the chance to share what they have created together.

Laura and Amy are clear that A Play in Five Days is not about being perfect. It is about having a go, working as a group, discovering new confidence and experiencing the joy of creating something original. Young people who already love performing, as well as those who are

quietly curious and ready to try something new, will be welcomed into a supportive and playful environment. There will be room for big ideas, small voices, brave first attempts, laughter, teamwork and the wonderful messiness of making a play together in just five days.

A Play in Five Days costs £150 per child for the full week, with an early bird price of £135 available until 5th July. Sibling discounts are also available.

Alongside the children's summer week, Mud & Moon Theatre Co. will also be holding a FREE taster evening for The Acting Collective on Sunday 12th July at East Runton Village Hall.

The Acting Collective will offer two different options for adults (over 18s): The Craft acting classes, led by Amy, for those wanting to build confidence and reconnect with performance foundations; and The Professionals for a space for professional and aspiring professional actors to stretch their creative muscles, keep practicing and continue working on their acting toolboxes, led by Laura.

Mud & Moon Theatre Co. is beginning with these first summer projects, but Laura and Amy hope this is only the start of a growing creative home for children, young people and adults who want to create, connect and enjoy the freedom of performance. Next on the horizon is a 3-day October half-term adventure for 7 - 10-year-olds, with more details coming soon.

For more information, visit:

www.lauraguest.co.uk/mud-and-moon

<https://www.instagram.com/mudandmoontheatreco>



Lewis Turner
Flooring & Blinds
M:07584 042201
T:01692 405745

**Karndean**
Designflooring
APPROVED INSTALLER



- Samples brought to the comfort of your own home
- Free no obligation quotations
- Free fitting on blinds

 Find us on Facebook

"you'll be floored by my blinding service"

 blindingfloors.co.uk  info@blindingfloors.co.uk

WINDOW & DOOR REPAIRS
UPVC, Aluminium & Timber
Glazing, Replacement of Locks, Hinges,
Handles, Letterboxes, Patio Wheels
Conservatory Roof Replacement,
Double Glazed Units, & Cat Flaps
*** C & M Glass Services ***
We also supply & fit
UPVC Windows & Doors,
Garage Door replacements & repairs
Electric Roller Shutter Doors
Call Chris: 01263 550013
01692 620014 or 07900 265995

 **www.cmglass.co.uk**
chriscmglass@gmail.com 

**Sheringham
Launderette**

13 Beeston Road,
SHERINGHAM,
Norfolk NR26 8EH
01263 824063

Service washing is available

Mon-Fri 9am to 2.30pm

**Customers can use our machines
themselves 7 days a week from
9 am to 2.30 pm (Last wash at 1 pm)**

Bring your own Detergent & Change

Large Washing machines up to Super King Duvel

require 10 x £1 coins

Small Washing machines

require 7 x £1 coins

Driers take 20p, 50p and £1 coins

**Parking
Available**

Clear as a Bell!



On Saturday 25 July 2026 the bells of Northrepps Church will ring out to celebrate the 400th anniversary of the casting of the heaviest (tenor) bell.

This bell was cast in 1626 by Norwich bell founders William and Alice Brend, it carries the inscription "Per Me Fideles Invocantur As Preces" which means "Through me the faithful are called to prayer".

The "Tenor 400" event will begin at 10.00am with a full peal on the eight

A Note from the Editor

It's high summer and what a start with record temperatures in June, with more promised. At risk of repeating myself, remember to stay safe around the water, both inland and at the coast this summer. There have been so many reports of people drowning when trying to cool off in the hot spells. Cold water shock is a real danger, so heed warnings posted near water bodies and take a look at the RNLI website: rnli.org/safety/beach-safety on how to stay safe.



The Big Butterfly Count is happening this month between 16th July and 9th August; it only takes 15 minutes and helps to assess the state of our environment. More information and an ID chart are available at: bigbutterflycount.butterfly-conservation.org/about

Whatever you are doing this month, enjoy your magazine.

Jo – editor.

Here are the deadline dates and publishing dates for the next 3 magazines:

Month	Copy deadline	Publishing date
August	Monday 27th July	Friday 7th August
September	Monday 31st August	Friday 11th September
October	Monday 28th September	Friday 9th October

bells in the tower – a considerable feat that will take the band of top ringers some three hours to complete. This will be followed by the opportunity to tour the tower to see the bells (between 1.30 and 2.30pm). Visitors can have the chance to try their hand at a ringing simulator and learn more about the history of the bells. Light refreshments will be available.

For centuries the sound of bells has been heard and enjoyed by the residents of Northrepps. Come and join today's ringers on 25 July to celebrate not only this remarkable bell, but also the art of bellringing that has been such an important part of village life for many years.



WHY CHOOSE SILVER & WARD in 2026?



“ARE YOU NEEDING WILLS AND LASTING POWERS OF ATTORNEY?”

Are you on holiday here or own a caravan or holiday home here?

Do you have friends and family who visit you and stay with you?

We can help and advise clients in respect of wills and Lasting Powers of Attorney even if you do not live here and are visiting on holiday. We act for clients' all round the country as they say our fixed fees for wills and Lasting Powers of Attorney are so competitive. Both are such vital documents to give you and your loved one's peace of mind when anything happens to you. We can prepare the documents and have them ready for you to sign whilst you are staying here. You then take them with you rather than paying the inflated costs of a local solicitor.

We are one of the only solicitors that offers a free, first non-obligatory appointment. We can also offer appointments via Zoom. The same applies if you are needing advice in respect of divorce, family matters or probate.

We know that our charges and fixed fees are significantly less than other solicitors, but we can offer the same expertise, if not better, as Mrs Nott has been qualified for over 30 years. The reason that clients, near and far, instruct Silver and Ward is because of our expertise, exceptional service and competitive costs.

So, don't put off your legal needs or worries, come and meet Mrs Nott face to face on a **FREE FIRST APPOINTMENT** as you have nothing to lose but all to gain.



01263 823465

or email clare@silverandward.co.uk



A Fresh Approach to Law

Free Parking Silver and Ward, 15A Cromer Road, Sheringham, NR26 8AB Disabled Access



Diary of a Wildlife Garden

Despite the record temperatures last month, and more to come, I suspect, the garden is looking quite lush and is certainly busy with insects and birds.

I was asked to speak at the Sheringham 'Discovery Day' event last month which prompted me to compare some before and after photos of the garden.

I was surprised to see the results and the contrast is quite striking. The pond has transformed from a muddy hole to a magnet for all sorts of creatures and is filling out with a diverse range of plants (pictured).



The meadow patch started life as a bare stretch of soil and has transformed into a lush area, busy with bees, hoverflies and other invertebrates, despite frequent trampling by the resident labrador! (pictured).



The amount and diversity of birds in the garden have increased since the early days, with lots of juveniles around, so there must be plenty of insects, grubs and caterpillars around for the adults to rear their chicks on. I regularly record

up to 15 different species in the garden on my Merlin app, identifying birdsong.

My many bee hotels are occupied with solitary bees (pictured), preparing for the next generation of bees for next year.

So, looking back on the first year of this wildlife garden, it's not always apparent at the time how much difference all my little (and big) projects are making. It pays to sit back and take stock and really see how far it has come. I can honestly say the amount of wildlife has exploded in the last year, giving the



critters shelter, food and breeding

opportunities, as well as the immense amount of pleasure I get from watching and discovering it all.



I am determined to continue with projects in the garden to further improve it and hopefully bring you more ideas of things you might try in your own patch, big or small, to help wildlife.

Jo - Editor

GENERATION BODYWORX
CLASSIC CAR RESTORATION

Ford Sierra Cosworth RS 500!

We've recently completed a full bare metal body and paint restoration on this genuine Ford Sierra Cosworth RS 500!

We carried out some major metal work repairs / fabrication, restored the underside, primed, painted and polished the complete vehicle using classic car specialist methods throughout

Email: generationbodyworx@outlook.com
Call: 07380 283984

1. Uruguay approx 3.5 million
2. Mexico
3. Croatia 3.8 million approx
4. Netherlands
5. Kane 11, Lincker 10, Hurst 6
6. Sander Kocis 10 in 1970
7. 1970
8. 1954, Just Fontaine 13 in 1958, Gerd Muller 10 in 1970
9. Barcelona
10. Hakan Suker for Turkey against South Korea (11 secs) in 2002.

Clearing your house, shed or garage?

A.C's COLLECTIONS

Covering North Norfolk & Broadland Area
House Clearance & Recycling Service

Call: 07753 412888

A.C's Collections North Walsham

FULLY LICENSED CARRIER & BROKER

ALWAYS WANTED

Scrap Metal - washing/dryer machines, cookers, computers, car batteries, electrical cable and wire, copper pipes, boilers, old tools etc

Established since 2012

Scrap Metal items (only) taken FREE

Death Overseas: Legal Complexities and Estate Administration

by Miranda Marshall, Director, Hayes + Storr

Following on from my previous article on the immediate steps after a death abroad, I now consider the legal complexities and estate administration issues that can arise.

If the deceased owned property of any type abroad, this is likely to mean dealing with two or more legal systems.

You may need to obtain probate (or a grant of letters of administration) both in England and in the other countries where assets are located. In Common Law countries a 'reseal' of the grant of probate is possible, and this simplifies the process. Other countries with different legal systems (such as Civil Law jurisdictions) require a very different system to be followed.

Domicile can affect not only which laws govern the estate but also where inheritance tax (or its equivalent) is paid. 'Domicile' is the country with which one has the closest connection. Historic links are not easily severed.

If there is a Will, you must establish whether it covers their assets situated overseas, or whether there is a separate Will in the other country. It is possible to have more than one Will. Be wary of the risk of inconsistency or unintentional revocation.

Conflict of laws is a technical complexity. Each country has its own inheritance and

succession rules. In England and Wales there is 'testamentary freedom', so you can decide who gets what (subject to certain legal safeguards).

Many Civil Law countries have 'forced heirship' systems; where spouse, children and other relatives must receive a fixed share. Where the deceased was domiciled or owned property in a forced heirship jurisdiction (such as France, Italy or Spain) local law may override their English Will.

It becomes even more complicated where the deceased had dual-nationality or held property jointly with a foreign partner or relative. Careful analysis of the law to establish the position is required.

Under the EU Succession Regulations (known as 'Brussels IV'), you can elect for English law to apply to property owned in certain EU countries. Even post-Brexit, British nationals can make this election by their Wills. Making an election makes a big difference to how the estate is administered across jurisdictions.

Watch out for the liability to pay inheritance tax in more than one country. British inheritance tax is based on the domicile of the deceased, while other countries levy tax on the location of the assets. This can result in double taxation,



where the same assets are taxed twice in different countries.

Britain has double-taxation treaties (DTT) with several countries, which allow relief or credit for tax paid overseas, reducing the overall burden. The relief must be claimed and documentation provided to HMRC, so it is a burdensome process. Even where there is a DTT, there are still the differing tax rates, filing deadlines and valuation rules.

Dealing with an overseas estate is demanding. Delays are common. Exchange rate fluctuations are a complication. Some authorities insist on in-person verification or local legal representation. Notarised and apostilled documents are often required. Communication is challenging; there is the need to correspond with overseas lawyers, banks, consulates, often in another language and under another legal system.

This article is for general information only and does not constitute legal or professional advice. Please note that the law may have changed since this article was published.



Robert Colwell
Director & Head
of Family Services

Meet Rob, our **Family Law** specialist...

"Our aim is to leave every person we advise in a stronger, improved position for having instructed us."

ROBERT COLWELL, DIRECTOR

01263 825959 | www.hayesandstorr.co.uk
Fakenham | Holt | King's Lynn | Sheringham | Swaffham

We have been asked to host a new Bridge Club at the Glaven Centre. If you would like to be part of this, we are setting up a steering group and invite you to meet us in the Garden Room on Friday 24 July at 10:00 am, coffee will be served. Hope to see you there!

Looking to rent space for events, keep fit and creative classes, meetings and more?

Our sunny, airy Garden Room, a small office space and a treatment room are available to rent hourly or by the day on Saturdays, Sundays and Wednesdays with some availability weekdays too. Competitive rates - please call 01263 740762 or email info@glavencaring.co.uk to find out more

For your diary:

Friday 17 July - Board Games & Chat - 10am to 12noon - coffee, chat, chess, and more. Free to attend and all levels welcome.

Friday 24 July - new Bridge Club meet up 10am to 11am

Happy Mondays - join us for lunch - two courses for just £8.00, book early - every Monday, do book early to avoid disappointment.

Tuesday Chatty Cafe Mornings with raffle 10am to 12noon - donations please for delicious teas and coffees - every Tuesday.



Caring for Carers first Friday of the month - 10am to 12noon - do join us for coffee with other carers.

Do check our website and Facebook pages for more details
Glaven Caring, Thistleton Court, Blakeney

**www.glavencaring.co.uk
01263 740762**

Open four days a week - Monday, Tuesday, Thursday and Friday - closed on Wednesdays.

Colby Church Open Day

Saturday 18th JULY 10.00am-2.00pm, NR11 7EE

The annual Colby Church Open Day is back again. This very special rural event has become something of a tradition since 2009. Besides raising essential money for the upkeep of the church and churchyard, it is essentially an occasion to enjoy a cup of tea and a piece of cake in the churchyard, a rummage through the bric-a-brac, trying your luck on the tombola, making a purchase of the homemade marmalades, jams and cakes on display or just sitting in the tranquility of the church, chatting to friends old and new!

Aylsham and District Flower Club

Our August meeting is on Wednesday 12th August at Aylsham Town Hall, NR11 6EL, 7pm for a 7-30pm start. Our demonstrator will be Lorraine Gagen, her demonstration title is "Into the Wardrobe" which sounds intriguing.

There will be tea and coffee on arrival, the "Flower of the Month" competition, the sales table and a raffle for the arrangements.

Please come and join us for fun, friendship and flowers, visitors are always welcome, £8. We look forward to seeing you then.

For more information please contact: crystalldyball57@gmail.com

The World in Song

A celebration of songs from around the globe with Mundesley Community Choir - Sunday 19th July at 3pm

At All Saints Church, Mundesley. NR11 8BE

Tickets £12 (including refreshments) – cash or card on the door

Five Churches Festival Opens on 8th July!

From 8-12 July the five beautiful churches of the Glaven Valley – Blakeney, Cley, Glandford, Letheringsett and Wiveton - host five days of world-class classical music and jazz. The Festival welcomes BBC Proms star, cellist Guy Johnston who will give three different performances in The Festival. Brenda Blewett, The Festival's Artistic Director explains: 'It's a fantastic honour for us to have a musician of Guy's calibre at The Festival - no need to travel beyond North Norfolk to hear him!'

The rest of the programme features musicians of international acclaim alongside established professionals from across Norfolk - resident string quartet Chaos Collective, award-winning young musicians in concert, a jazz café, Flutes & Frets, a family concert painted live by the children's book illustrator James Mayhew, a thrilling outdoor concert at Bayfield Hall given by the legendary, world famous 'Blake' and a stunning Festival Finale with Norwich Baroque.

Find the full programme, information about all events and online booking at fivechurchesfestival.com



Guy Johnston

Rose Meadow

SUMMER FETE

Saturday 15 August
11am to 2pm
Rose Meadow
64 yarmouth Road
North Walsham

FREE ENTRY

Join us for lots of fun!

- Entertainment •
- cakes/plants •
- raffle •
- games/books •
- sponge throwing stocks •
- tombola •
- classic cars •
- BBQ •
- and much more!

Made with www.rosevillapublications.co.uk in aid of the residents Amenities fund

Sunday 9 August
10am - 4pm
Gold Park, Mundesley

MUNDESLEY LIFEBOAT FAMILY FUN DAY

Ordgar Viking & Saxon re-enactment

Face painting | Licensed bar | Ice cream | Cakes

Games | Live music from Harley Street Band | Stalls

Tombola | Emergency services | Live dance | Raffle

Chris Rondel storyteller

MUNDESLEY LIFEBOAT
mundeleylifefoot.co.uk

Friends of Mundesley Lifefoot official
@mundeleylifefoot
officialmundeleylifefoot

Colby St Giles Open Day

10AM - 2PM
SATURDAY 18TH JULY

FEATURING
NO MORE DONKEYS UKULELE BAND

- *Books
- *Plants
- *Art cards
- *Bric a Brac
- *Raffle
- *Tombola
- *Preserves
- *Tea & Coffee
- *Homemade Cakes

FREE ENTRY | ALL PROCEEDS TOWARDS UPKEEP OF CHURCH.
NR11 7EE



July - A Massive Month for The Museum of the Broads and Norfolk!

July pops up all over Norfolk's past and present. A way back in July 1549 Robert Kett, a Norfolk farmer, led the uprising we know now as Kett's

Rebellion. It started on July 8th as a protest against the enclosure of common land. Thousands joined him and they rallied to his call in the waterways and marsh lands before marching on to Norwich where they lay siege to the city. Once seen as a traitor Kett has been repositioned as a folk hero. It's such a 'Norfolk' story.

Someone else who's key to our history, and very much connected to the story of the Broads, is P.H. Emerson. Born in 1856 Emerson was a writer and, importantly, a photographer. His 1886 book 'Life and Landscape on the Norfolk Broads', was a collection of 40 platinum prints that helped elevate photography into an art and enshrine life on the Broads at that moment. Why the July connection? It was July 10th last year that a very rare first edition of the book emerged from a house clearance and went to auction. It sold for over £50,000.

Don't forget Norfolk Day - July 27th.

And of course, it's July when, every year, we celebrate everything about Norfolk and why it's such a glorious place to be!

The Museum of the Broads in July is definitely the place to be! Check out our packed agenda of things to see and do.

Saturday 11th July The Seasideers do the Broads! 12.30-2.30pm

You'll love this. Songs and music, live, and with a Norfolk Broads twist, from Winterton-on-Sea's hugely popular ukelele band. What's not to love?

Tuesday 14th July Steam & Sail! - 10am - 4pm

Take a trip on our electric boat, Marsh Harrier. Falcon, our steamboat, will be part of the day too. Then 'jump ship' and board a Wherry to

Barton Broad! It's the very best of all the Broads' worlds.

Wednesday 15 & Thursday 16th July All Aboard a Wherry! 10am - 4pm

It's Wherry Week and time for you to take a step back in time. Step aboard a Wherry and discover what life was like for a wherryman and his family in days gone by.

Wednesday 15th July Crafts by the River. 'Crafty' Mouse! 10am - 4pm

Come and see textile artist, Jo Couldrey at work. She'll show you how to fashion a mouse out of scraps of fabric!

Saturday 18th July - Wednesday 2nd September

Summer Trail - Fun & Frolics! 10am - 4pm

It's a museum trail. It's tricky. It's got trials! Complete them all to win a prize!

See what we mean? It's massive! There's a lot going on in July and we're so looking forward to seeing you. We're at - The Poor's Staithe, Stalham, NR12 9DA

That's just off the A149 at the turning to Richardson's Boatyard.

We're open six days a week - Tuesday to Sunday. You're welcome, the kids are welcome (and if they're under 12, they get free entry to the Museum), the dog is welcome! What are you waiting for?!

Check out all the details at - www.museumofthebroads.org.uk

Broadland Model Railway Club Stalham Show 24.5.26



A blisteringly hot sunny weekend outside threatened to dampen the proceedings at the indoor show but thankfully a lot of promotion by many club members helped pull people through the door.

There were four guest layouts on display plus five club layouts.

'Herrington' N gauge took centre stage along with David Crowe's 'Staleast', an 0-gauge model based on Stalham itself. At one end 'Broad Oak' entertained all day with the 'Snowy Pines' Xmas model doing its best to help people cool down - thankfully its snow didn't melt! The Loco Doctor was on hand for any locomotive patients and was kept busy with some challenging problems. Next was the tiny 34 inch 'Ingoldsby' 09 model from Chris Seago, showing what you could achieve in a small space. Phil Carver's 'Mardling Mawkin Transport Museum' has a name based on Norfolk expressions and even had a rocket tram moving around. That rocket was competition for 'Rampage' the robot next door, which performed throughout the day among the steam effects. 'Hamstal Green' was showing great progress since its initial outing in 2025, and 'Clearpoint Haven' would have made its previous owners proud displaying next to the doorway one side as people came in.

The heat did affect most layouts with reports of operating issues but everyone managed to keep things running so that it didn't notice.

The BMRC Second-hand Models and Book stall braved the heat to do really well for the club, and Geoff Hiscock's second-hand stall did well too. Karen Ray kept everyone fed and watered throughout the day, so we didn't wilt too much.

A successful day and a good time were had by all, exhibitors and visitors alike. Keep a look out for our next Show on Sunday August 30th in Hoveton Village Hall and our display at the Stalham Street Fayre on July 19th.

As always, if you are interested in our Club, please contact us via the details on our website <https://broadlandmodelrailwayclub.co.uk/>

Sunday Carvery at The Cliff Top Inn
12.00pm - 3.00pm every Sunday
Child from £7.95 Adult from £13.95

Avarice
July 25 & Aug 15
Chris Wilson
July 30, Aug 27 & Sept 10

Bloke n Bird
Aug 1 & Aug 22
Adam Harrod
Aug 16 & Sep 6

World Cup live here
We are also an official Sky Sports venue

Serving Food Daily from 5.30pm-8.30pm
Daily Chef's Specials

check Facebook: The Cliff Top Inn for all live music events and other entertainment

The Cliff Top Inn, Castaways Holiday Park, Bacton, Norfolk, NR12 0JB
to book call **01692 650436**
or email: castaways.bacton@hotmail.co.uk



BLESSING of GRAVES

All Saints Church, Edingtonthorpe, NR28 9TN

North Walsham Benefice

SUNDAY 2nd AUGUST at 3pm

Gathering in the tranquillity of the ancient round tower little church on the hill, we celebrate the lives of those laid to rest in this rural churchyard and

honour and remember beloved Family and Friends.

You are invited to place flowers on graves or in the church in memory of loved ones.

In memory cards will be available in the church.

Followed by Refreshments.

Details can be found on the church website:

www.achurchnearyou.com/church/10076

what3words: foresight.worth.graduated



North Walsham Drama New members welcome!

No experience needed, just an interest in performing and a desire to have fun!

Regular Shows, group meetings and rehearsals

To find out more about the group please drop us an email at:

walshamds@gmail.com

Or come along for a chat at the North Walsham Fun Day on the 28th of June

(Over 18s only Please)



Wonders of Nature' Art Exhibition

Local artist Rosalie Osborne Gibb is delighted once again to be holding an Art Exhibition in the Thatched Barn at the Norfolk Wildlife Trust, Cley, NR25 7SA, from Wednesday 29th July to Tuesday 11th August from 10am to 5pm daily, with a new exciting diverse collection of artwork, reflecting her love of coast and countryside, both near and further afield, from seascapes and landscapes to wildlife and the wonders of nature, using different media and often incorporating creative techniques.

In addition to original framed paintings, Rosalie will also have for sale signed and mounted Limited Edition prints, a wide range of greetings cards, unique china and ceramic mugs and coasters that would make lovely gifts (or to keep yourself!) depicting Rosalie's original artwork.

Free admission. 25% of sales goes to the NWT. www.rosaliegibbart.com



Book online
for best prices

Discover all 700 acres
of Pensthorpe

New
for
2026

Award Winning
Indoor and
Outdoor Play



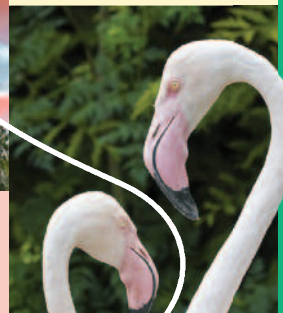
Step Into
our Newly
Refreshed Café



Sculptures
& Gardens



Flamingos,
Cranes & More
to Discover



Trails &
Seasonal
Events



Pensthorpe offers a beautifully relaxed day out, where nature and wildlife take centre stage. Wander through gardens, enjoy close-up encounters with flamingos and cranes, and unwind in peaceful bird hides across the reserve. For those visiting with family, our award winning indoor and outdoor play is also available to explore.

Plus, our newly refurbished café and carefully curated gift shop are open to all (no admission required) with free parking to make your visit effortless. **Plan your visit at pensthorpe.com**

 **Pensthorpe**

North Norfolk Photographic Society: Annual Exhibition



From the 27th of July to the 1st of August the club will hold its annual exhibition at The Holt Parish Church Hall, Church Street, Holt, NR25 6BB. A large collection of fabulous prints and digital images will be displayed, and the visitors will get to vote for their favourite picture.

The exhibition will feature a wide range of high-quality mounted prints and digital work from around Norfolk and beyond. There will be some superb images with subjects

including wildlife, landscape, portraits, street photography and even the North Norfolk Railway. The NNPS is one of the top camera clubs in East Anglia with some amazing photographers and you will find a visit to Holt very rewarding. Prints and greetings cards will also be available for sale.

10am to 4pm no booking required and it is free to enter.

If you would like to know more about our friendly club, then do please come along to a meeting. Your first visit is free of charge with no obligation to join and the meetings take place on the first and third Wednesday of each month from September to June, starting at 7.30pm in the Bodham Village Hall, Bodham, NR25 6AD

For membership enquiries email: membership@nnps.uk

For more information visit: www.nnps.uk

Bob Johnson - NNPS Publicity Officer

NORTH NORFOLK PHOTOGRAPHIC SOCIETY ANNUAL EXHIBITION 2026

St Andrew's Hall, Church Street, Holt

July 27th to August 1st, 10.00 to 4.00 daily

Exhibition of Prints and Digital Images
Prints and Cards for Sale

Vote for your Favourite Print

This was last year's winner,
"Up For Grabs" by Linda Black



Free Entry – All Welcome

Deaf Café

On Saturday 20th June, the North Walsham Deaf Café welcomed over 25 people, including five attending for the very first time. The hall was full of relaxed chatter as we signed away around the tables, with BSL being used at all different levels.

As always, we enjoyed coffee, tea, cake, and plenty of friendly conversation while practising our sign language skills together. It was lovely to see everyone supporting one another, sharing learning, and building confidence in such a warm, relaxed space.

We're a friendly, welcoming group open to anyone who is profoundly

deaf, hearing-impaired, learning BSL, or simply curious about sign language.

Next month, we're hoping to welcome a guest speaker from Walking Wounded, who will be joining us to share their work and experiences.

Where: Salvation Army Hall, North Walsham.

When: Every third Saturday of the month, 10:00–12:00 (free entry)

What we do: Invite guest speakers, practise BSL, share learning, build confidence, and enjoy great company.

If this sounds like something you'd enjoy, pop along and join us — we'd love to meet you.

A Martins

Bookkeeping & Accountancy Services

Abi Martins MICB PM.DIP
Bookkeeping/Vat Returns/MTD for Income Tax
Self Employed & Partnership
Year End Accounts & Tax Returns
Payroll & CIS Services

Competitive prices, free consultation
 Fully Insured & Licensed Practice
07384 766652
a.martinsbookkeeping@gmail.com
www.amartinsbookkeeping.co.uk



A step in the right direction



HAPPY FEET

By Abi Spicer

S.A.C. Dip
 Foothealth Practioner
 Tel: 07881 488486




NO HEATING OR HOT WATER?

LOCAL BOILER BREAKDOWN AND SERVICE ENGINEERS



01263 722959

info@coastalheatingnorfolk.com
www.coastalheatingnorfolk.com

RNIB Plots Return to Gardening at RHS Show with Design That Celebrates Talking Books

Leading sight loss charity RNIB (Royal National Institute of Blind People) will be creating a quiet place to reflect on the role stories play in our lives for visitors to an RHS show in Norfolk this summer.

The RHS Sandringham Flower Show which runs from 22-26 July will be the Society's first show held at the royal estate in Norfolk, which is the country retreat of His Majesty King Charles III, RNIB's patron.

The theme for the garden is the 90th anniversary of the RNIB's flagship Talking Books service which makes thousands of works of fiction and non-fiction available to blind and partially sighted people in accessible formats.

The RNIB Talking Books Garden features curved shingle walls to create a comforting and peaceful space while libraries of the past are mirrored though skyward-reaching ladders. Listen out for some surprising audio elements, too.

Alongside the reading theme, the garden will also celebrate the impact of gifts left in Wills. The RNIB team will be on hand to tell visitors more about the charity's aims to create a world without barriers for people living with sight loss.

Award-winning designer Paul Hervey-Brookes has worked with the charity to include many sensory features, as well as following environmental sustainability practices in a garden that is concrete-free and makes use

of recycled materials.

Helen Smith, Head of Supporter Experience at RNIB, said: "In today's busy world it can be hard to find time to relax. Gardens are a wonderful place to escape the demands of the day and, reading or listening to a great book at the same time makes it even better. That's why we are excited to



Talking Book Garden

welcome visitors to our garden and celebrate the 90th anniversary of RNIB's Talking Books service.

"I hope visitors take a mindful moment as they stroll through the garden to appreciate a book that has had a lasting personal impact for them and to reflect on how important books are. Talking Books make a huge difference to many lives."

Paul Hervey-Brookes previously worked with RNIB to create an award-winning show garden at last year's RHS Wentworth Woodhouse. Last year, they came away with three top awards, including a gold medal.

Paul said: "I'm so excited to be working with RNIB again, this time creating a garden celebrating the 90th anniversary of the Talking Books service. Books offer a world of escapism, adventure and enchantment, so it's not hard to find something that captures

the imagination.

"What makes this service unique, is its continued relevance – originally providing audio books to people who lost their sight in the Great War – which has now grown to giving thousands of people free access to fiction and non-fiction titles, ensuring that sight loss is not a barrier to getting lost in a great book."

The garden has been made possible thanks to the support of Postcode Lottery players, who have raised more than £15m for RNIB since 2018.



Paul Hervey-Brookes

To ensure the garden leaves a lasting legacy, the charity is intending for elements of the design to be repurposed for use in the grounds of Tapping House, a hospice near King's Lynn.

The show takes place on the Sandringham estate in Norfolk from 22-26 July, with further information about the show and ticket options available here. More information about the garden is available on the

RNIB website.

The free Talking Books services makes audio books available in different formats including digital download, through an Alexa enabled device, Daisy CD or USB. Users of the service can borrow up to six books at a time to find out more about the getting started.

Visit www.rnib.org.uk/talking-books or call the RNIB Helpline on 0303 123 9999.



RM HEATING SERVICES LTD

RENEWABLE HEATING SOLUTIONS

£7500 Government upgrade grants available.
VAT Free on all renewables.
Call today for a FREE no obligation quote...

- ✓ Solar Energy
- ✓ Heat Pumps
- ✓ Air Conditioning
- ✓ Gas Boiler Replacements
- ✓ LPG & Oil Heating Solutions
- ✓ Boiler/Heat Pump Service & Repair
- ✓ General Plumbing, No job too small
- ✓ Professional Local Company and Team



Heat Pump Installation
From £2500...

Solar Panels Installed
From £3400...

Thousands of Satisfied Customers

SAME DAY SERVICE



ROB MORRIS 07984246145 rob@rmheatingservices.co.uk

More Info: www.rmheatingservices.co.uk



The Benefit of Hand Massage and Movement Exercises

bringing an enjoyable activity that supports both physical and emotional well-being.

Soothing hand massage helps to improve circulation, reduce stiffness



and ease tension in the muscles and joints of the hands. Just as important the touch of a hand massage can promote relaxation, reduce anxiety and produce a comforting sense of connection and care.

Active with Beth brings movement, music and colour together in a fun and engaging way. Using a variety of colourful equipment and familiar music, participants are encouraged to move at their own pace, whilst seated. Simple movements of the hands, arms shoulders and upper

body help maintain flexibility, strength and coordination while the music often sparks memories, conversations, smiles and laughter.

Working with Beth in a supportive and calm environment makes the experience more meaningful and she adapts the exercises to individuals needs and creates a positive atmosphere where participants feel confident and comfortable. Together hand massage and Active with Beth sessions create opportunities for friendship, social interaction and enjoyment, helping to brighten the day supporting older people to feel engaged, included and valued supporting overall wellbeing. PS the staff enjoy it too!



For more information on Sheringham day services please ring the office on 01263 821188 or visit our website www.sheringhamdayservices.co.uk



North Walsham u3a – ageing well and meeting our neighbours

Walt Disney – and some other people and a seemingly endless stream birthday card designers – have noted that, “Growing old is mandatory but growing up is optional”. That may or may not be true, but North Walsham u3a’s meeting on 5th June heard an excellent talk about how to age well by Christine Webber, a former Anglia Television

newsreader, author and trained psychotherapist.

Christine started by encouraging members to make their ‘mid-lives’ last longer than previous generations had done, and to minimise the time when the challenges of old age affected them. She went on to offer a wide range of tips for staying fit and healthy for longer, from diet and hydration to exercise to avoiding loneliness. She also advised against being scared of trying new things like online banking, suggesting asking a grandchild (your own or someone else’s) for help if necessary. Perhaps the most intriguing suggestion was a ‘groan box’, where you have to pay a fine if you groan while standing up, sitting down or picking something up!

After the talk, u3a members chatted to Christine and each other over a cuppa and a biscuit.

The meeting came a day after a successful open morning at St Benet’s Hall in North Walsham. Members had welcomed local people to come and find out more about what the u3a does. The event was well attended and a number of visitors decided to join the u3a.

District Councillor Lucy Shires came along and afterwards and posted on Facebook, “Organisations like u3a play an incredibly important role in tackling loneliness, supporting wellbeing and helping people continue to lead active and fulfilling lives. A huge thank you to all the volunteers and members who made me feel so welcome this morning. It was wonderful to see such enthusiasm, laughter and community spirit under one roof.”

North Walsham u3a is open to anyone who is no longer in full-time work and wishes to stay active and engaged. As well as monthly general meetings, it has over 30 specialist interest groups. People considering joining are welcome to try two meetings before doing so.

More information about the u3a can be found at www.northwalshamu3a.org and on its Facebook page.



Mark's Driving Tuition

07562 100991

Pass your test with the best
marksdrivingtuition@gmail.com

HOLTMOBILITY

SALES | SERVICE | HIRE



**Rise & Recline
Chairs**



**Stair Lifts &
Bath Lifts**



**Scooters &
Wheelchairs**



**Custom Made
Adjustable Beds**

Call Us On
01263 588777

Holt Mobility Gipsies Lane Works, Weybourne Road Bodham, Holt NR25 6QJ | info@holtmobility.co.uk

**EVERYTHING YOU NEED
TO IMPROVE MOBILITY
UNDER ONE ROOF!...**

...HOME VISITS A PLEASURE

PARKING OUTSIDE THE DOOR FOR EASY ACCESS.

www.holtmobility.co.uk



North Walsham and District Branch of Cats Protection

Daphne and Dora left for their new home and quickly settled in with the other animals in the household. Unfortunately, although Kato did leave for a short time and appeared to be settled, he has come back into care. He will need a new home with people who understand the breed and are experienced cat owners. However, we are happy to report that Annie, who is quite timid, has been rehomed with people who are delighted with her progress so far and are prepared to give her the time she needs to settle

Meanwhile Alvin has now been given a clean bill of health and finally has a nice healthy mouth and gums. Because of his problems we realised this would not be covered by any pet insurance should any problems reoccur and that any insurance new owners take out would not cover this. To alleviate any concerns our veterinary department at NCC are considering what cover we can offer should problems arrive in the future. Once we hear what help can be made available, we will be able to advise any potential new owners of this lovely boy what help will be available should this happen.

I am happy to advise that the Mid Norfolk Adoption Centre have been very supportive and our records of cats in care are now up to date. You will soon be able to see what cats are available on our website to help when looking to rehome a cat.

Although some people are enjoying this hot weather I must admit I am not one of them. However, my cat appears at present to prefer the heat in our conservatory rather than the shade in the rest of her home. Cats can be contrary creatures but obviously know what is best for them. It is important to offer them places where they can stay out of the heat should they wish to and make sure they have water available to drink. The rest is up to them.

If you are interested in receiving help to neuter your cat/kitten, please ring 07880 256948 (to see if you are eligible for a voucher). This number is for vouchers only and will not be able to help with any other enquiries. However, the number also applies for those wishing to take advantage of our special neutering campaign and covers micro-chipping your cat if this has not already been done.

If you are looking for a cat or kitten (or have any other queries) please call 01692 535858. Could callers please call at a reasonable time as the phone is in my home. It is not very pleasant to be woken during the night by someone ringing with a cat related query.

Please be aware that if you are interested in giving one of our cats a home, we prefer contact by phone rather than by the contact form on our website, www.northwalsham.cats.org.uk.

All enquiries for cats and kittens should be received via the phone number or email address. Although I use a computer for cat work, I only check the contact forms once a day, so there is a delay in responding to enquiries this way and as we deal with enquiries on a first come first serve policy, I may have already spoken to someone who is interested in giving the cat you are interested in a home. If someone has already shown an interest in the particular cat you are interested in, we may wait until they have made a decision before contacting you.

We are on Facebook. You can find us under Cats Protection North Walsham.



Sox, nice friendly girl



PROVIDING FRIENDLY, EXPERIENCED & PROFESSIONAL VETERINARY CARE TO THE ANIMALS OF NORFOLK FOR OVER 125 YEARS

Westover Veterinary Centre

After 125 years providing outstanding veterinary services, our North Walsham clinic is the home of 21st Century healthcare for your pets.



The only 24 hour Veterinary Hospital in North East Norfolk

Caring and compassionate team

State of the art facilities

Gold Standard cat hospitalisation ward

Multiple Veterinary Certificate holders in a wide range of fields



Good parking with easy access

More clinics for more vets offering more appointments

Westover Veterinary Centre
Hornbeam Business Park, North Walsham, NR28 OFX

www.westovervets.co.uk 01692 403202



Hedgehog Haven

It's definitely hoglet season, these six came into care late on Thursday 25th June at 11.15pm. Unfortunately, mother not around for several days, so she is presumed deceased. They all weigh in at 100grms each and they have their eyes open. They are now being weaned on mashed up cat food and puppy mousse.



Remember Millie who came in after being found under some tarpaulin? Well, she has given birth to two hoglets, she is looking after them so all I need to do is to make sure she has plenty of water and food. Please put out a dish of water in the warm weather, they are all struggling to find a drink in the heat.

Why you should book with an Independent Travel Agent

- Personalised Service
- Expert Knowledge
- Exclusive Deals
- ABTA Membership

YOUR LOCAL EXPERTS

Broadland Travel
worldchoice
01692 406655 | www.broadland.co.uk
41 Market Place, North Walsham NR28 9BT

ABTA
Travel with confidence
ABTA No. 91207

Give your skin some love this summer

Try our soothing, hydrating facial for only £45*

When the summer heat and humidity hit, heavy creams can trap sweat and clog pores. The secret to summer hydration is using water-binding ingredients (humectants) in incredibly lightweight, breathable layers.

Our soothing hydrating facial uses gentle cleansing and exfoliation with either diamond crystals or hydrating superficial peel [based on your specific skin condition]

Step 3 involves application of our Dr formula hyaluronic acid and step 4 is to lock in the moisturizer. Finally we use our heliocyte sun protection. You can then take a cooling mask to use at home at your convenience.

Here are a few tips to help you skin this summer:

Hyaluronic Acid Serums

Serums are the most direct way to deliver hydration because they have smaller molecular sizes that penetrate efficiently.

- The Golden Rule: Always apply hyaluronic acid to damp skin.
- The Finish: Seal it immediately with a light moisturizer to lock that water in.

Over-Night Water Gels & Sleeping Masks

If your skin is feeling tight or slightly sunburned after a day outdoors, swapping your night cream for an oil-free water gel mask is a game changer.

- Pro-Tip: Pop your gel moisturizer or sheet masks into the fridge for 15 minutes before applying. The drop in temperature constricts blood



vessels slightly, immediately reducing redness, puffiness, and that hot, irritated feeling.

Summer Skincare Reminder

Increased humidity means your skin naturally holds onto water better, but UV rays damage your skin barrier, which accelerates moisture loss. Never skip sunscreen, as it's your absolute best defence against dehydration. We have a range of sunscreens to choose from.

Call 01603 736487

or log on to the website

www.coltishallclinic.co.uk

to book your Summer Soothing facial

* Offer has limited availability and we cannot guarantee slot availability.

Sheringham & District Philatelic Society

A pot pourri is, by definition, a mixture which gives off a gentle scent. Peter, from Norwich, provided one such in his study of World War 1 War Tax stamps and charity labels. Peter's gift is to let the display talk and tell their own story.

The military effort by the West Indies, Canada and New Zealand came at a cost. Not only the supreme sacrifice of personnel, but also to the local economy. The departure of so much of the [usually male] workforce left gaps in family incomes as well vacancies as in workplaces. Pay for those on military service fell on colonial governments. A levy on mail, cheques and even bottles of wine offered some help. A special stamp acted as a receipt. Confusion reigned at times as often a current postage stamp with an overprint was used – some postal authorities allowed the use of War Tax stamps to pay postage, but others charged Postage Dues.

War Tax stamps become collectable – and enterprising offers of special albums and packets of the latest issues created a market. A bit like the football sticker market accompanying the World Cup these days. One would imagine that the Tax would end as the War finished. Not always. Dominica's new issues continued until 1920. In addition, different coloured overprints, different typefaces and abundant variations arising from using local printers [some seeming to use John Bull sets] extended the market.

To cap it all, some use of charity labels to raise funds was allowed. Such labels were to be used on the backs of envelopes. Again, varieties exist – even one Red Cross label where the red was omitted! The gentle odour of market manipulation versus genuine error reaches the nostrils.

Our 13 July meeting anticipates members displaying anything including "S". 10 August sees our own Tony entertaining us – he has earned national recognition for his displays. Meetings begin at 7.30pm and a welcome awaits all, both members and visitors, at West Runton Church Hall.



EASTERN CARPETS

BANK LOKE, NORTH WALSHAM

• CARPETS • VINYL • LAMINATE • LVT • BLINDS •

CALL: 01692 404718 | WWW.EASTERNCARPETS.NET

Summertime Safety

With the arrival of summer it is important to be vigilant of the dangers this can pose to our furry companions. Heat stroke is a well known summer hazard in humans and in pets, but can quickly become life-threatening particularly with dogs because they cannot regulate their body temperature effectively by sweating.

Dogs that are flat faced (such as pugs and bulldogs), overweight or have thick coats are at a higher risk. You can take some simple steps to avoid heatstroke in your pet:

- **Walk at cooler times such as early morning or late evening**
- **Access to fresh water – always take drinking water with you and do not allow dogs to drink from lakes or the sea (the saltwater will cause dehydration)**
- **Provide a shaded, well-ventilated area**



- **Never leave pets in cars or hot rooms (such as a conservatory)**
- **Apply pet safe suncream to noses or ears – particularly in lighter coloured pets**
- **Offer frozen bottles in rabbit/guinea pig cages for them to lie against**
- **Test pavements with the back of your hand first. If it's too hot for you, it's too hot for them.**

Signs of heatstroke include excessive panting, restless, drooling, trembling, wobbliness, confusion. In serious cases pets may become unresponsive or seizure.

It is important to contact your vet immediately if you suspect heatstroke. Some flat faced (brachycephalic) dogs will benefit from a surgery to widen the nostrils and shorten

the soft palate which aids their breathing and thus allows them to regulate their temperature more effectively.



Another hazard of the heat is flystrike. This is more commonly associated with rabbits however it can happen to any animal with fur. Flystrike happens when flies lay their eggs on another animal. These eggs hatch into maggots and can be life threatening as they

erode tissue causing wounds and septic shock. It is important to check your pets daily, particularly around their back end.

Keep them clean and groom regularly, clean their toilet area daily and their bedding at least once a week.

By following these simple tips our pets can enjoy this gorgeous season with us.

Remember we are always here to answer any of your questions and help you to keep your pets happy and healthy.



Is your oil tank
CRACKING?
We can help!



**GET A
FREE
QUOTE**

Serving customers in Norfolk & Suffolk for over 25 years

Call 01953 713560
angliaoiltanksolutions.co.uk



**01692
404050**

Roger Hannant Motor Services
Car Sales • Servicing • Tyres & Exhausts • Batteries

MOTOR SERVICES

www.rogerhannant.co.uk

Midland Road, North Walsham NR28 9JR (next to Mattressman)

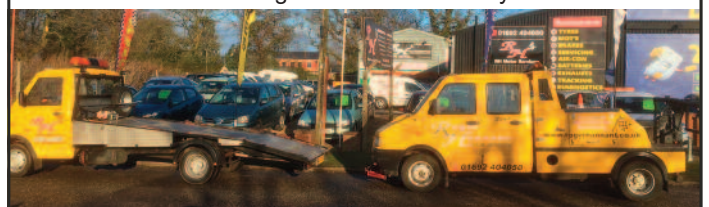
We now offer a Drive-In Service!
No need to book
just drive in for these services....

Tyres and fitting - Large range of tyres in stock.
Diagnostic Scan Test & Fault Code reading.
Air Conditioning Service



10 bay garage workshop, Fully trained technicians
MOT Testing Station

Servicing / Repairs to most makes & models
of Cars/Light Commercial (3500Kg) and Four Wheel Drive
Brake Check Centre / Competitive pricing on Tyres / Exhausts
Clutches / Shock Absorbers / Batteries
3500Kg breakdown recovery



INDEPENDENT, FAMILY RUN PRACTICE



24/7 VETERINARY CARE FOR PETS AND EXOTIC ANIMALS

- Emergency team available on site throughout the night
- Pre-bookable evening consults until 9.00pm
- Accredited Gold Standard Rabbit and Gold Standard Cat Friendly Practice
- Dedicated Dog, Cat and Exotic Waiting areas and Wards
- On site C T Scanner
- Laser Therapy
- Digital X-ray, Ultrasound, Endoscopy, Tonometry, ECG and In-House Lab
- Dental X-Ray
- Cryotherapy and platelet regeneration therapy
- Very Important Pet (VIP) Clubs to save you money
- Large Private Car Park
- Advanced Practitioner in Zoological Medicine
- On site Luxury Cat Boarding Hotel



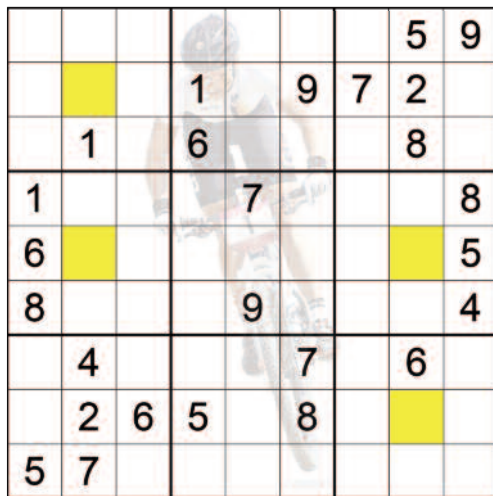
DEDICATED VET AND NURSE TEAM ONSITE OVERNIGHT TO CARE FOR EMERGENCIES AND HOSPITALISED PATIENTS



**Toll Barn Vets, Heath Road,
North Walsham, Norfolk NR28 0JB**
t: 01692 407126 w: tollbarnvets.co.uk
e: practice@tollbarnvets.co.uk

THIS ISSUE'S PUZZLES

SUDOKU Fill all empty squares so that the numbers 1 to 9 appear once in each row, column and 3 x 3 box. The numbers in the four yellow boxes are the ones needed as the answer that will be published in the next issue.



The Tour de France takes place between the 4th to 26th July. This issue's word search theme is **Cycling**.

Between **FOUR** and **TWELVE** letters. One or more words. There are 16 entries in this issue's **CHRONICLE WORDSEARCH**.

How many can you find?

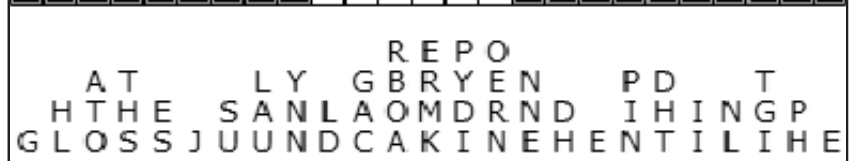
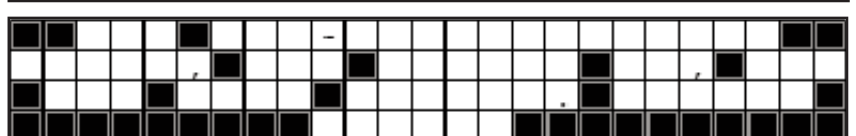
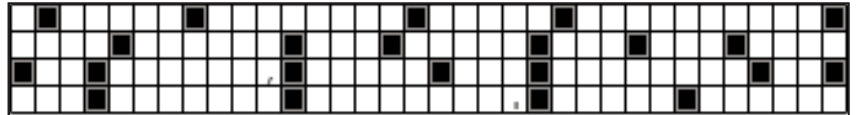


NUMBER CRUNCHER

6 3 14 16 10 11 = 1

Using all FIVE arithmetical signs, + - x ÷, fill in the spaces to make the equation true, as if they were being entered into a calculator.

All the letters in our grids below have fallen out and mixed themselves up, although they are still in their original columns. Can you put them back in their rightful place to reveal a QUOTATION and the NAME of the person who said it.



The Last Issue's Answers

The **FOUR YELLOW SQUARES** in the **SUDOKU** were 9 5 1 8

The **FALLEN PUZZLE** answers were:

TENNIS IS A BATTLE OF THE MINDS, JUST AS MUCH AS IT IS A BATTLE OF PLAYING ABILITY. SUE BARKER

JUNE IS THE PEARL OF SUMMER, SHINING WITH WARMTH AND JOY. VITA SACKVILLE-WEST

The 'Tennis' themed words featured in last issue's

LOVE

CHRONICLE WORDSEARCH were:

TENNIS
WIMBLEDON
COURT
RACKET
DOUBLES
FOREHAND
VOLLEY
SLICE
MATCH
SERVE
SINGLES
BASELINE
DEUCE

The **NUMBER CRUNCHER**

$6 + 1 \times 10 \div 2 + 4 - 3 = 36$

There may be others.



TO ADVERTISE IN THIS MAGAZINE
CALL PETE ON
07818 653720 or 01263 768019



Richard West Home Improvements

PERSONAL & FRIENDLY SERVICE

UPVC Specialists - Windows - Doors
Conservatories - Fascias
Soffits - Guttering

Kitchens - Flooring - Bedrooms

10 Year Insurance Backed Guarantee

www.westhomeimprovements.co.uk

info@westhomeimprovements.co.uk

Rodrest, Honing Road, Lyngate, Worstead NR28 9RE



01692 535715

07810 470134

FENSA



N. J. WRIGHT
PLUMBING & HEATING

07768 090 544

Boiler Installs * Boiler Services

Airsource Installs

Bathrooms

Landlords Certification

Over 30 years experience



C100624

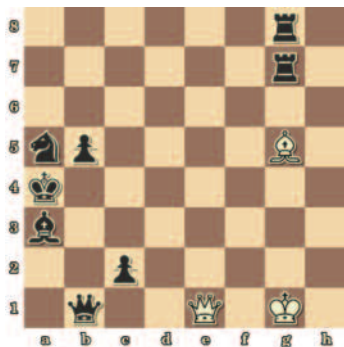
nigelwright87@gmail.com



558352

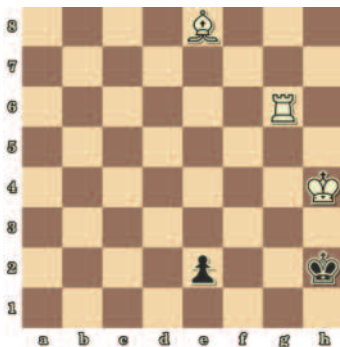
CHESS PROBLEMS by Dr Cedric Lytton

352. Frank Ravenscroft July 1860
South African Chessplayer



352. Helpmate in two moves (see text)

353. Zivko Milovanovic
and Evgeny Sorokin



353. Helpmate in two moves.
Two solutions. Duplex (see text).

Solution to No. 352 (with white B on g4, not g5 as printed last time):

1. c1B Qh4 2. Bg5+ Bd1. Black promotes to the only piece which can unpin, first the white Q who completes the battery line-up, then the white B which fires the battery giving double-checkmate (the only way to mate against the phalanx of units surrounding the black K), white simultaneously parrying the discovered black check. Spectacular, yes?

No. 353 is another type of helpmate, with a duplex part in which the roles are reversed – White plays first, the two sides cooperate so that Black's second move gives mate. Two solutions in each part, with Black promoting to a different piece in each of the four parts. Hint: one of the solutions where Black plays first is 1. Kh1 Kh3 2. e1B Bc6; in all the other 3, the kings stay put. **Difficulty 2.**

Solutions and comments to me at 16 Lime Grove, Sheringham NR26 8NX, or e-mail to lestershaw7@gmail.com

MARK

TYRE & EXHAUST CENTRE

01692 500 222

Folgate Road, North Walsham Ind Est, NR28 0AJ

TYRES	WHEEL ALIGNMENT
EXHAUSTS	BATTERIES
ALLOY WHEELS	MOT REPAIRS
BRAKES	AIR CONDITIONING
SERVICING	DIAGNOSTIC TESTING

FREE INSPECTIONS ON

Tyres, Exhausts, Brakes, Suspension & Batteries

BRAKE PADS SUPPLIED & FITTED FROM ONLY

£19.95 (subject to model)

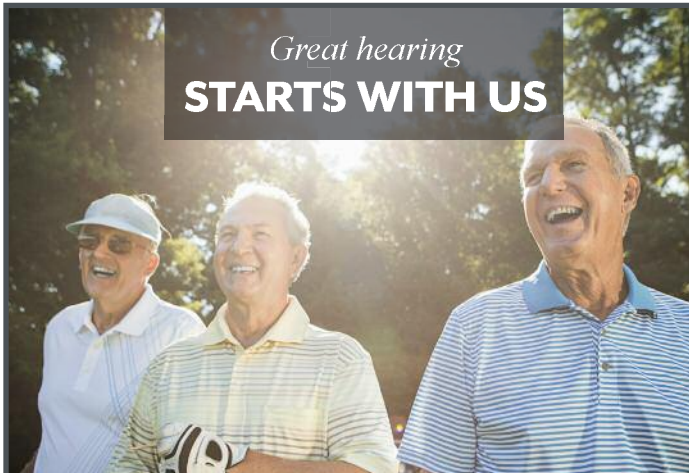
With prices like these and many more special offers don't miss out call in today!

Registered Member of The Good Garage Scheme

www.goodgaragescheme.co.uk

We are HERE!

Great hearing
STARTS WITH US



PLATINUM PROMISE



COMPREHENSIVE EVALUATION

At Broadland Hearing Care, we evaluate your hearing, your communication needs and the goals for your life.

RECOMMEND ONLY WHAT NEEDS RECOMMENDING

We recommend a treatment plan that is unique to you and designed to meet your needs.

A CLEAR UNDERSTANDING OF THE JOURNEY AND THE RESULTS

We make sure that you understand what steps will be taken on your journey to better hearing and what the realistic outcomes are of those steps.

TREATMENT IS MORE THAN JUST AN OFFICE VISIT

We work with you to create a long-term treatment plan, regular ongoing evaluations and any additional care that you may need to make sure you stay satisfied with your hearing in the years to come.

SEEING AND HEARING THE BENEFIT

We verify that the hearing instruments and any accessories that go with them are working to provide the benefit you need.

BROADLAND HEARING CARE COMMIT TO YOU FOR A LIFETIME

All Audibel products will receive FREE cleaning and testing for their lifetime.

For all your hearing requirements:

- ✓ Comprehensive hearing consultation
- ✓ Wax removal service
- ✓ Latest 'healthable' technology
- ✓ Rechargeable hearing instruments
- ✓ All-make hearing aid repairs

So the world may hear.

Proud to support the Starkey Hearing Foundation



Don't let hearing loss hold you back, call Broadland Hearing Care today on 01692 661080 and get your confidence back and reconnect with life.

Broadland

Hearing Care



135 High Street · Stalham · Norfolk · NR12 9BB

01692 661080

enquiries@broadlandhearingcare.co.uk

www.broadlandhearingcare.co.uk



As temperatures across North Norfolk rose to record levels last month, it made me proud to see just how much people in North Norfolk care about one another. From people checking in on their neighbours to businesses putting out snacks and water for cyclists and runners to enjoy on their regular routes, North Norfolk's spirit shone through - as it always does.

From Steff Aquarone MP

It was also a reminder of the incredible work that our volunteers and emergency services do to keep us safe. From the lifeguards and lifeboat crews keeping visitors and residents safe on our beaches to ambulance services who are supporting our communities with increased emergency callouts. A huge thank you to all of you who have worked in challenging temperatures to put your community first.

Coastal communities like North Norfolk have unique needs and often, they are a blind spot for Government. When healthcare policies are drawn up, we are often the last to be considered. I have made it a priority to change this and to ensure that seaside towns like ours are not left behind. Last month I formally presented the Coastal Communities (Health) Bill in Parliament that will require the

Secretary of State to prepare and publish a strategy for improving the health and wellbeing of coastal communities. The Bill will help to reduce inequalities between people in coastal and inland areas, improve access to healthcare facilities and give residents of North Norfolk the essential services that they deserve.

The recently announced closure of Corpusty Primary is heartbreaking. A village school is much more than a building, it's where children learn, lifelong friendships begin, and communities come together. We need to properly fund and support our small rural schools so they can stay at the heart of village life - for this generation, and the next - and I will keep on fighting to give our children the best education possible by ensuring that our rural schools stay open and thrive.

I joined local Liberal Democrat councillors to write directly to Norfolk County Council to demand that the delayed Holt school is built and have asked Cllr Atkinson, cabinet member for Children, Families and SEND, to move from discussion to delivery. I have reminded Cllr Atkinson that Holt is a growing market town serving a wide rural catchment and that the current facilities are widely recognised as being no longer adequate for the town's long-term needs. The land is there. The need is there. The community support is there. I have urged Norfolk County Council to grasp the opportunity to provide certainty and set out a clear route forward for this important project.

Building a better-connected Norfolk is a priority for me, and I was shocked to learn that 16,000 homes, farms and businesses in Norfolk are being kicked off the Government's broadband scheme. For families trying to work from home, farmers running modern businesses, and rural communities already struggling with poor connectivity, this goes beyond a technical change - it's a broken promise. That's why I'm leading MPs from across the political spectrum to demand answers and have joined five Norfolk MPs to urge the Minister for Digital Economy to step in and support us - rural Norfolk cannot be left behind.

Finally, I am pleased to confirm that I have now closed 18,000 cases since being elected as your MP. That's 18,000 people whose lives have been made a little bit easier because they reached out to my office with an issue and trusted me enough to help them solve it. If you are struggling with anything at all and would like help from me and my team, please reach out to me on steff.aquarone.mp@parliament.uk

Steff Aquarone MP

NORTH NORFOLK REMOVALS AND STORAGE LTD : 01692 500 501



Self Storage Now Available

Domestic and commercial removal specialists
based in North Norfolk and covering all of the UK

Are you looking for a reliable removal service based in North Norfolk? North Norfolk Removals and Storage Ltd are domestic and commercial removal specialists with a favourable reputation for professional and dependable removal and storage services. We are the ideal choice for safe and secure removal services at competitive prices. We cover North Walsham, Norwich, Dereham, Great Yarmouth and nearby areas regularly and offer a full UK removals service and are happy to travel for you.

- Domestic and commercial removals throughout the UK
- Single item removals to part and full load removals
- High-quality packing materials
- Fully equipped removal vehicles
- Furniture and piano removals
- Highly trained and experienced movers
- Short and long term storage facilities



For domestic and commercial removals throughout the UK. Call North Norfolk Removals today on
 ☎ North Walsham **01692 500 501** or ☎ Norwich **01603 891 969**
 ✉ northnorfolkremovals@btconnect.com 🌐 www.northnorfolkremovalsandstorage.co.uk



Economic Crime and Corporate Transparency Act 2023 Reforms

written by Joe Isbill



The Economic Crime and Corporate Transparency Act 2023 introduces the most significant overhaul of Companies House since corporate registration began in 1844. As the document states, the Act aims “to strengthen the UK business environment, support national security and disrupt economic crime,” while delivering a more accurate and reliable companies register. These reforms modernise Companies House and the wider legal framework to address contemporary risks, particularly around transparency and misuse of corporate structures.

A central feature of the Act is the expansion of Companies House’s powers. The registrar will now take a more proactive role in querying, challenging, and rejecting information, enabling earlier intervention to prevent misuse of the register. Over time, these measures are intended to “provide more accurate and trusted information on the registers,” improving confidence in the UK’s corporate landscape.

The Act introduces new responsibilities for three key groups:

- Company directors (new and existing)
- People with Significant Control (PSCs)
- Anyone filing information on behalf of a company

Because of the scale of change, implementation will occur in phases over several years.

June 2026 Government Announcement

On 9 June 2026, the government confirmed how it will implement the Act’s reforms relating to company accounts. This announcement clarified what information companies must file and how it must be submitted.

Following stakeholder consultation, the government confirmed several amendments:

- Implementation deferred to April 2028, one year later than originally planned, giving companies and software providers more time to prepare.
- Small companies and micro-entities will be required to file profit and loss accounts with Companies House. However, due to concerns about commercial sensitivity, these entities may opt out of publishing their profit and loss information on the public register. As the document notes, “Companies House, law enforcement agencies, and HMRC will retain access” regardless of publication choices. Details of the opt-out mechanism will follow.

Additional Accounts-Filing Reforms

The Act also introduces several structural changes to how accounts must be filed:

- Mandatory digital filing: All companies must file annual accounts using commercial software.
- iXBRL format required: All UK-registered companies must submit

accounts in Inline XBRL format.

- Abridged accounts abolished: Companies will no longer be able to file abridged accounts.
- Strengthened audit-exemption statements: Companies claiming an audit exemption must provide a more robust eligibility statement.
- Single-package filing: All components of accounts and reports must be filed together.

Secondary Legislation

Further measures will support compliance and transparency:

- Limits will be placed on how often a company may shorten its accounting reference period.
- Companies House will add annotations to the public register where a company fails to comply with an accounts-related notice under the Companies Act 2006.
- From April 2028, companies wishing to shorten their accounting reference period more than once within five years must provide a substantive business justification.

How Clapham & Collinge can help you navigate the new software requirements, manage director responsibilities, and protect sensitive financial data using the register opt-out mechanisms.

Offices:

Norwich — 01603 693500

Sheringham — 01263 823398

North Walsham — 01692 660230

Email: enquiries@clapham-collinge.co.uk

This article is provided for general information purposes only and does not constitute legal advice or professional advice.

CLAPHAM &
COLLINGE
SOLICITORS



Do you need assistance with ...

*Wills, Trusts or Lasting Powers of Attorney | Probate or Estate Administration | Conveyancing | Corporate or Commercial | Charity Law | Family Law
Divorce or Child Arrangements | Dispute or Claim | Coroners Law
Personal Injury*

**70 YEARS OF EXPERIENCE
CONTACT US TODAY ON**

01692 660230

enquiries@clapham-collinge.co.uk

From Foundation to Finishing Touches, we take pride in turning your vision into reality

**NEW BUILDS
EXTENSIONS
LOFT CONVERSIONS**

Renovations * Alterations
Landscaping * Driveways
Kitchens & Bathrooms
Painting & Decorating

Call us today on
01263 721647
07920 865923

visit
www.rdbbuilding.co.uk
find us on  





Giant Snail Leads New Heritage Trail in Aylsham

Move over GoGoHares and GoGoGorillas... Aylsham is welcoming something much slower — but every bit as colourful!

Meet the “SloSloSnail” — a spectacular new five-foot fibreglass sculpture preparing to make its home in Aylsham Market Place as the centrepiece of an exciting new heritage Snail Trail through the town.

The giant hand-painted snail is unique to Aylsham and aims to bring even more visitors into the town to explore its rich heritage, independent shops and historic streets.

But before the snail arrives officially — there’s one important thing missing: a name!

Local children are invited to help make Aylsham history by entering a special competition to name the town’s newest resident. The winning name will be displayed proudly on the sculpture’s plinth for everyone to see.



Local artist Mik Richardson puts the finishing touches to the “Big Snail”

The eye-catching snail has been painted by local artist Mik Richardson and features some

of Aylsham’s best-loved landmarks, including St Michael’s Church, the Market Place and Blickling Hall, alongside rolling Norfolk fields and sheep celebrating the town’s historic wool trade.

And there’s a hidden challenge too — keen-eyed visitors should look out for the tiny secret snails tucked into the artwork. How many can you spot?

The giant sculpture forms the heart of a brand new interactive heritage Snail Trail featuring 22 specially designed snail artworks created by local artists and craftspeople.

The project has been made possible thanks to significant grant funding and has been commissioned by Aylsham Town Council’s Cittaslow committee in partnership with Aylsham Heritage Centre and tourism website Visit Aylsham.

Trail organisers hope the fun, family-friendly attraction will encourage visitors to wander through the town and discover the fascinating stories, buildings and people that have shaped Aylsham through the centuries.

Adding extra artistic flair to the trail is celebrated local stone carver Teucer Wilson, recently honoured with the prestigious title of Royal Designer for Industry (RDI), an accolade held by only 200 designers worldwide at any one time.

Teucer is carving six smaller snail sculptures from natural stone, which will be permanently installed on heritage buildings around the town centre.

Other snails will appear in wood and metal, including special “rubbing post” fixtures where children can collect images as they follow the trail.

A host of talented Aylsham artists are also contributing to the project, including Kate Read of One Fox, illustrator and print designer Su Owen, local scene artist Peter Windmill and illustrator Robyn Pond from Aylsham Heritage Centre.

Each snail on the trail will tell its own story through QR codes linking visitors to fascinating facts and hidden histories — blending art, culture and technology into one giant snail-sized adventure.

And for anyone wondering where the inspiration came from, the feature snail was created by the same makers behind Norfolk’s hugely popular GoGo sculpture trails organised by charity Break in partnership with Wild in Art. So keep your eyes peeled... because something very big, very colourful and very slow is about to arrive in Aylsham!

CATTERALL'S

REMOVAL SERVICES

- COVERING ALL OF THE UK
- DOMESTIC REMOVALS
- SINGLE ITEMS
- PACKING SERVICE AVAILABLE
- FULL/PART HOME CLEARANCES
- PIANO MOVES
- STORAGE



WHY CHOOSE US...

With over 10 years in the removal industry, a satisfactory and easy service is the most important dynamic to us and our customers. Our aim is to take all the stress and the pain out of moving, allowing you the peace of mind knowing that your items are moved safely and quickly. Rest assured our small friendly team are fully insured.

FOR A FREE QUOTE PLEASE CONTACT



01263 820186 07766 398245
info@catterallsremovalservices.com



www.catterallsremovalservices.com

Editor's Recipes

Low fuff recipes are order of the day in the hot weather, so this month I have a quick recipe which takes about 15 minutes to prepare, cutting down the time spent slaving over a hot stove.

On the cake front, rich chocolate recipes are out, and this tangy lemon bake is lovely and light, perfect for a summer teatime.

Pork Loin Steak with Creamy Mushroom Sauce



Serves 2

Ingredients

2 pork loin steaks
vegetable oil
salt & pepper
225g mushrooms, sliced

100mls double cream
100mls white wine

Method

Lightly oil and season the loin steaks. Heat a dry frying pan until hot then fry the steaks on a medium heat for about 12 – 14 minutes, turning midway through, until cooked and golden brown. Leave to rest for 5 minutes before serving.

Whilst the steaks are cooking, fry off the mushrooms in some oil until cooked and golden, add the wine and reduce for a few minutes, then add the cream and reduce again to your desired consistency.

When the steaks have rested, pour over the sauce and serve with your choice of veg or salad.

Mini Lemon Drizzle Loaves



Makes 8

Ingredients

75g butter, softened
125g caster sugar
15g self-raising flour
1 tsp baking powder
2 eggs
1 large tbs lemon curd
2½ tbs whole milk
For the drizzle
Finely grated zest and the juice of 1 lemon
2 tbs granulated sugar

Method

Preheat the oven to 180C/170fan/G4
Grease 8 mini loaf tins or line with mini loaf tin cases.

In a large bowl, beat the butter and caster sugar together until light and fluffy, add the flour, baking powder, eggs, milk and lemon curd and mix well. Divide evenly between 8 mini loaf tins and place on a baking tray in the oven. Bake for approx. 25 minutes. When firm and golden brown, put on a cooling rack in their tins.

Whilst the cakes are cooking, combine the lemon zest, juice and sugar. When the cakes are out of the oven and still hot, spoon the drizzle mixture over the cakes and leave to cool completely in their tins.

If you don't have mini loaf tins, put all the batter into a 2lb loaf tin and cook for 40 – 45 minutes, adding the drizzle as described.

Enjoy – Jo.



Helping you to live safely & independently in your own home.

- Care alarms
- Alarm watches
- Key safes
- Linked sensors
- 100% digital

01553 616200 careline-cs.org.uk



Careline
COMMUNITY SERVICE

TECH HELP

FOR EVERY DEVICE YOU OWN

awbcomputerservices.co.uk

07974 265053

awbcs@outlook.com

**15 YEARS OF
SUPPORT SINCE 2009**



MARANELLO

Bathrooms & Kitchens



ONE SUPPLIER INSTALLER

Simple. Transparent. Stress-free.

Your dream Bathroom & Kitchen, delivered.

www.maranellohome.co.uk 01263 711979



Postle
electrical retailer

Aerials & Satellite Dishes Installed
TVs Wall Mounted

01692 406398



Dave Hardy
Gardening
& Maintenance Services

Over 30 years experience - All work considered
07971 721947
davealanhardy@gmail.com

Qualified • Insured • Reliable

Trevor Charles
Car Sales & Self Drive Hire
Self Storage Available

CARS - VANS - LUTONS with Tail Lifts
DAILY - WEEKLY - LONG TERM HIRE

01692 406113  Find us on Facebook

Open Monday to Friday 8am-5pm
Open Sat 8am - 10am
Lyngate Industrial Estate, North Walsham, NR28 0BD



The Norfolk
Curtain Maker

Expertly handcrafted bespoke curtains,
blinds and soft furnishings

Free consultation & no-obligation quote
WWW.THENORFOLKCURTAINMAKER.CO.UK
07404765376 - INFO@THENORFOLKCURTAINMAKER.CO.UK

**DON'T FORGET
TO MENTION
THE NORTH
WALSHAM TIMES**

**WHEN RESPONDING TO
SERVICE GUIDE ADVERTS!**

SL MAINTENANCE
BUILDING & LANDSCAPING

- Fencing / Concrete Pads / Drainage
- Driveways / Brickweave / Block Paving & Shingle
- Fascias / Soffits / Guttering • Bathrooms & Kitchens
- All Building Work Undertaken • Fully Insured

T 01263 821461 M 07437 922416
stuartlaidlaw9@gmail.com
www.sl-maintenance.co.uk

Silver Swans ballet classes for the over 55s
at North Walsham Community Centre
Tuesdays 11:00-12:00pm

 **SILVER SWANS**

**Improve Posture, Balance
and Mobility**

Contact Trisha for enrolment
on 07934 788173
trishamwdance@yahoo.co.uk

Mark Lester
Bricklayer

Garden Walls, Small Extensions, Patios,
Repointing, Conservatory bases, Plastering
New work and Repairs

1st Class Work ~ Free Quotations
Tel: 01692 405273



North Norfolk's
UPVC Window Repair

**RE GLAZE
SERVICES**

Misty or Broken Glass
Handles, Locks & Hinges etc
For UPVC Windows & Doors

Covering all the
North Norfolk area
01692 405504 or 07774 501174


COLOUR SERVICE ADVERTS NOW AVAILABLE

Call PETE on 07818 653720 or 01263 768019 Email advertising@rosevillapublications.co.uk

L W P Lee West Plumbing & Heating
Your local expert Plumbing & Heating Engineers

- Worcester Bosch Accredited Installers
- Up to 12 year Guarantee on Boiler Installs
- Boiler Servicing, Power Flushing of Heating Systems
- Underfloor Heating Specialists
- Air Source & Ground Source Heat Pumps
- Bathroom, Wet Room & Kitchen Designs including 3D Images
- All plumbing work carried out

Payment accepted
by debit/credit card

01692 402592
07968 195589
www.lwplumbingheating.co.uk
lwpl@live.co.uk

GRIFFIN 
AUTOMOTIVE
 VAUXHALL SPECIALISTS
 SERVICING, REPAIRS & MOT PREP
 FOR ALL MAKES AND MODELS
 30 Mundesley Road, North Walsham NR28 0DB
TEL: 01692 406272

DAVID CORK
 Manufacturers & Installers of High Quality
PVCu Windows, Doors & Conservatories
 Supply only, Supply and Install
Fascia & Guttering
 FENSA reg Company ~ 10yr Guarantee
 Phone for No Obligation Quotation
 Tel/Fax: **01692 403313** mob: **07789 724242**
 email: dcorkwindows@gmail.com

**DON'T FORGET
TO MENTION
THE NORTH
WALSHAM TIMES**
**WHEN RESPONDING TO
SERVICE GUIDE ADVERTS!**

tf **thomas frostdick**
 COMPUTER SERVICES
for all your computer needs
 virus & spyware removal / repairs / broadband setup
 networking / pc health checks / software installs
 blue screen of death / bespoke programming
 please call for assistance
 tel: **07500 062825**
 email: **thomas@tfcs.co.uk**
 www.tfcs.co.uk

R Bell Tree Services
 ■ All Aspects of Tree Work Undertaken
 ■ NPTC Qualified and Insured
 Tree Surgeons
 ■ Hedge Trimming & Stump Grinding
 ■ 24hr Emergency Service
 ■ Free Quotations
 ■ Supplier of Kiln Dried Firewood
Tel: 01692 409080
 Visit us at **www.rbelltreeservices.co.uk**
 6 Cornish Way, North Walsham, Norfolk, NR28 0AW

AB SATELLITE & AERIAL SYSTEMS
 Sky Digital, Motorised Systems, Multi-point TV,
 Home Cinemas, House moves,
 Realignments, TV aerials,
 Telephone work - ex BT Engineer
 Approved fitter for JB Postle & Sons
Freeview SATELLITE
For free estimates call Andy
 tel: (01692) 651528 mobile: (07776) 304615

ALL ROOFING
 Complete Re-Roof and Roof Repairs
 All Tiled roofs ~ Flat Roofs
 Lead Work, Fascias & Guttering
 All General Building &
 Household Maintenance
 Competitive prices - Friendly personal service
Call Kevin for a free quote
07506 117658 or 01692 648984

www.flooringandblinds.co.uk
SHAUN ATTEW
FLOORING AND BLINDS
 CARPETS • VINYL • LVT • LAMINATE
 VERTICAL • ROLLER • VENETIAN • PLEATED
Home Selection Service
T: 01692 403246
M: 07859 023594
 E: info@flooringandblinds.co.uk


Chimney Sweep
01263 669012
07747 021862
 dashingsweep@gmail.com
 www.thedashingchimneysweep.com
 f i
HETAS  **Rodtech**
 Approved Sweep

M.C PAVING & LANDSCAPES
DRIVEWAYS **FENCING**
PATIOS **TURFING**
PATHS **DRAINAGE**
BRICKWEAVE **GARDEN WALLS**
CONCRETING **SHED BASES**
DECKING **DIGGERWORK**
15 YEARS EXPERIENCE
01263 649709 07884493604

WillDo Electrical
 North Norfolk Domestic Electrical Contractors
 New Installations • Condition Reports
 Lights • Sockets • Consumer Units
 Power Supplies • Data Cabling & More
 Fully Qualified & Insured • Free Estimates
07970 363968
 willdoelectric@gmail.com 

Quality Kitchens
supplied & fitted (not flatpack)
including wheelchair friendly designs
*Get a quote before you buy a B&Q kitchen-
you will be surprised*
 * Free design work
 * Choose in your own home
 * Top quality floor and wall tiling
 * **Bathrooms fitted**
 * We will fit customer supplied kitchen
 and bathrooms
 * Highest quality craftsmanship
 * All work guaranteed
 * Any size of work undertaken
 including subcontract
 * Friendly, reliable service
Call CARL on 01692 406542
 or **07831 250627** daytime or evening
**PYRAMID 2 FOR ALL YOUR
RENOVATIONS AND PROPERTY REPAIRS**
PRICE EXAMPLE:
 APPROX. KITCHEN SIZE 2m X 2.5m
 Rigid (not flat pack) base units, rigid wall units, pelmets
 cornices, plinths, fillet pieces as required,
 worktops with butt and scribe ("Invisible") joints,
 stainless steel 1.5 bowl sink, mono mixer tap,
 stainless steel extractor chimney, oven and hob.
**SUPPLIED AND PROFESSIONALLY FITTED,
from only £3650**
WANT TO FIT YOUR OWN KITCHEN UNITS?
WORKTOP ONLY FITTING SERVICE AVAILABLE.

Chris Ryan
Painting & Wallpapering
Established 30 years
Prompt and Professional
01692 631194
07758 127983

**To advertise in
this magazine**
Call PETE on
07818 653720
01263 768019
OR EMAIL
advertising@rosevillapublications.co.uk

Slimming  the future
of slimming
 North Walsham Slimming World Group
St Nicholas Church, Market Place
North Walsham, NR28 9BT
Mondays 10am & 11.30am
Wednesdays at 4pm, 5.30pm & 7pm
 Call Karen on **01603 405536**

ROUGHTON HAND
CARWASH
AND VALETING CENTRE

TELEPHONE: 07826 642458

GROVELAND FARM SHOP,
THORPE MARKET ROAD, NR11 8TB

Luke Holden Carpentry
Local friendly tradesman
External and internal work,
including decking, door hanging,
skirting, flooring, dry walling,
stud work, kitchen & home renovation,
tiling and more.

Free quote call: 07701 054734
lhcarpentry801@gmail.com

BLK SERVICES

- Property Maintenance
- Painter and Decorator
- Landscape Gardeners
- Patios and Driveways

Property Maintenance,
Groundworks & Landscaping

07393 580395
blkservicesnorfolk@gmail.com
www.blkservices.com

**To advertise in
this magazine**
Call PETE on
07818 653720
01263 768019
OR EMAIL
advertising@rosevillapublications.co.uk

Gardening Services

We will do general gardening, cutting
grass, weeding and planting etc.

We have a wide range of plant
knowledge, with over 16 years experience

Call 07887 604723

**DON'T FORGET
TO MENTION
THE NORTH
WALSHAM TIMES**
WHEN RESPONDING TO
SERVICE GUIDE ADVERTS!



FREE Train Rides in Cromer

Cromer Miniature Railway is a new attraction for Cromer located next to the Amazona Zoo in Hall Road Cromer. The ride on railway is a 7 ¼ inch gauge being built, run and staffed by volunteers and still under construction. There is free parking in the Zoo car park. Local mainline rail stations at Cromer and Roughton Road.

FREE rides will be available every Tuesday and Saturday between 11am and 3pm from now through to mid-September (weather permitting). We will also open from Friday to Tuesday for each Bank Holiday plus other dates will be announced

throughout the Summer, see our Facebook page for latest news and updates.

Cromer Miniature Railway accepts Donations to help the club continue its aim for a much larger layout and will be gratefully accepted. We are also looking for adult volunteers to join our club. See our website for details: www.cromerminiaturerailway.co.uk



FireDance gives 'A Nod to Nature'

This month FireDance VP features Roger Anthony's photographic portfolio - 'A Nod to Nature'.

All of Roger's pictures were taken locally and include brilliant examples of his talent for selecting eye-catching views on a wide variety of the nature that surrounds us all.

Included are birds, flowers, trees, fungi, spiders, reeds and raindrops, mists and sunshine, to mention just a few.

All have been carefully enhanced by Roger to fully exploit their individuality and to demonstrate his wonderful talent in producing a stunning collection of enthralling photographs.

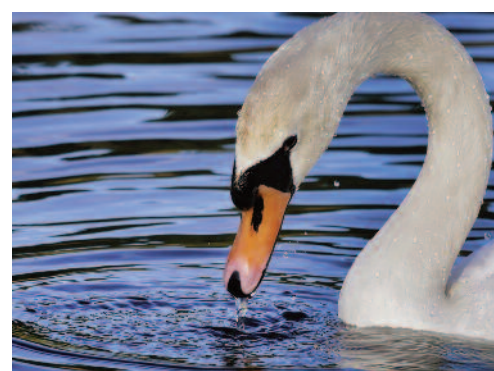
FireDance VP is a Viewing Platform featuring one photographer each month, giving each the opportunity to showcase a single subject that just they have chosen.



To see Roger's complete portfolio, visit firedance-vp.weebly.com where you will also find additional portfolios from previous months.

FireDance VP is open to all who take photographs, irrespective of how these are achieved.

If you have a subject you'd like to feature on FireDance VP, just e-mail firedancevp@timfolkes.com



NORTH NORFOLK STUDIOS

The Biggest Open Studios Event in Norfolk Celebrates a Bumper Year
Thousands of visitors flocked to the county's biggest open studios event to enjoy a behind-the-scenes look into how and where artists work.

With more than 170 artists taking part, visitors from far and wide - including Berlin and Vienna - explored North Norfolk Studios and the diverse and rich landscapes of the area which have been an inspiration to artists for centuries.

Alex Boardman of North Norfolk Studios said: "A huge thank you to all the amazing artists who took part in celebrating this year's North Norfolk Studios.

"And we'd be nowhere without all the lovely visitors who came from far and wide. Especially, to those who book their holidays each year to coincide with the open studios. We're looking forward to an even grander North Norfolk Studios in 2027, watch this space."

The event is spread over 14 areas of North Norfolk, helping visitors to plan day trips around several studio locations and artists they already love or ones they have yet to meet and chat.

Artist Kate Munro, who is based in the Corpusty area, is a sculptor and metalworker. She said: "This has been the first year I've taken part in North Norfolk Studios, and it has been a thoroughly excellent experience for me. I've had so many conversations with over 140 lovely visitors, sold many pieces and have commissions to last a good few months. It has opened up very many exciting doors for me, and I will definitely take part again next year!"



Credit: Kate Munro

North Norfolk Studios is a unique opportunity for visitors to browse and buy directly from artists in their own creative spaces, while also picking up inspiration along the way.

Artist Cora Mullenger is based in Sheringham, she said: "It's such a lovely experience opening up my studio, and welcoming visitors into my creative area. Sharing the stories behind my paintings, what inspires me, showing people the mediums I use and talking about how I use them.

"My visitor numbers increased by 30%, my sales quadrupled and I had lots of sign-ups for my classes! But it's not about the numbers, it's about the people, meeting folk from the village I don't usually see, welcoming back folk who came last year, holiday makers from other areas of the country and all of us discussing art and the Norfolk landscape."

To keep up to date with plans for 2027, and to take a look at the artists who took part visit
<https://www.northernorfolkstudios.co.uk>

Swallows Coffee Shop

Vegan
Gluten-Free
&
Dairy-Free
Friendly



Light
Lunches
&
Delicious
Cakes

Eat In or Take Away

Brentnall House 32 Vicarage Street
North Walsham NR28 9DQ

REGGIE'S FARM SHOP

AND FRESH FRUIT & VEGETABLE MARKET
AT NORTH WALSHAM GARDEN CENTRE

Open Wednesday to Sunday 10am-4pm

Easy Parking and Excellent Value

LOCAL Strawberries & Raspberries

LOCAL New Potatoes, Sweetcorn

Cherries, Dates & Dried Fruit

30 Free Range Eggs £6.99, & Duck Eggs

Peaches, Nectarines & Apricots

Spanish Navel Oranges, Sweet & Juicy Easy Peelers

Norfolk Pure Apple Juice £3.50 750ml Bottle, 2 for £6.00

Local Honey, Homemade Cakes, Pastries & Fudge

Homemade Jams, Marmalades, Chutneys & Pickles

f

always check Facebook for all our everyday deals

Norwich Road, North Walsham, NR28 0DR



NORTH WALSHAM CAR SALES

PART EXCHANGE YOUR VEHICLE TODAY



We are a car sales company located on North Walsham Garden Centre

** £500 minimum trade in value on any vehicle**

FREE HOME DELIVERY ACROSS NORFOLK

01692 434685

07384 697607

info@northwalshamcars.co.uk

We also
buy cars!

Unit 7 Rosecentre Retail Park,
Norwich Road, NR28 0DR

WANTED

Any original items of Second World War Homefront / Norfolk / RAF / ARP / Home Guard items or memorabilia for a new display at the RAF Marham Aviation Heritage Centre opening this summer. Tel 07919 182990

Any donations of wool gratefully received. Whatever we receive will be knitted into baby hats to donate to the Norfolk and Norwich Premature Baby Unit or hats and gloves for the Christmas Shoebox Appeal. Please call 07796638020 or email sal-lylee35@hotmail.co.uk

Old railway items always wanted for small museum, particularly tickets, lamps, loco items, station signs, cast iron or enamel notices etc - local items particularly sought. Chris 01508 494204/07966 066563
Any bits from crashed planes, Second World War etc, information on crash sites or anything related for Aviation Heritage Museum based at Frettenham Tel Ken 01692 406943

Wanted, your unwanted wool for Norfolk (Sheringham) Knitters, can be left at Sheringham Library or contact Kate Davis on 01263 824781

Wanted by collector 00-gauge N gauge Railway / dinky toys, buildings anything considered cash/instant Bank transfer 01362422451/ 07747 097798

Records 45s 78s and LPs cassettes, Computer/Console Games also CDs singles only all considered Tel 01692 405756

Wanted: Domestic and DIY Electrical items for resale at the PACT shop North Walsham. Please drop them off during normal opening hours. 25 Market Place North Walsham. 01692 407163

Air rifles wanted for restoration. Any condition, rusty or not working. Contact R. Shorten 01603 720400

Wanted: Vintage Football Sporting Memorabilia, Football shirts, programmes, Sticker Albums, card collection and any other football related items. Pre 1999/2000 wanted by collector. Please call/text 07966169335 or email massing-hamkeith4@gmail.com

Myford Lathe with equipment. Any condition considered. A small bench milling machine, required by retired engineer. Any make, model, or condition considered. 07754 799803

Wanted: Builders Bags with loops at each four corners, will collect from most places! John 07969 219411

Wanted: Cromer Pier Show souvenir programmes for years 2021 & 2022, also 2020 if one was printed. Contact Arthur on 07505 703996

Wanted: Small wheel bicycle, i.e. Dawes king Pin, Puch Picnic, fold up or rigid frame, Holt. 01263 713044

FOR SALE

Pretty white a gold king-size brass bed, £70. Comfortable mattress, slightly water stained but free, with free mattress protector. Buyer must dismantle and collect. 07798 706437

FREE UPvc white door and frame fit opening 85x206cm double glazed top panel. Excellent condition. Collect yourself. North Walsham 07916 110881

Nearly new transit wheelchair. Motion Healthcare Magnelite, lightweight. Grey/black. Arms fold for easy slide transfer to and from chair, folding handles, removable footrests. Excellent condition. £90. 07791 461944

Almark Clubmaster Bowls size 0 medium, bag & measure included. Also size 5.5 shoes if required. £40. Cromer 01263 513270 / 07463 897241

Bed frame, double (135cm x 190cm), wooden (Teak stain). VGC, made by Warren Evans, wood from sustainable forestry, buyer to collect, Holt area, £25. 07900 448034

Bird table. 145cms height, 50 cms width. Very well made and will last for years. Free on collection, but a donation to a local charity would be appreciated. Phone before 6pm 07956 628149

Belling gas double oven & grill, £75. Measurements width 59.5cm, height 88.5cm, depth 55cm. Can send more info & picture on WhatsApp. Collection Fakenham. 07855 021684

2 green reclining garden chairs. £50 the pair. Please leave a message and number. 01263 649761

Want to download your old slides and negatives to your PC or laptop? Hardware, software and instructions provided. Only £20. 01263 512232

Two Electric hedge cutters selling as a pair not used still in boxes: Parkside manufacture. Electric Hedge Trimmer. Cutting length 600mm (23.5 inches) 600w power. Florabest manufacture. 2-1 Long reach Hedge Trimmer and Pruner. 900w power. Cutting Length Hedge Trimmer 41cm (16.25inches). Pruner length 26cm (10.25inches). Price for pair £50. Collection Holt. 01263 710741

3 pairs ladies size 3XL Everstride compression socks never worn, online sell for £20 pair, 3 pairs for £15. Cash. 07765 113075

Two cd racks £22 ono One wet suit plus shoes £80 or near offer. 01263 823358

Golfer's Electric Trolley by Powercaddy. Lithium Battery. Very Good Condition. Folds down for ease of transport. Can text photos and can deliver in the Holt/Fakenham area. £150. 07791 969095

Curtains from The Range. Eyelet natural colour, thermal lining, 90" wide 86" drop, £15 Fakenham, 07769 800360

Mobility Scooter Eden Roadmaster Plus 4/8mph. Path and road compliant. Immaculate condition, little use, garaged, with charger. Bargain for quick sale. £300 (no offers). 01692 500776

PlayStation £20. Gift card bought from Argos needed to exchange for Xbox gift card, but Argos would not exchange, selling for £15. cash only please. 07979 075445

Fishing shelter: brand new, unused. Quickfish 60 inches. Fox fishing chair. Well used, but in good working order. £50 for both. 01328 822548

Prestige lightweight walk and rest shopping trolley, latest model, strong seat, navy tartan. Adjustable height handles, hand brake operated, exterior pockets. UK made. VG condition. £25. North Walsham. 01692 405812

Ladies golf clothes. Three skorts, size 12 £10 each. Four sleeveless polo shirts, size M £5 each. Blue and white dress M/L £10. All as new. 07956 347293

Barbour Boarder wax jacket. Vintage 80s Men's C42 pre-owned £25. Golf push/pull fold up golf trolley ideal for travelling £10. Telephone after 4pm 01263 710616

Stressless "Reno" reclining chair. Green leather. Unmarked. £300 ono. Buyer collects. 01263 715955

Miele cat and dog vacuum cleaner TT5000 with attachments. (Not upright type and is a plug-in model). Good working condition. £20., North Walsham 07971 342131

Hawke Nature Trek 8x42 binoculars with case. Good condition. £169 new will accept £50. 12 assorted size Lilliput Lane cottages £15. Edwardian Captain's chair very good condition £95. Can deliver. 07910 520959

Steel car ramps with extensions £35. Genuine Ford KA Plus MK3 rubber boot liner tray 2016 on £20. Einhell circular saw 66mm cutting depth £15. Sheringham 01263 826834

Aluminium Double extension ladder. 2 x 12 rung lengths, each 11 feet/3.35 metres long. Good condition, kept in garage. £85 Buyer collects Sheringham. 07470 704658

2 tea chests, £10 each. 07444 215970

Rechargeable Vax Blade 2 stick Hoover, very little use, £30. Selection 1000-piece jigsaws, £3 each. Garden spade, £10. Digging fork, £10. Fishing rod, £20. Fishing reel & spare spool, £10. Landing net pole, £10. 4 Metaposts + posts, 2x2", £20. 01692 402961

Pinewood bed in three sections, 4ft 6ins, strong structure and good condition, requires mattress, £55 or near offer. North Walsham 01692 405070 or 07796 065916

1 single fold-up bed, no mattress £10. 1 single fold-up bed-possibly requires a new mattress required, £15. 01263 513727

Aluminium extension ladders full size double socket, £ 32 rungs, 2 x 4 m, £65. Outdoor 40 m clothes dryer incl. new metal socket, £5. Mazda MX-5, 8 spoke silver alloy wheel, £60. Blakeney 01263 741957

Bespoke wooden dining chairs Qty-6 hand crafted by Peter Tree, Fulbeck. Classic fan spindle back £300 (set). Matching dining table (additional) must be seen. Cromer 07768 805670

Curry's tabletop freezer H 51cms x W 45cms x D48cms. Clean; good condition. £20 or near offer. West Runton 07776 450305

Sara Miller Green Birds Portmeirion teapot unused gift boxed £35. Plumstead. 01263 577433

Outdoor foldable/adjustable sunbed recliner, blue, (flat bed type) never used in original packing box, £20, Sheringham 01263 824211

Extending teak oval dining table (160cm to 200cm) with four chairs. £100. ono. Buyer to collect. North Walsham 07543 208544

Large patio table, glass top 1m x 1.7m metal frame 75cm high, inside or outside use, good condition £40 ono. 01263 720966

Pink & white vintage style ladies' bike. Italian make Torpedo, 3 speed, dynamo, rear carrier, front basket, plus pink/grey helmet. Hardly used. All for £50. 07951 657950.

14 porcelain paving slabs, new Royalstone Everest Crema 1200x20mm, frost resistant R11 antislip, £140. Aluminium 2-stage h.duty ladder, extends to 7.2m, 37cm wide. £45. Metal garden seat, h.duty 1 1/4" tubular frame, shaped mesh welded to form high back. H 95cm, D 84cm, W 189cm. £80. Fakenham. 07914 100086

Sofa Sofa (Oakridge) beige sofa, loose covers, nice condition, 2-seater, £70 cash. 07469 933895

Set of 9 blocking mats from 1' square to 3' square. Never used, £10. Sewing or craft box, 15"x10"x8" with handle and removable tray, never used, £10. Quilted cotton fabric bag, 15"x16", owl design, inner zipped and outer pocket, never used, £6. 07493 390502

Pair of light tan Caprice sandals, size 5 1/2. Wedge heels, worn once. £12. Please message for photo. 07785 638904

Border fork, lawn rake, leaf rake, Dutch hoe, yard broom, plastic brush & pan, £15 the lot. 1500-watsingle boiling ring (new?), £20. 43" adjustable fabric chair with wooden arms, £20. Lockable wheeled suitcase, £20. Small wheeled shopper/bag, £4. Holt. 01263 710067

Gazebo approx. 8'x8", used once. £20. 01692 403800

Lawn mower Flymo Easi Glide 300v with grass Box, good condition £25, Tel 07534 999273

*All advertisements are accepted in good faith and the Publishers are in no way responsible for any faulty or misrepresented goods.
FreeAds are printed on a first come - first served basis and Publication cannot be guaranteed*

Sheringham and District Society

Our next Coffee Morning is on Thursday 30th July where Barbara Emery will give a talk on The Montessori Movement in Norfolk. We are back at St Andrews Methodist Church Hall, Cromer Road, Sheringham - doors open at 10am for coffee, tea, homemade cakes and a good catch up with friends with the talk starting at 10.30 and lasting around an hour.

We are finding it difficult to open daily from 11am to 3pm in the Fishermen's Lifeboat Museum due to a shortage of volunteers. A typical shift is two hours, either 11-1 or 1-3 so if this might be of interest to you, please contact: secretary@sheringhamsociety.com



KEEPING
HISTORY
SAILING

A Wherry Merry Night at The Museum

Wherry Yacht Charter is collaborating with both the Museum of the Broads and How Hill Trust to bring a

unique opportunity to enjoy the very best of the Norfolk Broads for one week only this July.

Starting on Tuesday 14 July, one of the three remaining wherry yachts will be stationed at the Museum of the Broads, Stalham. Guests can book a two-hour experience that offers a full package: a sail on a wherry yacht to Barton Broad, a ride on the museum's steam launch Falcon or electric launch Marsh Harrier, and access to the museum itself.

Tickets are on sale now for just £38 per person at www.wherryyachtcharter.org. The wherry will remain at the museum through 15 and 16 July, available for viewing free of charge.

On Thursday 16 July, A Wherry Merry Night at The Museum promises an exclusive evening of fun at the museum from 5pm onwards. A Wherry Yacht will be open for tours and fifty-minute boat trips will be offered on Falcon or Marsh Harrier, followed by musical entertainment from the wherry charity's resident lounge singer, Andy G.

Delicious, freshly baked pizza from Monzu Pizza will be available to purchase on site, and a bar will be close at hand.

Tickets cost £12 per person, and places are limited, so early booking is advised at www.museumofthebroads.org.uk.

Saturday 18 and Sunday 19 July see the return of the ever-popular Wonder of Wherries event. This year it will be hosted at the majestic How Hill, just outside Ludham, and, due to overwhelming interest, will run for the full weekend.

All five wherry yachts and pleasure wherries will come together, making for a spectacular occasion on the staithe. Short sailing experiences will be offered from 10am daily on the wherry yachts for just £15 per adult or £7.50 per child. Three-hour Cake & Sail experiences will run both morning and afternoon on the pleasure wherry Ardea for £45, which includes tea, coffee and, of course, a delicious selection of cakes. Advance booking is highly recommended to secure your place at www.wherryyachtcharter.org.

The beautiful Egyptian-themed wherry, Hathor, will also be available for the public to view free of charge, although small donations to support the maintenance of these historic vessels are always welcome.

How Hill House will be open to explore, including its beautiful gardens. There will be live musical entertainment in the grounds, together with various stalls selling the best of Norfolk produce, arts and crafts.

To bring the celebrations to a finale, **Sunday 19 July** will feature special guest performances on the staithe from Sirens of the Helm at 3pm—Norfolk's only female shanty group—and vocalist Sandra B at 5.30pm, entertaining audiences with musical covers spanning the decades. This entertainment is free for all to enjoy.

WYC Trustee Director Judith Keogh says: "Wherry Yacht Charter is indebted to the support of both the Museum of the Broads and How Hill Trust. We are especially grateful to all the wonderful people who are supporting our charity this summer. I urge members of the public to join us at How Hill to celebrate our wherries in such a stunning riverside location. Bring a picnic, and hopefully the weather will be kind to us! There is no charge, but donations towards the charity's running costs are always welcome."



Kelly Clarke

MOTOR SERVICES LIMITED



01692 405495



Your One-Stop Garage

HUNTER
WHEEL ALIGNMENT

Air Conditioning

Re-gassing, Service & Repair

Electronic Diagnosis

Servicing - Tyres - Batteries

1 Cornish Way Business Park

North Walsham

Norfolk

NR28 0FE



GOFF HEATING OIL

Deal direct & save on your heating oil

Get a quote
Call our team
01953 713555
or order online

Sheringham Ramblers Walks July - August 2026

All walks commence at 10.00am unless otherwise stated.

If you wish to bring a dog on any walk, please contact the Leader beforehand.

Please check our website for further details and any last-minute changes. (<https://www.ramblers.org.uk/go-walking/ramblers-groups/sheringham-district-group>)

Interested in joining the Ramblers? – come along for a taster walk.

Sunday 19th July: 5.5-mile circular walk led by David commencing from Pretty Corner top car park just off the A1082 near Sheringham.

A circular walk around woodlands, the Beckhams & Sheringham Park. Nearest Post Code NR26 8TW. Free parking.

Walk Difficulty: Leisurely.
Contact: 07917 866775.

Wednesday 22nd July: 5.3-mile walk led by Tina and Julia commencing from Blickling N.T. main car park and follows well established footpaths through the park, passing by the lake, wooded areas and open grassland.

Very short road walk from parkland, crossing the road twice, once to grassed area leading to pump station and secondly to St Andrews church. Toilets and refreshments available.

Nearest Post Code NR11 6NJ. Blickling Hall N.T. car park is free to N.T. members, else a car park charge applies.

Walk Difficulty: Leisurely.

Contact: 07925 589962 (T) / 07766 516476 (J).

Sunday 2nd August: 7.8-mile Aldborough – Hanworth circular walk led by Graham commencing / parking at Aldborough Community Centre car park.

Lunch, snack, drinks stop halfway.

The walk takes us around Aldborough then on to Thwaite Common, Alby Hill, Hanworth Common and back to Aldborough.

Nearest Post Code NR11 7NN.

Walk Difficulty: Leisurely.

Contact: 07957 813862.

Charity Dog Show

Our charity dog show was held on Monday 25th May at The Lighthouse Inn

We would like to say a big thank you to those people who have sponsored and made this event possible and we raised £215.

J.J.S Empowerment CIC (The Boys)

Fitness with Jemma

Baub-o-litious.

Jane the Dog Groomer in the Broads who has donated a £40 groom for the overall winner.

Loraine Bidewell Zumba

Forge Swimming Pool

Aqua Zumba with Jo.

Sam's Pets for their very kind donations.

And lastly, we would like to thank everyone who helped and volunteered, Animal Magic for coming along, and to The Lighthouse Inn for letting us use their venue.



Youth Basketball



returns to
Erpingham
Multi-Use Games Area
this Summer!

FREE Taster Session **Saturday 11 July**

then every Saturday from 25 July to 5 Sept
(Just for fun - come to as many sessions as you can)

Games / Tuition for Beginners **and** Experienced Players

10 - 11am if you're in school **Years 1- 6**

or **11am - 12noon** for **Year 7** upwards

More info: erpinghammuga@yahoo.co.uk or **Just Turn Up**

Erpingham Leisure Hub & Claire at **Norfolk Hoopstars** are making it happen!



Swash Nosh

Catering & Events

**Wakes, Weddings, BBQ's, Events,
Corporate & Commercial Catering, Food Van,
Children's Parties**

Over 25 years' experience

Based in North Walsham - contact us to discuss your requirements

www.swashnosh.co.uk
info@swashnosh.co.uk

07788 375453

Footie Quiz

- World Cup Special

- 1 Which is the smallest country by population to have won the World Cup?
- 2 Which country has been host more than any other?
- 3 Which is the next smallest country by population to have been runners up in the Final?
- 4 Which country has reached the Final 3 times, only to lose all?
- 5 At the time of writing (June 28th), which England players have scored most goals in the World Cup Finals tournaments (qualifiers don't count)?
- 6 Not counting 2026, which 3 players have scored 10 goals or more in a single WC Finals tournament?
- 7 In what year were substitutes first allowed in the World Cup finals?
- 8 Which is the only club to have had two of the England World Cup 1966 winners as managers?
- 9 After the 1986 World Cup finals which club did Gary Lineker join?
- 10 Who has scored the fastest goal in World Cup history in the finals? Pictured



**Answers are upside down in this issue elsewhere
- No cheating!**



NORTH NORFOLK PLASTICS LTD

Unit 1A Middlebrook Way, Cromer, NR27 9JR

Don't compromise go Composite

- A front door speaks volumes about a property
- 25 different designs to choose from
- Thirteen door colours
- Multiple Glass designs
- Thermal efficient
- Secured by Design



FOR YOUR FREE NO OBLIGATION QUOTATION
CALL 01263 512911

NORTHNORFOLKPLASTICS@GMAIL.COM

UPVC WINDOW, DOORS, CONSERVATORIES, FASICA, SOFFITS AND GUTTERING. CERTAS REGISTERED COMPANY

CECILAMEY.CO.UK



HIGHER, FASTER, FURTHER!

Prescription Sports Glasses and Sunglasses



33 MARKET PLACE, AYLSHAM 01263 734307
10 APPELYARD, HOLT 01263 889420



CECIL AMEY

*Looking Good!
Heaving Well!*



THINKING ABOUT MOVING?

As a small independent Estate Agents we pride ourselves on our specialist understanding of our local market and our efficient and effective people-first focus

Our friendly and approachable team can advise and support you through every stage of your sale and/or purchase

Give us a call, send us an email or pop into our Market Place office for a chat . . .



North Walsham £260,000
Extended 3-bedroom end of terrace home offering stylish, move-in-ready living, open-plan living room/diner, well-equipped kitchen. Outside provides ample parking, attached garage and a pleasant split-level garden. Energy rating C 70.



North Walsham £230,000
Modern mid terraced 'Norfolk Homes' house enjoying pleasant edge of town position, two bedrooms, cloakroom, kitchen/dining room, conservatory, gas c/heating, d/glazing, brick garage and enclosed garden. Energy rating tbc.



North Walsham £350,000
Spacious link-detached house in corner plot, built by Hopkins Homes in 2018, four bedrooms (one ensuite), 18'2 kitchen/dining room, 18'2 living room, good size enclosed garden, car port and brick single garage. Energy rating B 83.



Felmingham £230,000
Ex-local authority semi-detached house in village location, would benefit from modernisation, 3 bedrooms, 2 reception rooms, rear garden and large driveway to front providing off road parking for several vehicles. Energy rating E 48.



North Walsham £249,500
Modern detached bungalow set slightly back from road, 2 bedrooms, 16' lounge/dining room, uPvc conservatory, built-in storage, under-floor heating, d/glazing, car port and small enclosed garden. No onward chain. Energy rating C 74.



North Walsham £155,000
Two bedroom property featuring a ground floor kitchen/diner, first-floor living room, and family bathroom, small external storage area and one allocated parking space, set within a pleasant residential location. Energy rating D 59.

Check us out Online . . .



YOUR PROPERTY, PRESENTED PROPERLY!

£1000 Off our standard fee with this advert.



01263 800279



northnorfolk@pymmand.co.uk



4 Melbourne Road, Sheringham, NR26 8EF

Pymm & Co

Estate Agents, Lettings and Auctions

Pymm & Co would like to inform you that if you are currently engaged in a contract with another estate agent, you must adhere to the terms of the contract to alleviate potentially paying two sets of fees. Our standard fee is 1.25% + VAT and the discount is subject to a minimum fee of £1995 + VAT.