September
2026

The Holt Chronicle

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THE HOLT CHRONICLE

The deadline for the October Issue is noon MONDAY 28th SEPTEMBER
The next issue will be published on 9th October 2026

Your local Editor for Holt Chronicle is Jo 01263 821463
Email **Editorial (or Billboard Ads)** to **info@holtchronicle.co.uk**
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Remembering Snowball





We would like to sincerely thank everyone who came along to pay their respects and support our family on the day of John Hubbard's (Snowball's) funeral. It meant so much to us to see so many familiar faces there to say their final goodbye.

Snowball was a true character of Holt town and someone who certainly made an impression wherever he went. He had a personality that was impossible to forget, and his humour, stories and larger-than-life character will be remembered fondly by everyone who had the pleasure of knowing him. It was lovely to see how many people cared for Snowball and how many wonderful memories he has left behind.



He will be deeply missed by his family, friends, and by so many people throughout Holt and the surrounding community and his absence will certainly be felt around the town, as well as his well-known robin reliant.

Thank you once again to everyone who attended his funeral, sent their condolences, shared memories, or supported our family in any way; it was a fitting farewell for a truly unforgettable man.

Sophie Cook & family

A Note from the Editor



Autumn is upon us and we hopefully have some more comfortable weather to come. I was surprised how quickly everything in the garden revived after we had some rain and things are feeling a bit more normal.

With the summer over and the children back to school there are still things to look forward to, the main one this month must be The 1940s Weekend which will take place between 18th and 20th September. Whether you enjoy the vintage vehicles and trains, getting dressed up in your vintage outfits or simply wandering around Sheringham and Holt, soaking up the sights, sounds and atmosphere. There is something for everyone, adults and children alike.

This month is also the Macmillan Coffee Morning, officially Friday 25th September, although local events may vary. Look out for a coffee morning being held near you to enjoy some treats and raise some money at the same time.

Whatever you are doing this month, enjoy your magazine.

Jo – editor.

Here are the deadline dates and publishing dates for the next 3 magazines:

Month	Copy deadline	Publishing date
October	Monday 28th September	Friday 9th October
November	Monday 26th October	Friday 6th November
December	Monday 30th November	Friday 11th December







HOLT COMMUNITY CENTRE

01263 713427
holtcommunitycentre@gmail.com
www.holtcommunitycentre.org

Holt Community Centre is a registered charity no 1046613

WHAT'S ON

SEPTEMBER

Sunday 13
Malcolm's Tea Dance
2pm - 4pm | £5 including refreshments
Sequence, ballroom, latin and line

Tuesday 15
John Jarvis' Memory Swap
2pm - 4pm | Free entry
Donations greatly appreciated

Friday 18
Holt Society Talk
Doors 6:30pm | Starts 7pm
Tickets £4 if booked in advance

Friday 25
An Autumnal Encore
Variety show by John and Mike
Doors 6pm | Starts 7pm
Free entry | Donations welcome

Saturday 26
Dynamite and Dinosaurs Band
Doors 8pm | Starts 8:45pm
Tickets £5 | Support act too!

OCTOBER

Wednesday 14
Cash Prize Bingo
Doors 6:30pm | Eyes down 7:30pm

Saturday 17
Queen Tribute - Hammer to Fall
Doors 7pm | Starts 8pm
Tickets £10 | Online | HCC
We sold out last time, get yours now!

Friday 23
Holt Society Talk
Doors 6:30pm | Starts 7pm
Tickets £4 if booked in advance

Saturday 24
North Norfolk Card Show
10am - 4pm | Free entry

Saturday 24
Big Top Wrestling
Doors 6:30pm | Starts 7:30pm
Tickets | £12 Adult | £8 Child

See website for up-to-date details

HCC Projector Appeal: Thank You!

As many will know we had to hurriedly invest in a new projector – the previous one was living on borrowed time. We appealed for donations, and have been humbled by the amazingly generous response to our appeal. We are not going to name names – you know who you are – we just want you to know how hugely appreciative and heartened that Holt Community Centre and WCC have been by the generosity, support and encouragement you have shown.

Because of the amazingly generous level of donations received, it has been possible to not only go ahead with buying and having installed a fabulous new laser projector – with superb crisp, bright picture quality and an estimated life expectancy of 20,000 projection hours – but to fund some additional technical modifications to the wiring and rack. It has also made it possible to get quotes to replace the ageing and failing blinds with more efficient black-out. This is fantastic.

Beyond amazing individual donations, John Jarvis (whose 'Memory Swap' is another regular user of the equipment, which could not function without it) put on a special evening screening of his popular 'Memory Swap', which raised a further £400. John hopes that the evening will also have tempted some, who don't currently attend 'Memory Swap', to think about doing so in future (see below for details).

WCC Season Three: It's Almost Here!

On the strength of such an enthusiastic response to our previous two seasons, in which we shone the spotlight on some carefully curated gems of world cinema, we are running a third season, again hosted by Holt Community Centre and supported by Creative Arts East.

The club takes a break in December and again in February, but otherwise, films are shown on the last Wednesday of each month, between September and April.

The Season 3 programme is as follows

Perfect Days - Untouchable - Rams - Ida - The Eagle Huntress - The President's Cake

The first screening of the new season will be on Wednesday 30 September, when we shall be showing: Perfect Days, Japan, 2023, certificate PG, 2h 5m, Director: Wim Wenders. Hirayama feels content with his life as a toilet cleaner in Tokyo. Outside of his structured routine, he cherishes music on cassette tapes, reads books and takes photos. Through unexpected encounters, he reflects on finding beauty in the world.

Although on the face of it, this may seem an unlikely subject for an uplifting film, those of us who have already seen Perfect Days all agree that this is one not to be missed.

Season tickets – once again priced at £25 per person for the entire run of 6 films – can be purchased now, either in person from Holt Community Centre (payment by cash or card) or online via the Community Centre website.

This once again makes the cost of each film a ridiculously reasonable £4.16.

Season ticket holders are the backbone of this project. If you have purchased a season ticket previously, we do hope you will wish to do so again this season.

From the beginning of September individual tickets, priced at £6.50 per film, will be available online or in person from the Community Centre. Walk-in tickets should be available on the door on the night, but do remember that space is limited.

All money raised, after covering costs, will once again go to Holt Community Centre, which is a registered charity.

We do hope to see you on Wednesday 30 September.

John Jarvis' Monthly Memory Swap

Are you a long-time resident of Holt, perhaps even born and bred here? Or are you new to the town and would enjoy hearing and sharing memories and stories about Holt of the past, and North Norfolk generally?

Then why not come along to the 'John Jarvis Monthly Memory Swap' (usually on the third Tuesday of the month) from 2.00pm - 4.00pm, in the large hall of Holt Community Centre. John Jarvis shows archive films and photos and material from old Holt Almanacs on the big screen.

Perhaps you have memories to share and stories to tell about growing up in Holt, and the 'old days'. Perhaps you just like to be reminded and to remember.

Please do come along on Tuesday, September 15. We'd love to see you.

Forthcoming Events

Saturday 12th September
Heritage Open Day will be celebrated at Little Massingham Church from 10am - 4pm. Village Life and Work Through the Ages. There will be plenty to see including old photos of Little Massingham and the original bound copies of the old parish magazines, dating from 1908 to 1933! Do come along as there will be lots to discover. Heritage Open Days are free events!

Wednesday 9th September to Tuesday 22nd September
Blakeney Chinese Brush Painting Group - Autumn Exhibition at NWT Cley & Salthouse Marshes Visitor Centre – The Gallery. (NR25 7SA) Open 10am to 5pm daily. Original Paintings, Cards and gifts. Free entry to the Visitor Centre and Gallery. Car parking charges may apply to non-members of NWT www.norfolkwildlifetrust.org.uk

Sunday 13th September
Concert at Binham Priory at 7.30 pm with Intesa Duo. Intesa Duo, (viols and voice) presents "VOICES OF LAZZARO", a programme which combines a union between Armenian and Italian traditions. This is a candlelit concert. Tickets £20 from Wells Maltings Box Office, 01328 710885 (10am – 4pm), wellsmaltings.org.uk
For further information, go to www.binhampriory.org

Friday 18th September
Holt Methodist Church are holding their Afternoon Tea from 2-4pm at Holt Community Centre (The Venue). There will still be a wonderful selection of homemade cakes. PLEASE NOTE CHANGE OF VENUE.

Sunday 20th September
Folk at Weybourne Village Hall, NR25 7AH at 3pm until 6pm. Singers, musicians and audience all welcome. Join in the choruses or just listen. £2.00 entrance. Bring your own drinks/snacks if you wish. Tea/coffee available. 'Hotspot' this month from excellent local singer/songwriter/guitarist Peter Windsmill. Further details from Tony Baylis 01263 588781 or tonyandcarmen@btinternet.com or johnandpaulinemusic@gmail.com

Wednesday 23rd September
Macmillan Coffee Morning at South Creake Memorial Pavilion, NR21 9PD 10.00 a.m. to 12.30 p.m.

Saturday 24th October
St. Andrew's Church, Great Ryburgh NR21 0EB at 9.30 – 12 noon Ryburgh October Market: Books, plants, crafts and gifts. St. Andrew's Pantry open. Free entry. Details from: 01328 829413

Saturday 12th December
Fakenham Choral Society's Christmas concert will take place at 5.30 pm in Fakenham Parish Church. Tickets are £10, with under 18s free (but do require tickets) and will be available here: www.fakenhamchoralsociety.org/forthcoming-1



Come and take part in the inaugural Holt Duck Race with all surplus going to local charities and at least half of this committed to supporting Holt Primary School's project to refurbish its library. It's duck racing but not as you know it.

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Holt Town Council Report



Tourist Information Centre

Holt is very lucky to have its own Information Centre. We are incredibly thankful to our volunteers for running the centre and providing lots of useful information for locals and tourists alike.

If you have a local event or information you would like to share with the community, please send us a copy or pop in to see us at Nelson House. The centre is open Monday-Friday 10am-3pm and Saturday 10am-12.30pm.

Free Car Parking - Traders

A reminder that Holt Town Council offer free car parking for anyone working in the town, Monday-Friday, at Holt Football Club, off Kelling Road. The car park is a short 10-minute walk from the War Memorial. If you are interested in obtaining a free pass, please contact the HTC office.

Holt Youth Council (HYC)

The HYC met at the beginning of the summer and launched a successful Treasure Trail around Holt. The trail helped increase footfall in quieter areas of the town, as well as create a fun activity for younger visitors and residents. The Youth Council's next project is to create an Owl Trail for younger visitors and update the Open Spaces leaflet with a younger audience in mind. The minutes of the HYC are available on the council website.

Surveys – the results are in!

Holt Sunday Market

HTC wrote to all businesses in the town with a survey to better understand the impact of the market on businesses and whether there was support for the market to continue into 2027. The results showed great support for the market with 75% of businesses supporting the market, stating that the market improved footfall for their business. One business noted that although they are closed on Sundays, they still benefitted from increased sales, from returning customers the week following the market.

Holt Primary School

HTC carried out an online survey to better understand what influences parents' choice of Primary School. The most important factors for parents were class sizes and academic quality; the least important factor was whether the school has a religious or cultural focus.

Holt Resident Survey

Thank you to everyone who visited us for our open week back in April, our annual meeting in May and for the many responses to our resident survey. We have had some brilliant ideas which we have summarised below. Your feedback will help us form our Business Plan.

Getting in Touch and getting the latest Council News

- HTC Office, 2 White Lion Street, open 10am – 3pm Monday – Friday
- Email info@holttowncouncil.gov.uk
- Phone – 01263 712149
- Holt Library – Our Minutes from the HTC monthly meetings are available to read in the Holt Library.
- Website – visit www.holttowncouncil.gov.uk to read our agendas, minutes, reports and policies.
- Follow HTC on Facebook and Instagram for the latest Council news.



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Come & Sing Feel the Spirit

Sheringham and Cromer Choral Society's highly popular annual Come & Sing event takes place on Saturday 10 October at Lighthouse Community Church Sheringham. This all-day workshop will feature Sir John Rutter's glorious and upbeat Feel the Spirit.

Come and join us for a thoroughly enjoyable day's singing – whether you are an experienced singer or not you will be made very welcome.

The day will be led by Director of Music, David Ballard, together with renowned pianist Will Ferguson and mezzo soprano Jasmine Catherine.



The day commences at 10:00 am with distribution of scores etc. with singing starting at 10:30 am.

The event will conclude at 4:00 pm with a concert performance, which is free to attend and open to all friends and family.

There will be a retiring collection in aid of choir funds.

Tickets for the all-day workshop cost £16 which includes hire of the score for the day. Advance booking is essential.

Please register and pay at www.trybooking.com/uk/GSBQ

Full details including an outline programme for the day, refreshment arrangements etc. can be found on the Society's website www.sheringhamandcromerchoral.org.uk

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Corpusty & Saxthorpe Village Hall Events



Film night: Friday 2 October, 7pm:
The Christophers at Corpusty & Saxthorpe Village Hall

Local Church History Day: Saturday 10 October, 10am at Corpusty & Saxthorpe Village Hall.
Dr Brendan Chester-Cadwell will be leading a study day based at the village hall but visiting St Andrew's Church Saxthorpe, St Peter's Church Corpusty and St Peter's and St Paul's Church and the Tower Edgefield. He will discuss the changes in church design and usage - late 13th to 16th century.
An all-day event; £15 per person; bring a packed lunch; tea and coffee provided. Booking essential - email caroline.randell@hotmail.co.uk

Prize Bingo: Saturday 24 October 6pm at Corpusty & Saxthorpe Village Hall



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You Are Invited to a Tea Party

A traditional afternoon tea party is to be held in Blakeney Village Hall at 2.30pm on Saturday 3rd October to raise funds for Bowel Cancer UK. This excellent charity is leading the fight against one of the most common cancers in Britain, providing support and funding research.

In support of Bowel Cancer UK
Beating bowel cancer together

You are invited to a Tea Party

Join us for a delicious traditional home-made high tea, and support this important cause.
Enjoy a selection of scrumptious savoury and sweet delights made especially for you.



For more information and to book (essential), call or email Jill Tibbetts
01263 741082 - confidentcooking@aol.com
ALL proceeds to Bowel Cancer UK.
Reg. Charity no.1071038

The event promises a delicious home-made high tea with a wide array of savoury and sweet tea time treats. Tickets cost £25, with all proceeds going to the charity. A raffle with great prizes will also feature during the afternoon, and sparkling wine will be available to buy by the glass.

Almost everyone knows somebody who has been touched by bowel cancer, so this is a great opportunity to raise money for a truly deserving cause.

Tickets are on sale now from Jill Tibbetts, on 01263 741082, or at confidentcooking@aol.com. Advance booking is essential.

Please do share the invitation with friends and family.

BOOKS PURCHASED

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(old or new) you wish to dispose of?
Are you clearing a house containing books?

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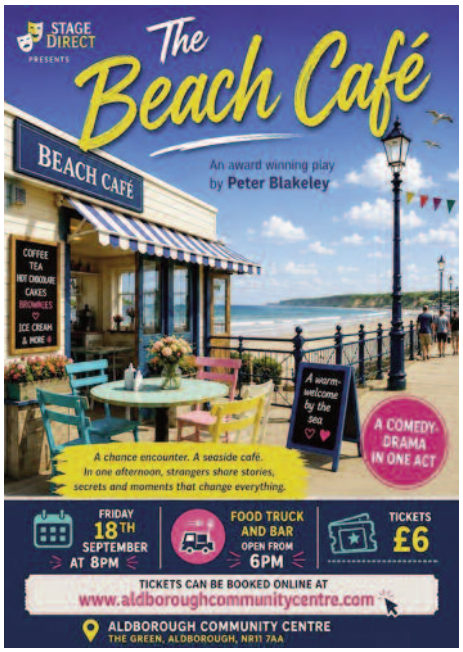
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Colby Concert

Fine City Chorus, a Norwich-based group of barbershop harmony singers, will be performing at St Giles church, Colby (NR11 7EE) on Sunday 20 September at 2pm as part of Colby's efforts to raise funds for important roof repairs.

They sing a wide range of popular songs, unaccompanied, in four-part harmony. Their repertoire ranges from the Everly brothers to Ed Sheeran and includes songs from popular musicals. Fine City Chorus also competes nationally in an annual contest run by the British Association of Barbershop Singers.

Tickets are just £5 for adults (under 12s free) and include refreshments.
To book your place, call 01263 731093.



Stage Direct - The Beach Café

This play by our own in-house playwright, Peter Blakely, is a one-off performance on Friday 18th September at Aldborough Community Centre.

There will be a food van from 6pm and the performance starts at 8pm.

The play was an award-winning play at the Hunstanton one act play festival in July this year where our very own Ian Bell won the best supporting actor award.



Peter Blakely (L) and Ian Bell (R)



QUIZ & CHIPS NIGHT

WEYBOURNE VILLAGE HALL

Saturday 24th October

Doors open 6.30pm for 7.00pm start

£12 per head

includes fish & chip supper

Bring your own drinks, glasses, condiments & cutlery
Maximum 6 per team

BOOKING ESSENTIAL

Please call Sandy on 01263 588883

IN AID OF WEYBOURNE COMMUNITY FUND



What's on at Bodham & Beckham Village Hall

September & October Events

BOOKING REQUIRED

21st September & 5th October 10am - 12 noon
North Norfolk U3A Computer & Associated Technologies. For more information, please go to: www.northnorfolku3a.org.uk

24th September 2pm - 4pm
NNU3A Music Appreciation Group. For more information visit ww.northnorfolku3a.org.uk

11th & 25th September & 9th October 10am - 1pm
Sewing Group

13th September & 4th October 9.30am – 11am, 28th September 7.30pm – 9pm
Nikki's yoga classes are a mix of styles and can vary each time. She has a theme for each one which will concentrate on a particular subject or part of the body. You can keep up to date on fb http://www.facebook.com/doingyogawithnikki. Nikkibalding @gmail.com. Call 07935250114

14th, 21st & 28th September & 5th October 5pm – 7pm
NGMA—Lil Nippers (4-7yrs) 5pm – 6pm. Karate Kids (8-12) 6pm – 7pm.
www.ngmamartialarts.com or just send us a message on Facebook @ NGMA Nate Gregory Martial Arts.

13th October 4.00pm – 6.00pm
Sound Bath—Help you relax and unwind. Contact Annette for information and bookings 07872 328109

12th September 6.30pm
Harvest Supper. Country Dancing and Entertainment. Ploughman's Supper provided by Red Hart. Tickets £5, please book in advance. Kids 12 and under free. For tickets email fionamward@btinternet.com

19th September 7.30pm – 11.30pm
Bodham Blitz. An evening of 1940s style fun, refreshments, live music, singalong and dancing. Limited Bar. Tickets £5 in advance £7 on door. Under 16s £2.50. Email bodhambeckham.villagehall@gmail.com to book

NO BOOKING REQUIRED

15th, 22nd & 29th September & 6th October 3pm - 5pm
Toasty Tuesdays—Toasties & Games Yr 7-11 (Ages 11yrs - 17yrs).
Email: leonard@weybourne.church

16th September & 7th October 7.30pm - 9.30pm
North Norfolk Photographic society. Visit www.nnps.uk for more information

23rd September & 7th October 2pm - 4pm
Craft and Chatting. If you enjoy knitting, crochet, artwork or other crafts why not join us. £3 per meeting includes refreshments. For info contact Carolyn on 07748 933250

27th September 4pm - 5pm
Bodham Church. Come and join us for our lovely, welcoming Church Service.

26th September 10am - 12pm
Community Café. Join us for a cuppa and cake with a good natter.

12th September & 3rd October 10.30am - 12 noon
Iceni Drumming. The sessions are sensitively guided by a local drum maker, musician and artist, in a way that is inclusive and fun! Beginners welcome. Free drum hire. You are invited to bring a drum if you already have one. Free child with fee paying adult.

17th September & 1st October 10am – 12 noon
Natter Shack. Every two weeks. Caffeine and Kindness. Toddler Play Space. Free Refreshments, Cakes and Friendly Faces. Come and join us, everybody welcome.

15th, 22nd & 29th September & 6th October 1.00pm – 3pm
Exercise for Older Adults – Part of the NHS referral scheme. Fall prevention, Fitness, Flexibility, Fun & Friendship. Call 07493 624 851 for more information

BODHAM & BECKHAM Village Hall



Ever wanted to learn to Morris dance ?

Holt Ridge Morris



Marsham Village Hall NR10 5AE
on Mondays 7.00pm – 9.30pm

Our new practice season starts on Monday 28th September 2026

Beginner's: first 3 sessions are free





All welcome - dancers or musicians

Contact: bag@holtridgemorris.co.uk for details

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Entertainment and Events at Weybourne Village Hall

Weybourne Village Hall is an ideal venue for family functions and parties.
Visit our website for more information: www.weybournevillagehall.org.uk

Film Night Friday 18th September

Please see our website or posters for the film title. Doors open 7pm for a 7.30 start. No booking necessary. You are welcome to bring drinks and nibbles with you, and please bring your own glass. Ice creams available to buy. Proceeds to Village Hall. Next film Friday 16th October.

Tea and Tech Wednesday 23rd September

Hollie, Community Tech Coach from NCC will be available between 2 and 4 pm to help you with online shopping, banking, NHS services and more. Bring your device and charger with you, or if you don't have a device NCC may be able to help you. Tea and coffee provided; the session is free but donations are welcome. For more information email secretary@weybournevillagehall.org.uk

The next Bingo session will be on Friday 2nd October

Doors open at 7pm, eyes down 7.30pm. No booking necessary. £1 entry with tea and coffee provided. Please bring other drinks and nibbles if required and your own glasses. Proceeds to Village Hall.

Please see our website for the regular schedule.
For bookings contact: bookings@weybournevillagehall.org.uk
General enquiries: secretary@weybournevillagehall.org.uk

Holt Art Projects

Holt Art Projects presents Luke Wright, St Andrew's church, Holt - Thursday 17th September at 8pm

Luke Wright is an acclaimed performance poet, performing regularly at the Edinburgh Festival, Latitude and the Holt Festival.

Later Life Letter tells the story of Luke Wright's adoption – the life he leads, and the one he might have done. What's it like to stumble across your birth mother on Facebook? How do you honour the parents who have raised you while satisfying a curiosity about where you came from? Is it telling that you married a social worker?

Wright navigates his audience through a warm and honest hour of poems and stand-up with the wit, pathos, and silliness that has made him one of the most popular live poets in England.

This is a frank account of what it means to be someone's child told by a performer who really knows what he's doing. Expect raucous laughter, tear-stained cheeks, and a little smattering of drum n bass.

"Made me laugh, cry, think and shudder." Peter Doherty

"Luke Wright and this time it's personal. A highly original idea, expertly carried out." John Cooper Clarke

Please join us for an unforgettable evening,



Date: Thursday 17 Sep 2026 8:00 PM - 9:00 PM. Bar open from 7pm.

Location: St Andrew's Church, Church Street, Holt, Norfolk, NR25 6BB

Tickets are £18 and can booked on
www.holtartprojects.com
Just go to the Events section.

Starting 1 Sept 2026 - New Adult Beginners

DANCE CLASSES

Ballroom, Latin, Argentine Tango

Bawdeswell Village Hall
Reepham Road, Bawdeswell, NR20 4RU

Tuesday evenings
Ballroom 7.00 - 8.00 pm
Latin 8.00 - 9.00 pm
Argentine Tango 9.00 - 10.00 pm



Whatever your age or dancing experience, come along and have some fun!
All welcome - with or without a partner

Price - Any one class £8 per person, any two classes £12 per person or all three £15 per person - pay as you go - cash on the door

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www.darksidedance.co.uk
https://www.facebook.com/darksidedance?
07586 273555
info@darksidedance.co.uk

Hello, I am **Katie, a Foot Health Practitioner.**



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Melton Constable Surgery
Coastal Health & Wellbeing,
Wells Next The Sea

Katie Oliver TCFCPdip MCFH
07920 038019
www.footcarenorthnorfolk.co.uk

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September 19th & 20th
October 17th & 18th
from 10 am to 4 pm

All local crafters

Free entry and free parking.
Refreshments available.

Bring and Buy Sale & Coffee Morning

We look forward to seeing you all at our coffee morning Saturday 26th September, 10.30am at Holt Church Hall. All funds raised will go towards supporting a local young person being treated for a brain tumour.

We will have paintings, pictures and prints for sale all kindly donated. There will be lots of perennial plants to fill those spaces left by the drought. Also, a wonderful tombola with lovely prizes, more donations are always very welcome, thank you.

Crafts and cakes will be for sale, lots of conversation, it will all be there! No card machine available, so please come with a bit of cash in your pockets.

Enjoy great coffee and a choice of homemade cakes and savouries, all included in your £5 admission.
Your support will be much appreciated – every penny raised will help this local family. *Thank you.*





The Arts Society Glaven Valley

The Arts Society Glaven Valley meets at Cley Village Hall for lectures on arts-related subjects once a month on the third Tuesday, at 2.15 pm.

New members are welcome, and you can find out more about us and how to join on our website **www.theartssocietyglavenvalley.org.uk**

Tuesday 15 September: The Echoing Scream: the Birth of Expressionism. When Edvard Munch created The Scream in 1893, he was responding to an intense emotional experience - a panic attack. But as our lecturer Gavin Plumley will demonstrate, Munch's primal cry was also a rallying call, giving birth to a new artistic movement known as expressionism, showing life as it is experienced within the inner core of the artist's being.

Tuesday 20 October: Noel Coward: The Man behind the Mask.
Was Coward just a camp man swanning about in a dressing gown, dropping acerbic one-liners like cigarette ash from a long cigarette holder? Or one of the most versatile cultural figures of the 20th century? Actor, lecturer and award-winning London Blue Badge Guide Simon Whitehouse reveals Coward's 'star quality'.

Visitors are welcome to attend either lecture on payment of £10: Please email tasgvsecretary@gmail.com

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Contact Rev Carol Sexton: carolynsexton97@gmail.com or call 01263 860628
You can visit our website: **www.bandbchurches.co.uk**



St Mary's Church, Kelling

Services are based on the Book of Common Prayer

1st and 3rd Sunday of every month

Holy Communion – 11am

2nd and 4th Sunday of every month

Matins– 11am

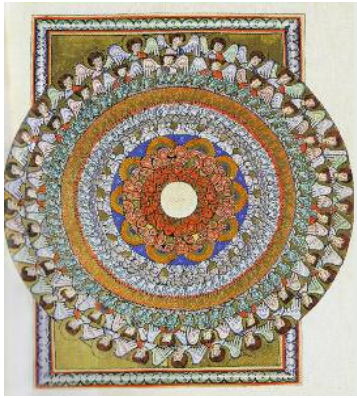
Fifth Sunday in a month Holy Communion 11 am.

ALL WELCOME. PARKING IN THE CHURCHYARD.

For further details please see Weybourne Group Website or call Revd Ian Dyble: 01263 741235 or Revd Angela Dugdale: 01263 588389

Roman Catholic Churches Mass Times

The Church of The Annunciation, **Walsingham.**
Sunday 11am, Monday-Saturday 9.30am.
*Our Lady Star of the Sea, **Wells.***
Saturday 6pm, Sunday 9.00am, Thursday 9.30am.
St Henry Walpole, **Burnham Market.** Sunday 9.30am, Friday 9.30am.
*St Andrew's Church, **Holt** at 9:30am on Thursdays.*
The Catholic Parish of Our Lady & St. Joseph, **Sheringham and Cromer**
Saturday: 6pm at Our Lady of Refuge, Cromer
Sunday: 9am at Our Lady of Refuge, Cromer
11am at St. Joseph's, Sheringham
For more information visit: www.ourladyandstjoseph.info



St Mary's Church, Kelling

MUSIC AND MEDITATION

Every Wednesday 3-3.30pm

ALL WELCOME

Please book a place with Revd Angela: 01263 588389

✝ Church News ✝

LETHERINGSETT CHURCH OF ST. ANDREW

There are currently two services a month at St Andrew's,

- First Sunday of the month: Holy Communion (Book of Common Prayer) at 11.15am
- Third Sunday of the month: Morning Prayer (Common Worship) at 9.30am



HOLT METHODIST CHURCH NOTICE BOARD



Holt Methodist Church will be closing for refurbishment from Monday 27th July 2026.

Services will be held at The Holt Youth Project, Old Station Way, Holt NR25 6DH at 11.00 am. As always you will be assured of a warm welcome.

Our Afternoon Teas will continue at Holt Community Centre (The Venue) on the 3rd Friday of the month.
The next 2 dates are 18th September & 16th October
These arrangements will apply until further notice.

Senior Steward - Mrs J. Bunting - 01263 712068

Mass times for St. Peter's RC Church, Blakeney

These are: Sundays 11am
Wednesday's 9.30am
For more information go to catholicparishofwalsingham.org

WHAT'S ON

AT YOUR LOCAL SALVATION ARMY
Cremer Street, Sheringham | 01263 826059

Sunday
COFFEE & FELLOWSHIP 10:15am
WORSHIP 11:00am

Tuesday
PILATES CLASSES **9am/10:15am/11:30am** (Booking Required)
SEWING SISTERS **2:00pm - 4:00pm** Sewing, quilting & knitting group
OPEN WORD **7:30pm** Bible study group

Wednesday
CONNECT CLUB **10:00am - 12:00pm** Adult multi activity club

Thursday
OPEN DOOR **10:00am - 12:00pm** Community drop-in
Parish Nurse, Employment & Benefits advice, Digital Champions, In-Work Support, Training, Wellbeing, Money Management, Food Bank
WELCOME SPACE **10:00 - 12:00pm** Warm & welcoming
Newspapers/Books, Free Wifi, Chat/Meet New People, Pastoral Support/Prayer, Complimentary drinks/snacks - donations welcomed

Friday
BEREAVEMENT SUPPORT GROUP **10:00am - 11:00am** Support group
(1st & 3rd Fridays only)

Saturday
SOLOLINK **10:00am - 12:00pm** Social group for those who live alone (Fortnightly) For more info call 01263 **826059** & ask for Erica/Jane

FOOD CLUB (Discounted shopping - No appointment needed)
Mon 10:00am - 1:00pm | Thurs 10:00am - 1:00pm | Fri 1:00pm - 4:00pm
FOOD BANK (Emergency provision - Weekday mornings by appointment except Thursdays during Open Door)

YOU ARE VERY WELCOME to any of these activities

For more information see our Facebook page and/or our website
www.salvationarmy.org.uk/sheringham

The Salvation Army is a Christian Church & Registered Charity, No: **214779** and in Scotland SC009359



SAINT ANDREW'S & ALL SAINTS NEWS

The Parish of Holt with High Kelling
Rector: Fr. Howard Stoker SSC, The Rectory, Church Street, Holt NR25 6BB Tel: 01263 712048
email:holtrectory@tiscali.co.uk
Churchwarden: Tim Bennett Tel:01263 713039, Licensed Lay Minister John Allen Tel: 07771363176
Parish Office Tel: 01263 713479 E: standrewsholt@btinternet.com website at www.holtchurch.org



PARISH CHURCH GIFT DAY Saturday 3rd October



Dear friends,

It's that time of year when I write about money! But before you stop reading and turn the page, may I beg the question, rather like the BBC attempting to justify the cost of a TV licence, "What does the Church do for you?"

Of course, the answer maybe nothing! Yet whether you have faith or none, the Parish Church which stands at the heart of Holt, is there for you. It is your Parish Church. Everyone living in the Parish has the right to approach the Church for those rites of passage in life, baptism (christening), holy matrimony (marriage) and death (a Christian funeral). As the Rector of Holt with High Kelling, I am charged with the "cure of souls" of all those living in the Parish and can be called on by all those who have need of their parish priest, whether they attend Church or not.

The Parish Church is home to a vibrant and growing community of faith, it is open daily for public worship, private prayer and to welcome visitors. A number of community groups use the Church premises, and we host a both concerts and exhibitions throughout the year. Yet the Church also stands as a testimony to our Christian heritage and to those who have gone before us who have shaped the life of the Church and the town of Holt. Its very fabric is woven into the history of Holt and with the love and care of many generations it has stood the test of time.

Today, we remain committed to maintain and sustain the Church's presence in the town and to serve the community, but it comes at a cost. In 2025 that cost amounted to £175,000, a little over £3,365 per week, almost £480 per day. To meet that cost we rely on local income, generated from regular giving, donations, legacies, fund raising and income generated from letting out our halls and car parking. However, each year we have an operational deficit, which this year is likely to be around £18,000. Parishes are not directly financed from the central church funds of the Church of England, which given the wealth of the Church of England, that is something you may want to take up with the archbishop!

Once a year I appeal to the good will of the people of the Parish to help fund the Parish Church and I am always grateful to those who give. This year our annual gift day is on Saturday 3rd October and members of congregations will be out and about in the town to receive donations. The Parish Church Hall will be open from 10am – 2pm to welcome people for coffee, light refreshments and to peruse and hopefully buy something from the stalls! I appreciate for some times are financially difficult but any donation, no matter how small is gratefully received.

Donations can be made in person on the day or online on our website, or via the contactless card machine in church or by cheques to "Holt PCC."

In anticipation of your generosity, thank you.

Warmest regards, Fr. Howard

HOLT & COMMUNITY DISTRICT SUPPORT FUND (Energy). Local support for local people. FUNDS ARE NOW AVAILABLE to help those struggling to pay their energy bills, require a winter fuel allowance and/or purchase white goods and winter **PLEASE DO NOT STRUGGLE IN SILENCE.** Contact the North Norfolk Food Bank (Energy) (07826 376343). Or the Rector 01263 712048

"AN EVENING WITH A ROSE BETWEEN TWO THORNS 24th September 2026. 7pm in the Parish Church Hall, Church Street. Fireside readings of poetry and prose celebrating the season. Tickets £15 pp to include a hot supper. Licensed Bar available. To book tel: 07977063098

ANNUAL PARISH GIFT DAY & COFFEE MORNING
Saturday 3rd October 10am – 2.00pm in the Parish Church Hall, Church Street. Drop by for coffee and other light refreshments. Stalls & Raffle.

HARVEST THANKSGIVING Sunday 11th October. Morning Services as usual. Harvest Evensong at 5pm. Harvest Lunch at 1pm.

TIMES OF WORSHIP:

Sunday Services
8am Book of Common Prayer Eucharist
9.15am Said Eucharist at All Saints, High Kelling
10.30am Parish Sung Eucharist.
5.00pm Choral Evensong (2nd Sunday of the month)

Week day services Mon – Sat
Morning Prayer 9am. Evening Prayer 5.30pm
Daily Eucharist 9.30am / Wed 12noon.
Thurs 10am at All Saints

LIVE STREAMING: The Sunday Parish Eucharist continues to be live streamed on YouTube at 10.30am.
YOUTUBE: St Andrew the Apostle, Holt
Please see our website or facebook page for more details.
www.holtchurch.org

LITTLE LAMBS PARENT & TODDLER GROUP meets every Wednesday during term time 9.15am – 11.00am in the Parish Church Hall in Street Hall. All parents/carers are welcome to come along and meet with friends and make new ones.

FAMILIES AT ST ANDREWS: Young families are always welcome at Church. Families are also encouraged to approach us to have their children christened.



WEDNESDAY COFFEE MORNING: Providing a warm space every week from 10am -12noon in the meeting room at the Parish Church. Always someone to talk to and all are welcome.

MEN'S GROUP AT ST ANDREW'S: meets on Wednesdays 1.30pm-3.00pm in the meeting room at the Parish Church.

FAITH AND FELLOWSHIP GROUPS: Groups meet once a month in the parish for bible study, prayer and fellowship. For more details www.holtchurch.org

North Norfolk Foodbank Together with Trussell

LOCAL FOOD BANK COLLECTION: A collection point for donations of non-perishable food goods is now available in the Parish Church.

PARISH CHURCH HALL & MEETING ROOM FOR HIRE. Ideal for family/children's parties, AGM's, meetings, fund raising, exercise classes and much more. For more information contact the bookings secretary: 01263 713479 Email: standrewsholt@btinternet.com[FHS1.1]



CAN YOU HELP CARE FOR HOLT CHURCHYARD? Help is needed to manage the churchyard. No faith necessary! Contact Tel: 713479

PASTORAL CARE: Our pastoral team is available to make home visits and/or visits to the care homes in the parish.

PARISH CHURCH HALL & MEETING ROOM FOR HIRE. Ideal for family/children's parties, AGM's, meetings, fund raising, exercise classes and much more. For more information contact the bookings secretary: 01263 713479 email: standrewsholt@btinternet.com

HOLISTIC CARE FOR ALL THE FAMILY
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10 Station Road, Holt NR25 6BS
01263 711898

Physiotherapy • McTimoney • Acupuncture • Shiatsu
Sports Massage • Cranial Sacral Therapy • Homeopathy
Personal Training • Strength and Conditioning

Email: holtholistic@yahoo.co.uk
www.holtholisticcentre.co.uk

Peter and Susie's Story

Meet Peter and Susie, two of our wonderful puppy raisers from Norfolk

After their beloved pet dog passed away, a chance meeting with a guide dog puppy at their doctor's surgery 10 years ago inspired them to apply to volunteer for Guide Dogs via our website - and the rest is history.

As a volunteer puppy raiser, you'll give one of our puppies the vital foundation for their future role as a guide dog over 12-16 months through training, new experiences, and a loving home. But don't just take our word for it!

"If you have ever considered becoming a puppy raiser, I would urge you to do it. It is addictive (we are on our 10th) and every pup takes a bit of you with them but its gladly given. The local puppy raisers are supportive and share in your successes. It's like joining a family where you are all aiming for one goal - which is to prepare your pup for training and give them the best chance of becoming a guide dog." Susie.

Find out more or start your application today at guidedogs.org.uk/puppyraising

From Holt Holistic Centre

How Massage Therapy Can Support Injury Recovery

When an injury sidelines you, recovery can sometimes feel like a slow and frustrating process. While rest, rehabilitation and medical care remain essential, massage therapy can be a valuable part of the journey, helping the body relax, move more freely and support the natural healing process.

One of the key benefits of massage is improved circulation. The pressure and movement created during treatment can encourage blood flow to surrounding tissues, helping deliver oxygen and nutrients that are important for repair. Better circulation may also help the body clear metabolic waste from tired or damaged muscles. Massage can also support the management of swelling. Gentle techniques, particularly those that encourage lymphatic drainage, may help move excess fluid away from affected areas. This can reduce feelings of tightness and discomfort while supporting mobility.

For many people recovering from an injury, muscle tension can become another source of pain. Muscles often tighten around an injured area as the body instinctively tries to protect it. Massage can help release this tension, ease spasms and improve flexibility, making movement more comfortable.

As healing progresses, scar tissue and adhesions can sometimes contribute to stiffness and restricted movement. Targeted massage techniques may help improve the mobility of surrounding soft tissues and support more flexible movement as rehabilitation continues.

There is also the benefit of relaxation and pain management. Massage can reduce muscle tension and encourage the release of natural chemicals associated with relaxation and pain relief, helping people feel more comfortable during recovery.

Used alongside appropriate medical treatment and rehabilitation, massage therapy can be a useful tool for supporting recovery, restoring movement and helping the body get back to doing what it does best: healing.

If you would like to book a massage or chat about an injury or recovery, please contact Sarah on 07786745428.



Guide Dogs

Could you help raise a future guide dog in Norfolk?

A chance meeting with a guide dog puppy inspired Peter and Susie to volunteer 10 years ago. They're now raising their 10th puppy!

As a puppy raiser, you'll give a puppy a loving home, early training and new experiences for around 12–16 months.

"If you've ever considered becoming a puppy raiser, I'd urge you to do it. It's like joining a family, all working towards the same goal."
Susie

Scan for info

Find out more or apply today:
guidedogs.org.uk/puppyraising

The Guide Dogs for the Blind Association is a company limited by guarantee and a registered charity in England and Wales (209617), Scotland (SC038979) and Isle of Man (1334). E413 08/26

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TOP 20 HOME CARE GROUP AWARD 2026 homecare.co.uk

What is live-in care?

Live-in care provides dedicated, one-to-one support from a professional carer who lives in your loved one's home. With personalised care tailored to their needs, they can continue living safely, independently and comfortably in familiar surroundings.

Trinity Homecare can support with:

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- Hospital Discharge
- Dementia Care
- Companionship Care
- Respite Care
- Complex Care



Why choose Trinity Homecare?

- Rated 'Outstanding' by the CQC
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- Trusted by families for 30 years
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- Local teams with nationwide coverage
- Well-led service backed by a central team of care experts

Speak to our Friendly Team

Our friendly client service advisors are here to answer your questions with no pressure and no obligation.

01263 806115

trinityhomecare.co.uk

Trinity Homecare

Holt & District Dementia Support's Summer Outing

On a very hot, sunny August afternoon, 31 of us visited the Thursford Steam Collection.

After assembling in The Pavilion which was calm and cool thanks to the air-conditioning, ideal on such a hot day, we moved as a group into the museum. There we were able to wander about, taking in the fascinating variety of magnificent steam traction engines, fairground rides and steam-powered organs; all so colourful and miracles of yesteryear's engineering.



Meanwhile many seated themselves in preparation for theatre organist Robert Wolfe's performance on Thursford's mighty Wurlitzer organ. Robert's programme encompassed all types of music ranging from film scores, a taste of the classics, to the final enjoyable singalong, prior to the Wurlitzer's disappearance to the floor below!

Following the performance, some of the group were keen to have a ride on The Venetian Gondola and a few fulfilled their childhood dreams of climbing up on The Gallopers, just like a scene from Mary Poppins.

We then made our way back to the refreshing coolness of The Pavilion where clients, spouses and carers enjoyed a delicious afternoon tea comprised of savoury and sweet delicacies; all baked, assembled, offered (and equally enjoyed!) by our volunteers. It was a veritable feast, served with welcome cups of tea or coffee kindly supplied by Thursford's Barn Café team.



Thanks to the generosity of John & Barbara Cushing and their team, the afternoon was a tremendous success and went off without a hitch!

Last but not least, our grateful thanks must also go to Karen Neill who organised everything to make this such an enjoyable and memorable event for clients, carers and volunteers alike.

Further details of Holt & District Dementia Support may be found on our website:
holtdementiasupport.org.uk

Holt Wildlife Awards

Holt Town Council, in collaboration with Greening Holt, is launching Holt Wildlife Awards

Our new town-wide Wildlife Award Scheme celebrates the vital role that local spaces play in helping nature thrive. With 22 million private gardens across the UK, gardens,

alongside urban green spaces, act as mini ecosystems that can form a powerful network for wildlife. By establishing areas in your garden or green space for nature, your actions can genuinely count towards creating a wilder and greener town. Private gardens, allotment plots, window boxes, business premises, community buildings and even sections of streets or neighbourhoods can all take part.

Holt Wildlife Awards are FREE to enter. Simply complete the checklist, take some photos, and submit - no site visit required.

A plaque (made from recycled materials) to proudly place in your green space will be awarded plus a certificate, bronze, silver or gold, depending on your checklist survey score.

Application forms can be found at:

- Holt Town Council Offices/Tourist Info Nelson House White Lion Street NR25 6BA
- Online at holttowncouncil.gov.uk
- Holt Library
- Holt Community Centre

Inspired by the success of Sheringham Town Council's Wildlife Garden Award Scheme, with their support and guidance.

Sponsored by Holt residents Mr and Mrs A Brown.

A collaboration between Holt Town Council and Greening Holt.
Artwork reproduction by kind permission of local artist, Holt business owner and conservationist Vanessa Burroughs.



North Norfolk Chamber Opera

North Norfolk Chamber Opera breaks new ground with its exciting announcement that its next production will be a double bill of Cavalleria Rusticana (Rustic Chivalry) a prize-winning opera by Pietro Mascagni, and Il Campanello di Notte (The Night Bell) by Gaetano Donizetti, both to be sung in English.

First up will be Cavalleria Rusticana, or Cav as it's generally known. It's a ferociously intense drama of infidelity and retribution under the hot Sicilian sun and features exciting solos and duets and some wonderful choruses.

After the interval the mood will change completely with Il Campanello, an hilarious comedy telling how Annibale Pistacchio is kept from his marriage bed on his wedding night by the machinations of his bride's rejected suitor, Enrico.

Acting Chairman Peter Walters says, "We're all very excited about performing these two widely different operas. Although we performed The Night Bell back in 2003, this will be the first time we've tackled Cav, and with the superb acoustic in Cley Church, our home venue for the past several years, this is something to look forward to."

Rehearsals begin on Monday, 14th September, with the first two weeks given to a run-through of some of the chorus work and the audition pieces for principal roles. We would welcome anybody in any voice range who would like to sing and act in our chorus. The society is free from discrimination based on age, disability, race, religion, orientation, gender identity or any other protected characteristic. No auditions are required for the chorus. Our principal roles are cast by open audition. Performance will be in May next year.

Leading us this year will be our new Music Director, Birgitta Kenyon. Birgitta trained at The Royal Academy of Music and has worked as a singer, vocal coach, music director and composer. She founded the intrepid youth choir, The Voice Squad, and had the honour of being presented to Her Majesty Queen Elizabeth 11 in recognition for her work with young performers, so we're all in very good hands. Birgitta says, "I am enormously excited to be working with NNCO for this next Season. This is a company that cares very much about its productions and is committed to giving its all. The choices of the Mascagni and Donizetti will, I think, make an inspired and wonderful programme for our audiences next year, and an entertaining showcase of the performers' skills. Bring on the new Season!





For more information please visit our website, **northnorfolkchamberopera.org.uk** or our Facebook page, **facebook.com/northnorfolkchamberopera**

Alternatively email peter@northnorfolkchamberopera.org.uk

Peter Walters



Buying a property with an unadopted road

by Marion Oliver, Conveyancing Executive, Hayes + Storr



Most homeowners expect to drive straight onto a public highway without giving it much thought. However, if a property is accessed via an unadopted road, there can be additional legal and financial considerations. With around 40,000 unadopted roads in England and Wales, it is important to understand the access arrangements before you buy.

What is an adopted road?

An adopted road is maintained by the local highway authority at public expense. It is open for public use, and homeowners have a legal right of access without being responsible for its maintenance.

Roads may remain unadopted for several reasons. They may serve private estates, be part of unfinished developments or be found in rural areas where they have never been brought under local authority control.

Finding out whether a road is adopted

During the conveyancing process, your solicitor will carry out a local authority search to establish whether the road is adopted. If it is not, further enquiries may be needed to confirm your legal right of access, whether adoption is planned and whether there are any obligations to contribute towards future works. An experienced conveyancer will explain the legal position and identify any potential concerns before you commit to the purchase.

New-build developments

On new-build developments, roads are often awaiting adoption by the local authority. Developers will usually have agreements in place to construct the road to the required standard before responsibility transfers. Your solicitor will review these arrangements to ensure appropriate protections are in place.

Older properties and private roads

Older properties, particularly in rural areas, are often accessed via an unadopted road or shared private driveway. Ownership arrangements vary considerably. The road may belong to one of the neighbouring properties, be jointly owned by those who use it or, perhaps surprisingly, its ownership may be unclear altogether.

Whatever the ownership position, your solicitor should confirm that the property benefits from a legal right of access, establish who else has rights to use the road and investigate responsibility for its maintenance. You do not want to discover after moving in that a neighbour can restrict your access or that repairs are needed but there is no clear agreement about who should carry them out or pay for them.

Every property is different. By reviewing the title documents, neighbouring titles and the seller's replies to enquiries, your solicitor can explain your rights and responsibilities and identify any potential risks.

It is also worth asking your surveyor to comment on the road's condition. A shared driveway requiring only occasional maintenance is very different from a heavily worn private road serving several properties where responsibility for repairs is uncertain. Understanding both the legal position and the likely maintenance costs will help you make an informed decision.

How we can help

Buying a property with an unadopted road requires careful legal investigation. For further information, please contact Marion Oliver in the residential property team on 01263 712835 or email marion.oliver@hayes-storr.com. This article is for general information only and does not constitute legal or professional advice. The law may have changed since publication.



The Holt Society - Our Autumn Programme

On Friday 18th September in the Venue, local author and historian Helen Murray will be paying us a return visit to talk about Harold Higgins and the Carnarvon Shipwreck.

In November 1906, 16-year-old Norwich boy Harold Higgins joined the crew of the sailing Vessel Carnarvon Castle as an apprentice. The ship was bound for Australia, carrying a general cargo and Harold's great adventure turned into a struggle for survival after the ship was wrecked in a North Atlantic storm.



The crew was forced to take to two open boats, and Harold endured 24 days of blistering heat, storms, starvation and thirst until he and the remaining occupants of his boat were eventually rescued.

Helen's new book captures the dangers of early 20th century seafaring and the resilience of survivors in the face of great adversity.

Doors will open at the Venue at 6.30 pm for a 7.00 pm start. Admission will be £4 if paid up to two days in advance or £5 on the door. Advance bookings can be made using one of the methods given below.

For our meeting on Friday 23rd October, also in the Venue, there will be a talk entitled "Nigel at the Tower". It will tell how an enterprising couple converted the 1943 Control Tower of the former RAF station at South Creake into a successful vegan B&B.

Looking ahead to our meeting on 20th November, we are looking forward to a talk from the manager of Adnams wine shop, and for our December meeting we are hoping to see a solicitor from Hayes+Storr.

1. Bank transfer Account name: Holt Society, Sort Code: 203081: Account Number: 90492655, Reference: Event.

2. Card payment. To pay by card scan the QR code. Enter the amount, your name and "event".

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North Norfolk Photographic Society: Annual Exhibition Results



Graham Frost

During the club's summer break, we held our annual members photography exhibition at The Holt Parish Church Hall. Taking place from the 27th of July to the 1st of August it featured a wonderful collection of fabulous prints and digital images. Displayed alongside the exhibition was a sale of some very nice members' prints and greetings cards.

We had an excellent turn out this year including 117 visitors who took part in our public vote for the best print on show. The winner for the second year running was Linda Black with this year's lovely image of a leopard cub in Zambia.



Linda Black

'Llyn Padarn' by Graham Frost came second and Christine Frost's 'Treecreeper with spider' came third in what was a very close vote indeed.



Christine Frost

We also had a raffle for a £50 voucher, and the winning ticket number was 241, and this was won by a lady from Bishops Stortford.



The Hall by Linda Black

If you would like to know more about our friendly club then please come along to a meeting.

Your first visit is free of charge with no obligation to join and the meetings take place on the first and third Wednesday of each month from September to June starting at 7.30pm in the Bodham Village Hall, Bodham, NR25 6AD

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For more information visit: www.nnps.uk

Bob Johnson - NNPS Publicity Officer

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The Heart of Sheringham Day Services - Celebrating our Volunteers



Behind every warm welcome at Sheringham Day Services and every meal delivered to a doorstep is a remarkable group of volunteers whose generosity and dedication make an extraordinary difference to our community.



Our volunteers are amazing! In the day centre they greet people with a smile, lend a helping hand during activities, share conversations over a cup of tea and create a friendly, welcoming atmosphere where everyone feels valued and included. Their kindness transforms ordinary days into meaningful moments of companionship and laughter.

Beyond the centre, our volunteer meal delivery team provides much more than a hot, nutritious meal. For many people that friendly knock at the door is an important connection to the outside world. A few minutes spent chatting, checking someone is well or simply sharing a smile can brighten a day and remind people they are not alone.

Every volunteer gives their time, energy and compassion freely, helping us support older people in our community with dignity, respect and care. Their commitment strengthens community spirit and reminds us that small acts of kindness can have a lasting impact. To every volunteer at Sheringham Day Services, we extend our heartfelt thanks.

If you would like more information on volunteering with us please ring the office on 01263 821188 or email enquiries@sheringhamdayservices.co.uk

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Hedgehog Haven

It's been a very busy summer, but now the weather has cooled down and we've had some rain some hogs have now been released back to the wild.

Pictured is the newest arrival who came in from Alysham on 29th August, found out during the day in the middle of a play area. I have started her straight away on a course of antibiotics, weighing 200grms it will be some time before she can be released.

An interesting rescue happened a few weeks ago from Northrepps. Hedgehogs are great escape artists, and this one had escaped from its box and got behind a unit in the utility room. It had got itself jammed in and couldn't get out, so a young man dashed me over there to the said cottage. The wooden plank it was jammed behind could not be unscrewed so the only action, with the finder's permission, was to saw through the wood to get him out!

He is safely recovering now here with me.



Remembering The Miracle of Holt

Members of New Farm Aviation Heritage Group during their commemorative silence in honour of the seven airmen that died during the midair collision over Holt in August 1968. N.F.A.H.G. member Dennis Woodcock, who created the Memorial Board in Holt Country Park for the 50th anniversary was unveiled by brothers of the Canberra crew from South Africa and Canada, said on behalf of the museum "We remember these airmen every year, but this year decided on something a little different, hence 58 seconds of silence."

The collision, involving a Victor taking off from Marham, Norfolk and a Canberra from RAF Bruggen in Germany, happened in excess of 12,000 ft. over the town and considering nobody on the ground was injured has become known as "The Miracle of Holt". Wreckage was strewn over 24 sq. miles as far as Sheringham beach. Mangled jet engines landed in gardens on Hempstead Road, burning debris scorched the grass on Kelling Heath and several fires in the town had to be extinguished.

N.F.A.H.G. have metal detected several areas for parts from the crash, the details and artefacts can still be seen at the museum open days, which are 2nd and 4th Sunday of each month. (April to October)

Why not visit their roadshow gazebo during the Holt/Sheringham '40s weekend showcasing much of their other work. They will be situated adjacent to Holt railway station on both days.

Visit the museum at 10, Buxton Rd. Frettenham, Norwich, NR12 7NG

Sheringham & District Philatelic Society



Our own Tony came up with some gems from his collection from "British Islands" for our August meeting.

You would think that a carefully addressed letter sent from Jersey to the British Consulate in Rabat, Morocco would have few adventures. Not cheap to send in the eighteen hundreds. However, the meandering missive went through the Netherlands and Germany to Moscow. Only then did it continue to Morocco! Postage to Moscow was more than double that to Rabat – oops.

Atrocious Adolph featured on a re-engraved Guernsey stamp during the WW2 occupation. Or at least his AA initials did. Somehow this inclusion on an everyday stamp missed the eagle eyes of the Reich's men. A triumph for the morale of the quiet Resistance.

Plenty of non-Royal Mail Cinderellas on display. National Trust Islands and privately-owned ones with an eye to souvenir-hungry tourists allow "stamps" onto mail [as long as there is a valid GB stamp, too]. Very rarely worth much, but good fun for the tourist, the recipient and for collectors who enjoy a bit of a laugh.

Tony again stars, next time as auctioneer, at our September meeting. Our auctions are as much about having fun as trading and we welcome visitors. Anyone attending can bid and/or watch. Merriment is expected. This will be on 14 September, doors open at 7pm. Please note: our meetings between October and March start at 2.30 pm.

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Holt WI



Holt WI had its annual garden party this August. This year it was held at Baconsthorpe Village Hall, which is a very nice venue with plenty of indoor and outdoor seating. Lots of members attended and there were also several guests.

There was a chance to catch up with friends, eat some delicious food and of course always tea and coffee and as it was a special occasion a nice cold Prosecco!

A table quiz was set by Gillian who told everyone it was easy but it most definitely wasn't!

The afternoon ended with birthday posies being given out and the raffle was drawn. Everyone said how much they had enjoyed it so perhaps we will return there next year!

In September our meeting will be at its usual place, Holt Community Centre. We meet the third Wednesday of the month, 2-4pm. Come along and join us, you might be surprised!



Editor's Recipes

It's that in between time of the year, not quite soup season and getting a bit cool for summer recipes. So, I thought this month I would give you a tasty snack to enjoy when watching TV, healthier than bought crisps and snacks and you can vary the seasoning to your own taste.
The second recipe is a super easy chocolate cake, very quick to assemble and can be served with a cup of tea or as a quick dessert.



Spicy Air Fryer Chickpeas

Ingredients

400g tin of chickpeas
1 tbsp vegetable oil
2 tbsp plain flour
1 tsp fine salt
2 tsp smoked paprika
1 tsp garlic powder
1 tsp onion powder
½ tsp ground black pepper

Method

Drain the chickpeas and dry off between 2 sheets of kitchen paper. Place in a bowl, add the oil and mix to coat the chickpeas evenly, add the flour, toss the chickpeas to coat them and set aside for 5 minutes. In a small bowl, add the other dry ingredients and mix well.

Preheat the air fryer to 200C. Tip in the chickpeas in an even single layer and fry for 5 minutes then give them a shake, fry for another 5 minutes and shake again, fry again for 5 minutes.

Remove from the air fryer into a bowl, whilst still hot toss them in the seasoning mixture, put back in the air fryer and fry for a final 2 minutes. Place in a bowl and enjoy as a snack when cool.

You can adapt the seasoning to your own taste using different herbs and spices.

Condensed Milk Chocolate Cake

Ingredients

200g plain flour
45g cocoa powder
15g baking powder
400g tin condensed milk
155g salted butter
3 large eggs
1 tsp vanilla extract
1 tsp instant coffee dissolved in 1 tbsp hot water



Method

Preheat the oven to 170C/160C fan/G3.

Grease and line a 2lb/900g loaf tin.

Melt the butter and set aside. Add the eggs and vanilla to a large mixing bowl and whisk for about 2 minutes until light and airy, add the melted butter and whisk again for 2 minutes. Add the tin of condensed milk and the coffee and whisk again.

Sift in the flour, cocoa, baking powder and fold together to a smooth batter, being careful not to knock out the air in the mixture. Pour into the prepared loaf tin and tap the tin on the worktop to get rid of any large bubbles.

Put in the oven for about 45 minutes, then test with a skewer to see if done, cook for a further 5 minutes if your skewer doesn't come out clean. Leave in the tin to cool for about 10 minutes then turn out onto a cooling rack to cool completely.

Serve as is with a cup of tea, spread with chocolate ganache or buttercream, or serve as a pudding with cream, custard or ice cream.

Enjoy – Jo.

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The Vital Role of Veterinary Nurse Clinics in Keeping Our Pets Healthy

TOLL BARN Veterinary Centre

For many of us, our pets are much more than animals – they are much-loved members of the family. Keeping them healthy throughout their lives is one of the most important things we can do for them, and veterinary nurse clinics are playing an increasingly valuable role in helping owners do just that.

At Toll Barn Vets, veterinary nurses offer a range of free-of-charge clinics, providing accessible advice, support and preventative healthcare for all species of pets at every stage of life.

For new puppy and kitten owners, nurse clinics provide an opportunity to check that young pets are growing and developing as expected, while offering practical advice on nutrition, parasite prevention, socialisation, dental care and general husbandry. These early visits can help build confidence and identify potential concerns before they become problems.

As pets get older, their healthcare needs change. Chronic health checks, including monitoring conditions such as diabetes and thyroid disease, can help ensure that pets remain comfortable and that ongoing treatments are working effectively.

Regular weight management checks are also an important part of preventative healthcare. Maintaining a healthy weight can reduce the risk of numerous health problems and help pets enjoy a better quality of life.



For our older companions, geriatric pet checks provide valuable support as they enter their senior years. Subtle changes in behaviour, mobility, appetite or thirst can sometimes indicate an underlying issue, and regular monitoring can help spot these changes early.

Nurse clinics can also help keep on top of flea and worm prevention, with advice tailored to each individual pet and their lifestyle.

Importantly, Toll Barn Vets also recognises that not all pets have four legs and fur. Owners of exotic pets can benefit from husbandry advice, helping ensure that animals such as rabbits, guinea pigs, reptiles, amphibians, birds and other less common companions have the right environment, diet and care.

Veterinary nurse clinics are about much more than routine checks. They provide education, reassurance and early intervention – helping you to make informed decisions giving pets the best possible chance of a long, healthy and happy life.

With free clinics available at Toll Barn Vets, looking after your pet's health has never been more accessible.

1. Kevin Moran 2. None 3. Fulham 4. Arsenal, Chelsea, Everton, Liverpool, Manchester United and Tottenham 5. Oldham 6. Coventry 25 seasons 7. Sunderland 4 times 8. Man City twice, Leicester, Blackburn 9. Oldham and Swindon both relegated in 1993-94 season 10. Hull in 2016-17, Wolves in 2011-12 and West Brom in 2017-18



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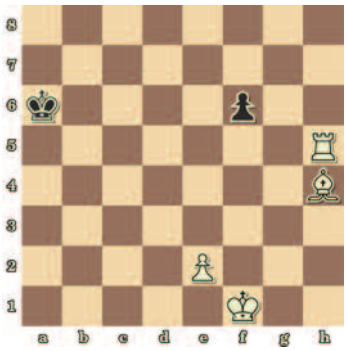
CHESS PROBLEMS by Dr Cedric Lytton

354. Josif Krikheli
Problem, 1973



354. White to play and draw

355. Cedric Lytton
The Guardian, 21 Feb. 1969



355. Helpmate in four moves

Solution to No. 354 (correct diagram printed above, gremlins got at the diagrams last time): 1. g7+ Kg8 2. exd7 Qxd7 3. Kxb4+ Qe6 4. Ka5 Bd7 (4… Qxb3 is stalemate) 5. Bc4 Bc8 (5… Qxc4 is stalemate) 6. Bb3 draw by repetition (6… a6 7. Bxe6+ Bxe6 8. Kxa6 Bd5 9. Kb5 Bxf3 10. Kc4 Be2+ 11. Kd4 f3 12. Ke3 =). After White's 4th move the black Q and white B each oscillate between two squares and, in either case, capture of the white B would be stalemate. This one is cancelled from our solving competition, we hope at least readers will enjoy playing through the solution.

No. 355 above is another helpmate, this time in 4 cooperative moves. In the course of the solution the White R and B exchange strategic roles in helping the black K to approach the enemy position for the mate. Difficulty 3.

Solutions and comments to me at 16 Lime Grove, Sheringham NR26 8NX, or e-mail to lestershaw7@gmail.com

Backgammon Summer Open

The North Norfolk Summer Open was held at Gresham Village Hall on Sunday 23rd August.

The 12 entrants contested a 4-round Swiss tournament, first 3 rounds matches to 5 points, final 4 round matches to 7 points.

Arthur Sinacola (Fakenham) won the trophy on offer, winning all his matches and defeating Elik Borrill (Norwich) in the final, a satisfying revenge for the exact opposite result last year. Cedric Lytton (Sheringham) and Martyn Guest (Norwich) were third and fourth, also with 3 wins from 4 matches, and ties split on total of opponents' scores.

The next meeting will be on Sunday 27th September, same venue, start 9.45 for 10am. It will be a round-robin, one game with each opponent, no cubes. Enquiries to Chris March.

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3. Listen to your body. Persistent discomfort is your body's way of waving a red flag. Don't ignore it. A few early sessions with an osteopath can prevent issues becoming major ones.
4. Stay hydrated and sleep well. Your muscles and joints rely on good hydration and rest to recover and function at their best.

Remember, your body is designed to move. Treat it with care, stay active, and don't hesitate to seek advice if something doesn't feel right.

If you would like to speak to John or make an appointment, please call us on 01263 711712.

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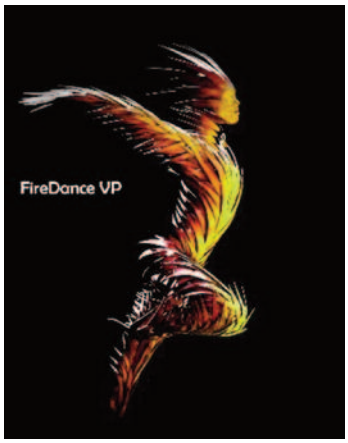
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FireDance – ‘A New View of Local Life?’



This month the viewing platform FireDance VP is showing a new way of looking at local life – Infrared photography through an iPhone.

Mark Oakland began to capture his stunning collection of pictures back in February this year, about the same time FireDance VP was first published.

FireDance VP is a Viewing Platform created here in North Norfolk and features one photographer each month, giving them the opportunity to showcase a single subject that just they have chosen.

Most of Mark’s pictures reflect local scenarios and illustrate perfectly how the infrared effect increases month on month as the levels of sunlight increase.





Photographers normally use specialist cameras and equipment to capture their infrared images but following exhaustive experimentation, Mark illustrates a remarkable talent using his iPhone to produce images that have a unique appeal.
To see Mark’s complete portfolio and to read how he achieved his results, visit **firedance-vp.weebly.com** where you will also find additional portfolios from previous months.

You can also put any questions directly to Mark about infrared photography and he will do his best to provide answers.

FireDance VP is open to all who take photographs, irrespective of how these are achieved.

If you have a subject you’d like to feature on ireDance VP, just e-mail firedancevp@timfolkes.com



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Diary of a Wildlife Garden

The rain has finally arrived, although not enough to make a real difference to the garden yet, apart from the pond is starting to fill up thanks to rainwater collected from the house roof. There must have been at least two thirds of the water has evaporated over the summer. I can only hope that all the invertebrates had enough oxygen and water to survive. There was still enough water to allow birds to come and drink and cool off, also one or two frogs, showing what a lifeline water in the garden really is.

With five heatwaves over the last four months, I have had a chance to assess what plants are resilient enough to get through this kind of weather and which are too high maintenance to realistically keep going if this is going to be the new normal. As you would expect, plants which originate from warmer climates have done rather better than some of the native plants. Buddleia, Verbena Bonariensis, Echinops, Eryngium, Achillia and Marjoram all seem to have survived unscathed (pictured). In the shadier parts of the garden, some native plants have managed to survive, Wood Avens, Feverfew, Foxgloves and a few grasses, thistles, Ragwort, wild carrot and nettles.







As I mentioned last month, I am planning to increase rainwater storage in the garden but also seriously look at what I plant in order to build the stock of drought tolerant plants which will continue to provide food and habitat for pollinators and other wildlife.



In the latter weeks of the summer numbers of bees and hoverflies are noticeably down this year compared to last year, after the bumper year for butterflies last year, I have had far less variety this year.

Bird numbers in the garden have also fallen. Even the trees in the garden are showing signs of stress, Rowan berries have appeared far earlier this year, and one or two trees have come into autumn colours in the middle of August (pictured).

We are told that summers will continue to be hotter and drier in future years, so now is the time to start rethinking what we plant and how we sustain available food and habitat in our gardens to help our wildlife, or risk losing many species.

Jo – editor.





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ADVERTORIAL

Reviewing the now for the future and your peace of mind

Many of us are familiar with an 'MOT' on various aspects of our lives, be this our cars, our health or our current financial affairs, but have you ever considered taking time to conduct an 'MOT' on your estate, your Will and your succession planning? Autumn is the perfect opportunity to take stock of your estate and do a seasonal reset...let us tackle the 'that will wait to tomorrow task' today with the guidance of one of our experts and help give you peace of mind.

We understand the concerns Inheritance Tax raises, many do not realise that their personal circumstances change with significant life events such as births, deaths, marriages, divorces and the acquisition of major assets. Coupled with ongoing amendments to the various UK tax regimes made by changing Governments, your current estate planning may not be the most efficient use of the available tax reliefs or allowances, and your Will may be misaligned to your current wishes and assets.

You may also be in a position where you do not currently have a Will in place and therefore, the distribution of your estate upon your death would instead be governed by the rules of intestacy under the Administration of Estates Act 1925. It may be that the recipient entitled to receive your estate under these statutory rules may not actually be who you wish to benefit from your estate. In which case, it would be wise to consider putting a Will in place which properly effects your wishes instead.

You may also be starting to consider what happens when yourself or a loved one loses mental capacity. This is not only a concern as we age but can arise from an array of circumstances such as disability, degenerative health conditions or unforeseen terminal illness. A Lasting Power of Attorney (LPA) is a way of ensuring that decisions on your health, welfare, property and finances are left in the hands of someone you trust unreservedly for when you can no longer make such decisions yourself.

LPAs can ease the administrative burden for both you and your chosen attorneys at a time of great stress but primarily, they seek to ensure that your interests are protected and respected. LPAs are something people often overlook until it is too late or enter into when it is too soon to, without properly considering their legal effect or the interplay between those appointed. However, we are here to guide you on whether they have a current role in your estate planning.

To assist with your 'MOT', we are offering a **free 30-minute consultation** with one of our Private Client experts.

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Joint Tenants or Tenants in Common:
Which Should You Choose When Buying a Property?



With more people buying property alongside a partner, friend, or sibling, it is important to understand the difference between owning a property as joint tenants or tenants in common. The decision can affect what happens if the property is sold, a relationship ends, or one owner passes away.

What Is the Difference?

When purchasing a property with another person, you must choose how it will be owned and registered with HM Land Registry.

As joint tenants, both owners own the whole property equally. Neither party owns a separate share. A key feature of this arrangement is the right of survivorship, meaning that if one owner dies, their interest automatically passes to the surviving owner, regardless of any will.

As tenants in common, each owner holds a distinct share of the property, which can be equal or unequal. If one owner dies, their share forms part of their estate and can be left to beneficiaries through a will. A Declaration of Trust is often used to record each owner's share and any agreed financial arrangements.

When Joint Tenancy May Be Suitable

Joint tenancy is commonly chosen by married couples and civil partners because ownership automatically passes to the surviving owner.

However, it may not be appropriate where owners have contributed different amounts towards the purchase price, as ownership is generally treated as equal. It may also not suit those who wish their share of the property to pass to children from a previous relationship or other family members.

When Tenants in Common May Be Better

Tenants in common can provide greater flexibility, particularly where owners contribute differing amounts towards the purchase or future improvements.

Ownership shares can be tailored to reflect each person's financial contribution, helping to provide certainty and reduce the risk of disputes. This option is often preferred by friends, siblings, unmarried couples, or anyone wishing to leave their share to chosen beneficiaries under a will.

Making the Right Choice

The most suitable ownership structure will depend on your personal and financial circumstances. While it is possible to change ownership arrangements later, deciding on the right option from the outset can help avoid complications in the future.

How Clapham & Collinge Can Help

At Clapham & Collinge Solicitors, our residential property team can advise on the most appropriate ownership structure for your circumstances, prepare Declarations of Trust, and provide guidance on wills and inheritance planning. Early legal advice can help protect your interests and give you peace of mind when purchasing a property with someone else.

This article was written by Rosemarie Howes, one of our 2026 Vacation Scheme students and professionally reviewed by Elizabeth Gibson, our Associate and Conveyancer at Clapham & Collinge Solicitors.





Regular Events

Want to make new friends and have fun while mastering a new skill in 2022? Why not come along to High Kelling Village Hall and try your hand at Short Mat Bowls in a warm, friendly environment with refreshments provided. We are offering free afternoon taster sessions with expert tuition from experienced players. If you would you like to find out more, contact Lyn on **01263 713898** or Tony on **01263 713119** and arrange a taster session.

Dance your way to fitness. Every **Tuesday** from 1-2pm at The Copeman Centre, Briston. BellyFit4Fun uses belly dance moves to aid fitness, core strength and FUN! No experience needed. No need to book, just come along. Suitable for all ages. Call or text Gwenyth on **0758 222 9696** for more information.

Guided Tours of the Chapel Icons. St. Seraphim's, Station Rd, Little Walsingham. NR22 6EB. **Wednesdays and Saturdays 2pm**

Quiet Garden Group. Last Friday of the month - 10.30am to 2pm. The Quiet Garden Group meets monthly for talks and reflection in the Garden Room. Bring a packed lunch; tea, coffee, squash and biscuits provided. New members always welcome.

Gardening Group. Every Monday - 10.30am to 1pm. New members always warmly welcomed! Tools and refreshments provided. For further information or if you would be interested in hiring our Garden Room for your own activities, please call 01328 820610 or email saint.seraphims@gmail.com.

Holt Bridge Club meets every Wednesday at 6.45pm for 7pm till approximately 10pm. We meet at the very nice High Kelling Village Hall, Avenue Road, High Kelling, NR25 6RD. We are a friendly club, affiliated to the English Bridge Union and play Duplicate Bridge, and always happy to welcome new members. For further info contact the Secretary Robert Smith 01328 822120.

Sheringham and District Philatelic Society meet at West Runton Church Hall, 2nd Monday each month at 7.30pm. Contact Andrew for more information on 01263 513433 or Jim on seamussar@btinternet.com

Saturday Cafés at St. Andrew's Church, Thursford, NR21 0BW. The first Saturday of every month 10am-12 everyone welcome to enjoy tea, coffee homemade cakes in this beautiful church. Also no need to book just turn up!

Little Star. Every Thursday 10-12 at The Venue, Holt. A friendly and relaxed, mixed crafting group where we get together 'Making things to make a difference'. Knitters, Stitchers, Crocheters and Card makers - all ages and skill levels are welcome. Refreshments are available so do pop along and join us. Equipment provided.

St. Mary's Church, Kelling (a mile outside the village on the Holt Road) Music and Meditation. Every Wednesday 3.00 - 3.30 pm. Beautiful live music and inspiring words in an idyllic setting. Visitors always welcome.

Blakeney Church of England Primary School are starting a Stay and Play group for pre-school children and their parents/carers. Every Thursday 9-11am during term time. There will be toys, refreshments, craft activities and stories in our friendly village school. For more information contact Trace on 01263 740531.

Binham Village Hall social evenings are held on **the last Thursday of each month** at 7pm. Bar, jacket potatoes, games.

Abacus Bridge Club meets **every Thursday at 6.30pm** at the High Kelling Village Hall. Play begins at 7 p.m. and finishes between 9.30 and 10. We play traditional Duplicate Bridge and welcome all players and new members. Table money is only £2 per session and includes refreshments. The first three sessions are free. For further information please contact the Chairman, Robert Smith on 01328 822120 or the Hon Secretary, Gillian Bolam on 01263 822070.

The North Norfolk Backgammon Circle (NNBC) meets once a month in Gresham Village Hall, usually the 3rd or 4th Sunday in the month. All skill levels are welcome from beginners to experts. For dates and details call Chris on 07434 989228.

Open Circle, an informal women's group, meets to learn, make new friends and support local charities on the second Thursday of each month at 7.15 pm in Binham Village Hall. For further information: Shirley Collyer at collyershirley@gmail.com.

Your Choir Holt, meets weekly at The Venue on Friday mornings, 10am-12pm. Contact Mike on 07485706345 or visit www.yourchoir.co.uk

Weybourne Bridge Club. A friendly Bridge Club held every Tuesday afternoon, 1.45 p.m. for a 2.00 p.m. start - 5.00 p.m. at Weybourne Village Hall, NR25 7AH. We play Chicago Bridge so no need to bring a partner. All standards welcome. Please contact Michelle at theacolbridgeclub@hotmail.com or 01263 585049

Book Sale at St Peter's Church, Sheringham. Coffee and freshly-baked scones. 3rd Saturday of every month from March until November. 10a.m until 12.

Folk at Weybourne Village Hall, third Sunday of every month, 3pm until 6pm. Singers, musicians and audience all welcome. Join in the choruses or just listen. £1.00 entrance. Bring your own drinks/snacks if you wish. Tea/coffee available. Further details from Tony Baylis 01263 588781 or tonyandcarmen@btinternet.com

Open Circle: We are informal group of women based in and around Hindringham and Binham who get together to make friends, learn new things and enjoy local outings. If you would like to be part of the group, please contact Shirley on collyershirley@gmail.com.

High Kelling Garden Club. Second Monday of the month March – October - 7.00pm onwards Winter we change to daytime meetings at 2.00 p.m. We are a friendly Club and welcome new members - annual membership fee. Visitors £3. Please contact Lesley on hkgclubsec@gmail.com or 07736 762915.

Coffee & Cake at Saturday Cafés at St Andrew's Church, Thursford. NR21 0BW. The first Saturday of every month at 10am-12 noon, everyone welcome to enjoy tea, coffee and homemade cakes in this beautiful church. No need to book just turn up.

North Norfolk Amnesty International meets on alternate months either in Sherigham or Holt Community Centre. If you would like further informa tion about Amnesty International which is a human rights organisation please contact our Secretary Chris Gill:07719 543756.

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This space could be used to sell **your** unwanted goods and make you some money. If you've got something to sell, LET EVERYBODY KNOW. Email your FOR SALE items to: **info@holtchronicle.co.uk** or leave the details in The Holt Chronicle collection box in Feeney's Newsagents, Holt and we will advertise it for you **FREE OF CHARGE for items totalling £300.00 or less, 50 words maximum. Items above this amount, or if you would like to include a photograph, will incur a charge.** Vehicles, cars, caravans, trailers, boats, property, business etc not accepted without charge. Animals - pets, livestock, live fish etc not accepted. Please contact Jo on 01263 821463 for further details.

WANTED

Any original items of Second World War Homefront / Norfolk / RAF / ARP / Home Guard items or memorabilia for a new display at the RAF Marham Aviation Heritage Centre opening this summer. 07919 182990

Any donations of wool gratefully received. Whatever we receive will be knitted into baby hats to donate to the Norfolk and Norwich Premature Baby Unit or hats and gloves for the Christmas Shoebox Appeal. 07796638020 or sallylee35@hotmail.co.uk

Old railway items always wanted for small museum, particularly tickets, lamps, loco items, station signs, cast iron or enamel notices etc – local items particularly sought. Tel Chris 01508 494204/07966 066563

Any bits from crashed planes, Second World War etc, information on crash sites or anything related for Aviation Heritage Museum based at Frettenham Ken 01692 406943

Wanted, your unwanted wool for Norfolk (Sheringham) Knitters, leave at Sheringham Library or contact Kate Davis 01263 824781

Wanted by collector 00-gauge N gauge Railway / dinky toys, buildings anything considered cash/instant Bank transfer 01362422451/ 07747 097798

Records 45s 78s and LPs cassettes, Computer/Console Games also CDs singles only all considered Tel 01692 405756

Wanted: Domestic and DIY Electrical items for resale at the PACT shop North Walsham. Please drop them off during normal opening hours. 25 Market Place North Walsham. 01692 407163

Whistles Wanted by collector Police, Military, Railway, Hunting/Shooting anything unusual considered. 07990 772200

Wanted, garage to rent long term in West Runton. 01263 727012

FOR SALE

FREE 2 Cream coloured leather sofas, 2 & 3-seat 155cm W x 95cm D x 90cm H, good condition. Free to collect in Holt, can email photos. 07970 025524

Adult Ladies Multi gear bicycle. Universal OST Rampage colour purple. Clean very good condition. £35. Adult Unisex Multi gear bicycle. Heineken beer promotional bike with names colour blue. Very good condition. £40. Adult gentleman's 3 gears (Sturman Archer) bicycle. Granada BSA with Dynamo lights, colour blue. VGC £25. 01263 710741.

Vintage fabric remnants, £1 - £10 per piece. Vintage Laura Ashley single bedspread, lined, pale pink, £30. Glass shelves, £30. Raleigh Max Ogre 15 gear USA design bike, £119. 01362 688280

Reebok Pure 2 in 1 Cycle X Trainer. Good condition, including manual. Must collect, North Walsham area. £50 ono. mauricio.sordo@gmail.com

Rechargeable battery pack for Bosch PSR12 cordless drill. Brand new but the drill was faulty so no longer of use. Less than half price at £15. 07899 892899

Treadmill for sale. Used 4 times only. £50. 01263 761643.

FREE, 20" t v monitor, ideal for games, and any external plug ins, can't tune tv channels, in, probably me, has scart lead, North Walsham, 07733 165706

Ladies 20-inch wheel 3 speed folding cycle £35 ono. vgc. 01263 761736

Men's full length Ryedale country clothing coat size medium £25. Size 8 new ladies' nylon woven pumps one beige one pink £5 a pair. Black cocktail dress & jacket new £4. Cash on collection from North Walsham. 07510 941833

Bambi Air Compressor single phase. £40. Twin head work light on tripod. Only used once. £15. Collect from Briston please. 01263 860272

2-man/woman inflatable kayak used once. £30. 07733 195755

Aluminium boat hooks, 1.2m extends to 2m and one fixed 2m, £8 each. 07787 593755

3/4-inch quality Briston bath taps, also quality over bath shower screen 6mm glass. Good condition. £40 for both. Collection Cromer. 07760 181190

Fly fishing Sportfish 13ft. D/H 8/9 salmon rod in case (as new) £125. Bruce &Walker Expert Series salmon reel with two spare spools £125. Golf push/pull fold up golf trolley ideal for travelling £10. Telephone after 4pm 01263 710616

Camping Equipment, little used good quality. 2 Thermarest 'base camp' self-inflating sleeping mats with storage sacks £60. 2 Vango Ultra Lite II 1100 season 4 sleeping bags with stuff sacks £50. 2 Snugpak sleeping bag liners with stuff sacks £25. Buy everything for £100. Plumstead 01263 577433

High-quality pair of Minolta classic 10x50 wide-angle binoculars; quality lenses give a bright sharp image, as new condition. any trial welcome. £35. Holt. 07717 160783

Outdoor Revolution 2 Lite tent, east erection, only used once, £25. 07759 876562

Qualcast SPP 41cm 125cc self-propelled petrol rotary lawn mower £40, Buyer collects, 01263 511740

Pedal exerciser with display £25. Folding percher chair £30. 01263 823365

Free Parker Knoll Queen Anne armchair, covered in beige Dralon Sheringham. 07748 869819

Dog bed, Pet face oval pet bed in grey tweed, suitable for a medium sized dog. Unwanted extra bed and unused. Was £48. Will accept £24. 01263 861012

Victorian style net curtains. 1 x 50" drop 226" wide, 2 x 45" drop 89" & 83" wide, 1 x 39" drop 83" wide. Donation gratefully accepted for MND. Approx 1000 6 x 4 colour photographs, ideal for student/art projects or collage work. Architecture and landscapes, UK & worldwide. Donation gratefully accepted for MND. Sheringham 07470 704658

Large dog crate with cover £20, puppy playpen £10. All as new. 07971 959487

Red wooden toybox, 60 x 36 x 43 cm with hinged lid. Free to take away. 07901 888013

Polar car charger unit, Type1, 7Kwatt, 6mtr. tether, fitted junction box. £100. Sony NEX6 digital interchangeable lens, mirrorless camera with 27mm lens. Boxed. Immaculate. £195. 01692 500776

Prestige "walk and rest" shopping trolley. Strong frame, navy fabric. Hand brake. Good condition. £10. Casaria Ibiza sun lounger, pink, sun canopy, carry handle, foldable, good cond £20 ono. 01692 405812

Aluminium extension ladders, double section, 32 rungs total, 2 x 4m, can be used as single section ladders, clean & good condition, £75 ono. Pair of Ikea 20 in. stackable wooden stools, £8 pair. Blakeney 01263 741957

Petrol powered water pump. BS engine + heavy duty hose, mounted on trolley, old but working order, £20. 07786 847548

Adult ladies Carrera Vulcan mountain bike, disc brakes ex cond £150. 07527 545099

Julian Bowen Furniture. Comeo stone white timeless shaker design 3-door wardrobe 4ft-4ins x 1ft 8ins, dressing table 4ft- 6ins x 1ft-5ins, 2 bedside tables 1ft-5ins x 1ft-5ins. All in good condition. Reasonable offers please Walsham 07864510582

Two solid wood giraffes 3' high good quality £25 each or £40 pair. Rug 80x150cm natural/ red as new £20. Solid wood fire surround,3'9" high,4'6" wide excellent quality £40. Solid oak cd tower holds 60 CDs, good condition £10. 07956 347293

Beadnell Flare fire surround no fire included. Ice White, as new, no marks. I can send pics and dimensions. £50. Cromer 07388 272867

FREE. Recliner chair. Motorised. Duck egg blue & light grey. Hardly used. Collection only. 01263 576806

Leather motorcycle jacket, large, black with Honda logho, c/w elbow/shoulder pads, vgc, £50. 2 motorcycle helmets, full face, large one has never been worn and still in box, £10 each. Assortment of leather motorcycle gloves, offers. Sheringham. 07386 325960

Willowbrook Electrically Adjustable Bed with mattress - raises both head and feet. VGC with original fireproof labels. To be assembled from four parts. 120 cm x 200 cm x 45 cm. 3-Seater Sofa with all cushions, blue, comfortable, vgc. Canadian made. 230 cm x 100 cm x 75 cm. Pair of matching double-glazed wooden doors with knob handles. Includes hinges. vgc. 194.5 cm x 57 cm x 5.5 cm. Offers. Buyer collects. High Kelling 07990 562896

Celestron NexStar80 Astronomy telescope with instruction manual and extra lenses and outside waterproof cover. 1 year old hardly used cost £549 will accept £300 ono. 01263 768278

Two camping gas lamps - £5 each. Two-man pup tent, £10. Holt. 01263 479501

Childs cot, wooden, sturdy, good condition, three height base, mattress, headboards to turn into bed, £20, N Walsham, 01692 405788

Morphy Richards "fast bake" breadmaking machine, cost £80, seldom used. £20. 01263 515835

Exercise bike drive belt Pj1270 for 6 Peaks 5 Valleys Free, brand new. 07711 533962

Incubators, get ready for next Spring. Polyhatch 40cm x 40 cm. and Hatchmaker 32cm x 32 cm approx. £20 each. 01263 761643

4 x 215/55 R18 95H tyres Continental Conti Premium Contact 2 (4mm road legal tread on tyres) £10 per tyre. 01263 511292

Jigsaws £25 ono 32 1000 piece assorted scenes, including Downton Abbey and Coronation Street. Ideal for car boots. 01263 511145

White Knight tumble dryer, 3kg load, in working order, £20. Cybex Solution X-fix child car safety seat as new £50. 01263 511203

HP Deskjet 2700 desktop printer & photocopier, needs new ink, £15. 2.5L Ronseal slate decking paint-unused (wrong colour) half price £19. Port-A-Potty, as new vgc £10. 07795 002148

Four wheeled walker with brakes and seat, as new, £35. 01263 510089

Full set Benross golf clubs, graphite shafts, excellent condition £150. E-Caddy GT digital electric golf trolley including battery and charger £100. Size 8 (42) Golf shoes, as new, £15. Replacement Hip forces reluctant sale. 07394 693114

Pair of beautiful Damask/Jacquard sage green/gold full length curtains, fully lined & thermal lined. Pencil pleat heading. Size 40" wide each curtain (ungathered 80") and 87" long. In excellent condition these curtains are heavy drape. £70. 01263 710117

Cameras: Pentax SF7 35mm SLR £50; Olympus SP56-OUZ Digital £50; Vintage Box Brownie Six-20 £40; Ceiling hanging pan/utensil rack £25; Folding work bench £18; MGB GT 1980 Steering Wheel £40. 07539 473745

Cast Iron vintage garden roller, £20. Small Machinemart hand saw, £25. Beko mini cooker, £25. Gents Holdsworth multi gear "Mistre" sports cycle, offers. Ladies Raleigh sports cycle, offers. Dimplex 2000 convector heater, £15. 01263 834813

New unused Warmglow portable Calor gas heater, still in box. Suitable for homes, garages and workshops. Portable, grey cabinet. 3 heat settings; oxygen depletion system, cylinder ready. £50. ono. Collect North Walsham. Text: 07847 170813

AEG Dualsense freestanding washer dryer. 8kg wash/4kg dry. £50. Bosch freestanding Serie 4 dishwasher 60 cm White. Model No SGS4HCW40G/0. Good working order. £50. AEG Electric Cooker 6000 SteamBake double oven with Induction hob (Model No CIB6733ACM). Energy efficiency class A. Good working order, £50. Buyer collects from Briston. £50. 07733 580306

Mondeo steering lock, £8. Single boiling ring, 1500W, £18. Armchair, fabric seats, wooden arms, extends to 43", 8 legs, £20. Wheeled lockable suitcase, £25. Garden border spade, lawn rake, leaf rake, broom, Duch hoe, plastic dustpan and brush, £12 the lot. Memoirs of HRH Duke of Windsor 1951 + other books, £20. 01263 710067

Wildlife slides, large private collection of 35mm colour transparencies of birds, trees, shrubs, Norfolk, Scotland and Iceland. Free to collect. 01263 715533

Custom Car magazines, complete years 1970 – 2000, £15. May accept offer for all. Buyer collects. 07985 727012

Black office chair, fully adjustable, good condition, £15. 01263 712571

Local Power, Local Benefits and Protection from Price Rises

Energy Local Greenhoe

'Energy Local Greenhoe' is now up and running and local households have started switching to a new way of buying renewable electricity that delivers low tariffs and bring benefits to the local economy.

The energy club matches local electricity users with local renewable generators. When electricity is used at the same time as it's being generated, you pay the club's low "Match" rate rather than a Time of Use Tariff (TOUT).

Energy Local Greenhoe's main biogas-powered generator runs pretty much constantly so local generation is available to match your use throughout the day. This means that very little change is needed to your normal behaviour to benefit from the low Match rates.

An extra low Match rate of just under 10p/kWh is charged between midnight and 7am, so shifting some flexible demand, such as running a washing machine, dishwasher or charging an EV overnight, could bring even further savings.

What's more, the club's tariffs are fixed with our partner supplier 100Green until the end of March 2027, protecting members from the electricity price-cap increases expected in October 2026 and January 2027.

Visit our website (www.energylocal.org.uk/greenhoe), scan the QR code or call 07879 426135 to find out more about the club and how to join.



Holt and District Probus Club

Holt and District Probus Club met at The Feathers in Holt on the 5th August and after a nourishing meal of chicken supreme followed by chocolate delice with berries were introduced to James Thomson who spoke about the Hales family of Holt, Dr Robert Hales in particular, and their links to St Andrews Church.

James retired in 1999 after thirty-seven and a half years as a hospital consultant surgeon. But retirement was not really what happened as he has since been busier than ever. He has especially interested himself in stained glass windows.

James Thomson had visited Holt Probus club before, when about three years earlier, he had talked about the stained-glass windows in St Andrews Church, Holt, several of which have links to Dr Robert Hales and his family.

James has traced the Hales family back to the seventeenth century, and a member of the family lives in Holt to this day.

Dr Robert Hales lived and worked in Holt from his birth in 1853 until his death in 1931. The large and very impressive Chaucer Window showing the characters in Chaucer's Canterbury Tales was installed in St Andrews' church, to the memory of Dr Hales, and includes the Hales family's Arms.

Members were treated to a sparkling and brilliantly illustrated talk by James, who received a well-deserved round of thanks.

Holt Probus Club meets for lunch, followed by a talk on the first Wednesday each month at The Feathers Hotel in Holt. Always on the lookout for new members, any interested gentlemen should contact Dave Wyeth at dave.wyeth@icloud.com or find the club on the web at holtprobusclub.com.

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The Write Stuff – Creative Writing Group

The Group met on Friday 21st August at Holt Community Centre. With prompts set for this meeting as: "Hot" and "Water" we had a fantastic array of poetry and prose, comedy and tragedy:

Sue Bayliss: "Hot" (see below), "If the Sea Were a Sentient Being" and "Thalassa"
Joy Hodge: "The Cold Encounter on a Snowy Day" and "The Crash Landing"
Janet Barlow: "A Vignette – Hot Sun, Water, Blue, Fire, Summer"
Marilyn Roberts: "Hot Water"
Steve Lee: "Almeria Afternoon" and "The Mourning After"
Monica Tobias: "The Day the Heatwave Ended" and "The Day Before the Rain Came"
Mary Worsley: "Natures Song of the Sea".

The Group meets again on 18th September having set two new ideas for writing: "Fire" and "A Famous Character Meets Their Author". It'll be a good one!



HOT

Hot,
Find a spot
Where it's not.
In the trees
A slight breeze?
But still too hot,
So now what?
Pray for rain,
Go insane?
I hope not!
by Sue Bayliss

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GLAVEN CARING Glaven Caring News and Diary Dates

All welcome – young and not so young, able and not so able, at our day care centre for the elderly in Blakeney. Run by our team and volunteers for the local community.

Happy Mondays, join us for lunch - two courses for just £8.00 – every Monday, do book early to avoid disappointment
Monday Knit and Natter – 10am to 12 noon at the Glaven Centre – we are knitting and crocheting our Toto the Seal mascots which we will sell to raise funds for our client activities and trips out. Please do help us!



Tuesday Coffee, Cake and Cards with raffle 10.00 to 12 noon - donations please for delicious teas and coffees - every Tuesday
Thursday Chatty Café – 'chatter and natter' - pop over for a friendly chat every Thursday 10am to 12noon



Caring for the Carers coffee, chat and lots of advice from other carers, our team and a representative from Social Services - 10am to 12 noon first Friday of the month, 2nd October.
Board Games & Chat – 18th September and 16th October - 10am to 12 noon – coffee, chat, chess, and more. Free to attend and all levels welcome - every third Friday of the month
New Bridge Club – every Tuesday evening – 6pm to 8pm – at the Glaven Centre. Tables for both experienced players and learning players.
Would you like to drive our bus? Volunteer bus drivers welcome, please contact us if you are interested for one or two shifts a month

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From Steff Aquarone MP



September always feels a little like a new beginning.

Across Holt, children are heading back to school, families are settling back into familiar routines, and for some, there will be the excitement and nerves of a very first day.

It's also a good moment to think about what makes somewhere like Holt a special place for families to put down roots and build a life. A good local school is right at the heart of that.

For years, families in Holt have been waiting for the promised new primary school. The existing school has served generations of local children, but the town has grown and the need for a modern school with room for the future has not simply disappeared. That is why I have kept pushing this issue. I have raised Holt Primary directly in Parliament and taken the case to Government, because I don't think a long-standing promise to a community should simply be allowed to drift. There is a wider point here too.

Decisions about schools can look very different when viewed from a spreadsheet many miles away. Falling birth rates in one set of figures do not tell the whole story of a growing market town, new homes being built, or younger families deciding whether Holt is somewhere they can afford to stay.

And a school is not just a building. It affects whether families want to live here, whether children can learn close to home, whether parents can get to work and, ultimately, whether Holt remains a living community rather than somewhere increasingly difficult for younger generations to call home.

The latest planning picture still recognises that Holt has limited primary school capacity and safeguards land for a new school. What remains frustratingly uncertain is when that school will actually happen. So, this autumn I will keep pressing for a clear answer.

One of the most useful parts of being your MP is being able to take something people are experiencing here in Holt and make sure it is heard by the organisations and decision-makers who can do something about it. I cannot make every decision myself, and I won't pretend otherwise. But I can keep asking the questions, bringing the local evidence to the table and refusing to let important issues quietly fall off the agenda.

Holt is a wonderful place to grow up. The families choosing to make their lives here deserve public services that are planned for the future too.

I hope everyone heading back to school this September has a brilliant start to the new term.

Steff Aquarone MP
Member of Parliament for North Norfolk

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THIS ISSUE'S PUZZLES

SUDOKU Fill all empty squares so that the numbers 1 to 9 appear once in each row, column and 3 x 3 box. The numbers in the four yellow boxes are the ones needed as the answer that will be published in the next issue.

2			8				6	
	3	6			2			
		4			7	1	5	
						7	3	
			3		8			
	6	9						
	1	3	9			5		
			4			8	2	
	7				5			6

Harvest season has begun. This issue's word search theme is '**Harvest**'.
Between **FOUR** and **TWELVE** letters. One or more words. There are 14 entries in this issue's **CHRONICLE WORDSEARCH.**
How many can you find?

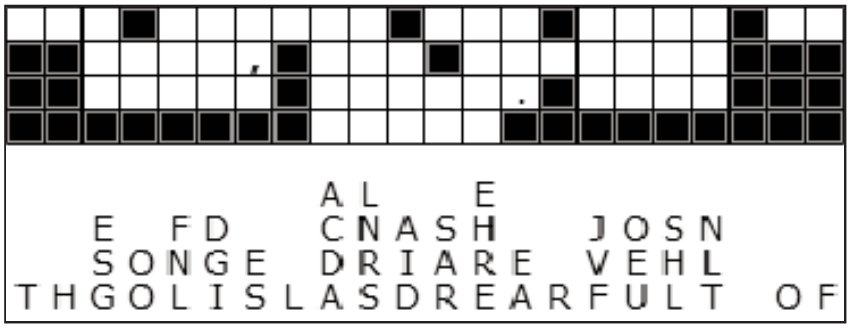
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K	R	J	Z	R	T	Q	E	V	I	R	M
P	E	N	A	V	Q	A	F	A	L	C	M
M	S	D	T	E	F	W	Q	N	M	E	A
U	H	Q	X	S	P	W	W	W	R	R	L
P	I	S	W	T	H	Y	E	L	R	A	B
J	N	S	R	E	A	P	I	N	G	C	B
N	G	N	A	R	G	E	O	L	I	S	R
B	G	T	R	O	R	C	H	A	R	D	Q
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Q	I	E	K	P	C	Q	O	K	X	L	A

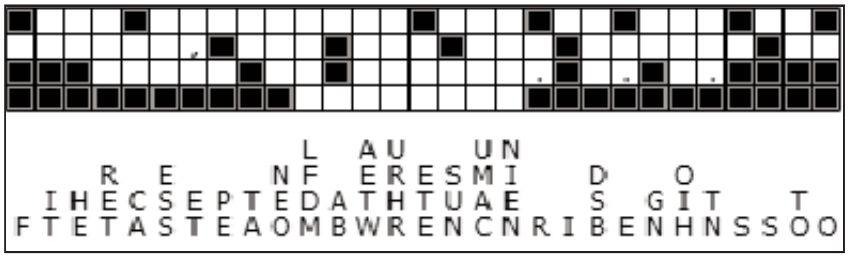
NUMBER CRUNCHER

9 1 16 20 10 3 = 50

Using all FIVE arithmetical signs, + + - x ÷, fill in the spaces to make the equation true, as if they were being entered into a calculator.

All the letters in our grids below have fallen out and mixed themselves up, although they are still in their original columns. Can you put them back in their rightful place to reveal a QUOTATION and the NAME of the person who said it.





The Last Issue's Answers

The FOUR YELLOW SQUARES in the **SUDOKU** were 6 9 5 7

The **FALLEN PUZZLE** answers were:

WHEN BEGGARS DIE THERE ARE NO COMETS SEEN; THE HEAVENS THEMSELVES BLAZE FORTH THE DEATH OF PRINCES.
WILLIAM SHAKESPEARE

THE SUN OF AUGUST BEATS UPON THE FIELDS, AND THE AIR QUIVERS WITH HEAT.
THOMAS HARDY

The 'Astronomical Objects' themed words featured in last issue's

CHRONICLE WORDSEARCH were:

ASTEROID
COMET
JUPITER
KUIPER
MERCURY
METEOR
NEPTUNE
OORT
PLUTO
SATELLITE
SATURN
SATURN
SPACESTATION
SUN
URANUS
VENUS



The **NUMBER CRUNCHER**

10 + 6 + 16 - 4 ÷ 14 x 1 = 2

There may be others.

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Free Resources for Health Eating

Retired Norwich author and retired headteacher and education consultant create FREE educational resources for families and schools

A retired Norwich author and a retired head-teacher have spent the past two years creating a FREE children's Storybook and Teacher Resource Pack to help young children learn about healthy eating and the importance of looking after their gut health.

Bronwen Bell, from Thorpe St Andrew, wrote Tommy and Jasmin and the Tummy Pets after becoming fascinated by the growing scientific understanding of the gut microbiome and its importance to overall health. Wanting to make these ideas accessible to young children, she created an engaging story using colourful "Tummy Pets" to encourage healthy eating habits.

Recognising that teachers would benefit from practical classroom materials, Bronwen invited retired headteacher Kath Beck to develop an accompanying Teacher Resource Pack. Drawing on her many years in primary education, Kath created activities linked to the Early Years Foundation Stage curriculum.

While developing the project, Bronwen broadened her understanding of children's storytelling and gut health through BBC Maestro courses with children's author Julia Donaldson and Professor Tim Spector.

The entire project has been self-funded. The Storybook and the Teacher Resource Pack are both completely FREE to download. The intention has never been to create a commercial venture but simply to provide useful educational resources that every family and every school can access without cost.

Bronwen Bell said: "We wanted to create something that would genuinely help children while making learning enjoyable. If our Storybook encourages families to talk about healthy eating and inspires children to make positive food choices, then we will feel we have achieved something worthwhile. Making both resources free means they are available to everyone."

With no budget for marketing or advertising, Bronwen and Kath have relied entirely on community interest and word of mouth to spread the message. Their very first attempt at promoting Tummy Pets through the Nextdoor app attracted more than 2,000 views, demonstrating the level of local interest in making healthy eating engaging and accessible for young children.

About the Resources:

FREE Storybook

A colourful illustrated Storybook introducing children aged approximately 4–7 to healthy eating through the adventures of the friendly Tummy Pets.



Bronwen Bell

FREE Teacher Resource Pack

A practical classroom resource created by retired headteacher Kath Beck, providing activities linked to the Early Years Foundation Stage curriculum. Both resources are available as FREE digital downloads for families, teachers and schools.

Teachers Resource Pack

Further Information

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My Expression. Your Eye

A first solo exhibition by artist Jacqueline Smerdon.
Local Norfolk artist Jacqueline Smerdon is bringing her first solo exhibition to Makers Gallery Holt from 1-6 October 2026.

This exhibition invites visitors to step into a world of colour, exploring a collection of paintings created in different artistic styles and approaches.

Rather than presenting one single way of seeing, Jackie invites visitors to discover the works for themselves and asks a simple question. Which one speaks to you?

A self-taught artist, Jackie has developed her practice through exploration, experimentation, and a passion for painting. Her work embraces colour, atmosphere, and mood. These different approaches reflect her belief that art is ultimately personal – what connects with one person may speak very differently to another.

"This is my first solo exhibition, so it is a very special moment for me," says Jackie. "I've always believed that art should make you feel s omething. I want visitors to take their time, explore the different styles and simply enjoy looking. I would love to hear their feedback."

The exhibition is open to everyone, whether they are experienced art enthusiasts or simply curious to see what is on display.

There is no obligation to purchase – visitors are warmly invited to come in, look around and enjoy the exhibition.

Exhibition details
My Expression. Your Eye.
Jacqueline Smerdon – first solo exhibition



Makers Gallery, Chapel Yard, Holt, NR25 6HG 1 – 6 October
Opening hours: 9.30 - 4. Open until 7pm on Thursday 1 October
All welcome. Free admission. No obligation to purchase.

Holt Playing Fields Association

Holt Playing Fields Association would love to hear from anyone who would like to be a Town member on its committee. We have two vacancies and it's a chance to have a say on what Holt residents would like to see on the Sports Centre, or help fundraise, volunteer on match/tournament days, come up with ideas that could promote the HPFA or generally just see how dedicated the Committee are to their Sports and keeping the HPFA running with a membership of people who like to get involved with sporting community matters.

Currently there are:
- **Football clubs for both Adult and Youth Football, male and female**
- **Padel tennis courts**
- **Bowls Club**

Holt Owl Skatepark Organisation has secured a 30-year lease on a site and is also affiliated with two committee members.

Each sporting club/organisation is allowed two members on the committee.

We meet once every two months on a Monday from 7pm in the Sports & Social Club and our next meeting is on October 17th.

Interested? Then please contact me, Sandy Roper, HPFA Secretary via email sroper.htc@gmail.com
Thank you.

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Nearly 250 Cyclists Take Part in Successful Ride North Norfolk

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Nearly 250 cyclists took part in this year's Ride North Norfolk, making the latest edition of the long-running Active Fakenham event another great success.

Riders chose routes ranging from around 15 miles to 103 miles, taking them through the North Norfolk countryside, with participants travelling from across the region and further afield to take part.

There was particularly strong support from Fakenham, Norwich and the surrounding area, but riders also travelled from many other parts of the country. The event even welcomed a team involved in running cycling holidays in Majorca.

Feedback from riders has been extremely positive, with many commenting on the routes, organisation, friendly atmosphere and support provided throughout the day.

One rider, Mark Whitmore, said: "Had a great day out, even though my legs may disagree right now. Thanks for putting on this event — good to ride with friendly people and no pressure. The flapjacks were excellent too."

One of the most rewarding aspects of Ride North Norfolk is also the opportunity it gives participants to raise money for causes that matter to them.

Among this year's riders were Sue and Chris, who completed the 36-mile route and raised more than £900 for Macmillan Cancer Support through sponsorship. On last year's ride they raised more than £1,000 for a dementia charity.



Participants in the organisation's Easter Festival of Running, for example, regularly use their runs to raise sponsorship for charities and other good causes.

Active Fakenham reinvests its own funds into providing good-quality, welcoming community events at affordable prices or no cost, helping to ensure that as many people as possible can take part.

Active Fakenham Chair Richard Crook said: "Ride North Norfolk was a great success again this year and it was wonderful to see nearly 250 people taking part. We had riders from Fakenham and across Norfolk, as well as people travelling from much further afield, and the feedback has been extremely positive.

"We would also like to give a huge thank you to all our volunteers and sponsors. Events like Ride North Norfolk simply could not happen without the tremendous amount of time, practical help and financial support they provide.

Ride North Norfolk is organised by Active Fakenham and has become an established fixture in the local events calendar, attracting both experienced cyclists and recreational riders.

Photographs from this year's event are available on the Active Fakenham website and social media pages, with more images being added following the event.

Richard Crook
richard@activefakenham.org.uk
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- Please check our website for further details and any last-minute changes.
- https://www.ramblers.org.uk/go-walking/ramblers-groups/sheringham-district-group)
- Interested in joining the Ramblers? – come along for a taster walk.

Wednesday 2nd September: 5.9-mile moderate circular walk through fields and woodlands around Trunch Village led by Paul. Meet at the Social Club car park (£2 donation).
Nearest Post Code NR28 0PT.
Walk Difficulty: Leisurely.
Contact: 07740 869933

Wednesday 16th September: 5.5-mile circular walk around Felbrigg park and Aylmerton led by Debbie & Jim commencing from Felbrigg Hall car park (free to NT members)
Nearest Post Code NR11 8PR.
Walk Difficulty: Leisurely.
Contact: 07512 791978 (D), 07752 642913 (J)

Sunday 27th September: 7-mile circular walk from Aylsham to Marsham and return on a range of footpaths including the Bure Valley path, led by John. Commencing The Buttlands free car park, Mill Road, Aylsham
Aylsham has a choice of pubs and tea shops for after the walk.
Nearest Post Code NR11 6DU.
Walk Difficulty: Leisurely.
Contact: 07484 207475

Wednesday 30th September: 5-mile circular walk around the paths of Bacton Woods including along a stretch of the Dilham Canal led by Graham, commencing from Bacton Woods visitor car park (free)
Drinks /snack stop at Ebridge Mill lock.
Nearest Post Code NR28 9UE.
Walk Difficulty: Leisurely.
Contact: 07957 813862

Sunday 11th October: 6.5-mile linear walk led by John commencing from Sheringham Community Centre (free car park). Return from Holt #44 bus which leaves from outside the EACH charity shop in the Holt Market Square. Holt has a range of tea shops and pubs that you may want to take advantage of after the walk so no particular bus time is given.
Nearest Post Code NR26 8AJ.
Walk Difficulty: Leisurely
Contact: 07484 207475

Wednesday 14th October: 5.9-mile circular walk led by Jim & Debbie commencing from Sheringham Esplande Clifftop alongside the golf course and over Skelding Hill towards Weybourne. Turn inland towards Sheringham Park and return via Upper Sheringham. Clifftop stretch is undulating in places otherwise coastal and park/field paths with some on road when returning to town.
Free parking on Esplanade and local streets
Nearest Post Code NR26 8LY.
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Blakeney Bar High Tides

Date	BST	Height	Date	BST	Height	Date	BST	Height
09-Sep	05:40	5.20 m	20-Sep	00:41	4.30 m	30-Sep	09:10	5.80 m
	18:29	5.40 m		14:09	4.00 m		21:32	5.50 m
10-Sep	06:26	5.60 m	21-Sep	02:35	4.20 m	01-Oct	09:51	5.70 m
	19:13	5.60 m		15:41	4.10 m		22:10	5.30 m
11-Sep	07:07	5.80 m	22-Sep	03:52	4.40 m	02-Oct	10:38	5.30 m
	19:50	5.70 m		16:46	4.40 m		22:57	5.00 m
12-Sep	07:47	5.90 m	23-Sep	04:48	4.70 m	03-Oct	11:38	4.90 m
	20:25	5.70 m		17:33	4.80 m		23:57	4.60 m
13-Sep	08:24	6.00 m	24-Sep	05:30	5.10 m	04-Oct	13:07	4.50 m
	20:57	5.60 m		18:11	5.10 m	05-Oct	01:32	4.40 m
14-Sep	09:00	5.90 m	25-Sep	06:07	5.30 m		15:02	4.50 m
	21:28	5.50 m		18:46	5.30 m	06-Oct	03:14	4.60 m
15-Sep	09:35	5.70 m	26-Sep	06:43	5.60 m		16:22	4.80 m
	21:56	5.30 m		19:19	5.50 m	07-Oct	04:24	4.90 m
16-Sep	10:08	5.40 m	27-Sep	07:19	5.70 m		17:23	5.10 m
	22:22	5.10 m		19:52	5.60 m	08-Oct	05:17	5.30 m
17-Sep	10:41	5.10 m	28-Sep	07:54	5.90 m		18:08	5.40 m
	22:51	4.90 m		20:25	5.60 m	09-Oct	06:02	5.60 m
18-Sep	11:20	4.70 m	29-Sep	08:31	5.90 m		18:46	5.60 m
	23:33	4.60 m		20:58	5.60 m	10-Oct	06:41	5.80 m
19-Sep	12:20	4.30 m					19:20	5.60 m

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Holt Bowls Club

Try bowls; it will surprise you!

Thank goodness we have had some rain; our poor green was brown like the rest of the lawns in Norfolk. The rain will nurture the green just in time for our club finals which are taking place on Saturday 12th and Sunday 13th September from 9.30am, spectators are welcome. Good luck to all our finalists.

Great news the Holt Owls have won promotion from the Sub Area C division. Amazingly they only lost one match in 14! Congratulations to all the players who played in the Tuesday night league, next year will be a challenge. Thanks go to Captain Chris Hunter for doing a sterling job in organising and motivating the team.

The Holt team that entered the NANSA Cup under the guidance of David Thorne, gave a good account of themselves but unfortunately, they came a worthy second in the final against Cromer Marrons, they will be out for revenge in 2027.



NANSA Cup Team

Holt has hosted two charity events in August, first was the return leg against West Runton, it was a difficult game for both clubs to raise full teams, however, the match was played in great spirit, and it raised £212.00 for Asthma & Lung UK charity. The second event was our lady Norfolk Presidents invitation match which raised £237.00, again for her chosen charity Asthma & Lung UK charity. Jayne is hoping to raise over £1400 in her presidential year.

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Norfolk as a county had a great National EBF finals week at Skegness. We had bowlers battling through the preliminary rounds for all the disciplines including, Under 25s ladies, men and pairs, ladies' singles and ladies' pairs, mixed pairs and ladies and men's triples and last but not least veteran singles. They all did Norfolk proud, some losing by 1 shot on the last end. Our senior mixed pairs Shez Chuter and Clive Wright are National Champions, many congratulations to them both.

A superb result for the Silver Jubilee Vase ladies' team who won their match against Humberside 115 – 99 a comfortable win. The ladies were delighted as you can imagine with lots of celebrations becoming National Champions.



Silver Vase Team

Our Donald Steward team came up against Lincolnshire in the final, their old rivals who got their revenge from two years ago when Norfolk beat them by two points.

Both teams are hoping to winter well, and next spring be a force to be reckoned with.

The result of the Ladies County Cup between Acle and the combined teams from Great Plumstead & R G Carters bowls clubs, is that year Acle triumphed. As predicted it was a hard-fought match, congratulations Acle ladies.

Holt hosted the rival friendly between the Norfolk & Suffolk County ladies in August. Unfortunately, Suffolk won this year, but more importantly the raffle raised £166 for the Asthma & Lung UK charity. It was played in great spirit, in glorious weather. Amazingly our social team and willing helpers provided a meal for 54 players and guests. Thanks go to all the helpers in the kitchen.

The outdoor bowls season is nearly over and what a season it has been, it finishes on 20th September. New members will be welcome to try the sport next April. More details of winter events will be published on our website. www.holtbowlsclub.co.uk. If you would like further information, you can also contact our Chairman Philip Fergusson on 07548 030652.

Come along and try bowls; it will surprise you!

Footie Quiz



George Best

1. Who was the first player to be sent off in an F A Cup final?
2. How many F A Cup finals did George Best play in? (pictured)
3. At which club did George Best and Rodney Marsh play together?
4. Which 6 teams have been in the Premier League since it began?
5. Which team has been relegated from PL and are no longer in the top 4 levels of English football?
6. Which team has waited the longest after relegation to succeed in regaing a PL spot?
7. Since the PL began in 1992-93, who has won the Championship (or 1st division) the most?
8. Which champions of PL have been relegated?
9. Which 2 teams relegated in the Premier League era (since 1992-3) have waited longest to get back in PL?
10. Hull won their first 2 games in Premier League. How many teams and who are they that won first 2 games in Premier League but were relegated? Double points for this one

Answers are upside down in this issue elsewhere - No cheating!



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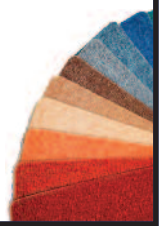
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